



**Fall 2025 Brochure**  
**Tuesday September 2, 2025**  
**To**  
**Sunday September 28, 2025**

**[www.skatesaskatoon.com](http://www.skatesaskatoon.com)**

**Email: [office@skatesaskatoon.com](mailto:office@skatesaskatoon.com)**

Sanctioned by SKATE CANADA

**ACT Skating Centre**  
**107 – 105 Street East, Saskatoon, SK S7N 1Z2**



## **Skate Saskatoon Program Information**

### **CANSKATE GROUP LESSONS: Learn-to-skate Program – Age 3 and over**

- Working on CanSkate stages 1 -6. ***\*\*This is not an adult-tot program \*\****
- Classes highlighted in yellow on the schedule.
- Hockey or Figure Skates.
- Helmet information can be found [here](#) .
- Skaters MUST have skate guards. Rubber or plastic skate guards are preferred rather than cloth guards.
- Skate Saskatoon does not provide skates, guards, helmet, or mitts.
- For the younger skaters, gloves or mitts and a metal cage facemask is recommended.

### **POWER SKATING GROUP LESSONS:**

- **U9 and U11 hockey players; U10 and U12 ringette players**
- Must skate in hockey skates.
- Must have a stick, gloves, helmet and hockey face mask.
- Other types of equipment are optional (elbow pads, shin pads, shoulder pads, pants etc.).
- Must have registered for U9/U11 hockey or U10/U12 ringette for the 2025/2026 year.
- Must have played at least one year of organized hockey/ringette.
- ***\*\*This is not a learn to skate program\*\****

### **ADULT PROGRAM:**

- Coach supervised but not coach instructed.
- Program on Saturdays at 6:15pm.
- Hockey or figure skates.
- **Available for drop in registration – adults only.**

### **OPTIONS:**

- Weekly designated ice time.
- See the ice, registration and attendance rules for important information (pages
  - Note Rules #1, #2 and #12 (pages 10 and 11)
- **NEW: All skaters are welcome to register for any level appropriate options.**
- The seasonal option price is based on the number of sessions multiplied by the per session rate.
- Ensure to verify the dates by checking the calendar tab under your member account.
- **There is no coaching included with option registration.**
- For the process to arrange private lessons email Natasha Taylor, Director of Skating at [directorofskating@skatesaskatoon.com](mailto:directorofskating@skatesaskatoon.com).



## **Figure Skating Training Program - Group Packages**

- Recommended for optimal skater development.
- Skater level is based on level at the start of the season – September 2 2025
  - For questions email Natasha, Director of Skating at [directorofskating@skatesaskatoon.com](mailto:directorofskating@skatesaskatoon.com).

### ***JUNIOR PREP GROUP PROGRAM***

- Working on CanSkate stages 4-6.
- Helmet information can be found [here](#).
- Must skate in figure skates.
- **Package includes 3 Group Instructed classes per week – two on ice (Monday and Wednesday 7:00-7:45 pm) and one off ice (Monday 6:15-6:45 pm) highlighted in dark orange on the on ice and off ice schedules on Pages 13 and 14 of this brochure.**
- The on ice classes are available for separate registration if the package doesn't work for a skater. The package is recommended.
- Must have a coach recommendation and coordinator approval to advance from CanSkate into Junior Prep.
- **Receive a 30% discount on Fall options purchased, receive a 50% discount on drop in registrations or coach bookable ice.**

### ***RISING STARS GROUP PROGRAM (previously named Junior Excel)***

The Rising Stars group program is designed specifically for talented young skaters eager to elevate their skills and artistry on the ice. Participants will learn from experienced coaches who specialize in developing young athletes, focusing on advanced techniques such as jumps, spins, and footwork tailored for their age group. Our supportive environment not only boosts confidence and discipline but also encourages teamwork. With smaller class sizes, each skater receives personalized attention and a tailored experience, ensuring they get the most out of their training. We pride ourselves on fostering a positive and encouraging atmosphere that nurtures a love for the sport, all while providing access to state-of-the-art facilities for optimal training. Join us and watch your child shine on the ice!

- Program Registration requires permission from Director of Skating:
  - If interested contact Director of Skating Natasha at [directorofskating@skatesaskatoon.com](mailto:directorofskating@skatesaskatoon.com).
- **Package includes 4 Group Instructed classes per week – two on ice (Tuesday and Thursday 5:30-6:15 pm) and two off ice (Tuesday and Thursday 6:30-7:00 pm) - plus 1 Freeskate session (Saturday 3:00-3:45 pm).** Sessions highlighted in pink on the on ice and off ice schedules on Pages 13 and 14 of this brochure.
- **The Freeskate session (Saturday 3:00-3:45 pm as noted above) does not include instruction.** Private lessons are arranged by the Director of Skating, Natasha, at an additional cost. Email Natasha at [directorofskating@skatesaskatoon.com](mailto:directorofskating@skatesaskatoon.com).
- **Receive a 30% discount on additional Fall options purchased, receive a 50% discount on drop in registrations or coach bookable ice.**



### • JUNIOR, INTERMEDIATE, SENIOR A AND SENIOR B REGISTRATON PROCESS:

- **Step A: Register for the package and the selection of included freeskate sessions (Junior and Intermediate 3; Senior A and B 4 – see below) on the same invoice. Finalize the invoice.**
- **Step B: Complete registration for any additional options on a separate invoice after completion of Step A.**
- **For questions email [office@skatesaskatoon.com](mailto:office@skatesaskatoon.com).**

#### ***JUNIOR (previously part of Intermediate group)***

- **Skaters working on STAR 1-3; completed Stage 6 CanSkate**
- Includes Weekly:
  - 3 Freeskate sessions
    - Selection of any three sessions that include Junior in the designation
  - **Package includes 3 Group Instructed classes per week – one on ice (Saturday 3:45-4:30 pm) and two off ice (Monday 5:15-6:00 pm and Wednesday 7:00-7:45 pm) highlighted in orange on the on ice and off ice schedules on Pages 13 and 14 of this brochure.**
  - The registered times are also presented when you are logged into your member account and select calendar under the participant profile.

#### Additional Benefits of Junior Package:

- **Receive a 30% discount on additional Fall options purchased, receive a 50% discount on drop in registrations or coach bookable ice.**
- Skate Saskatoon Coaches can “flex” a skater onto any suitable session within the same day to accommodate lessons.

#### ***INTERMEDIATE***

- **Skaters working on STAR 4-5 (passed STAR 3 Freeskate both parts)**
- Includes Weekly:
  - 3 Freeskate sessions
    - Selection of any three sessions that include Intermediate in the designation
  - **Package includes 4 Group Instructed classes per week – two on ice (Tuesday 7:00-7:45 am and Saturday 3:45-4:30 pm) and two off ice two off ice (Monday 5:15-6:00 pm and Wednesday 7:00-7:45 pm) highlighted in orange on the on ice and off ice schedules on Pages 13 and 14 of this brochure.**
    - **Skaters can change their Monday 5:15 pm Jumps class to the Thursday 5:45 pm Yoga class or the Saturday 10 am Strength class at no cost until the end of the day September 11<sup>th</sup>. After this an administration fee will apply. The change is for the season.**



- The registered times are also presented when you are logged into your member account and select calendar under the participant profile.

Additional Benefits of Intermediate Package:

- **Receive a 30% discount on additional Fall options purchased, receive a 50% discount on drop in registrations or coach bookable ice.**
- Skate Saskatoon Coaches can “flex” a skater onto any suitable session within the same day to accommodate lessons.

***SENIOR B (previously named Senior)***

- **Pre-Juv to Juv Competitive Skaters, STAR 6+ (passed STAR 5 Freeskate both parts)**
- Includes Weekly:
  - 4 Freeskate sessions
    - Selection of any four sessions that include Senior B in the designation
  - Includes on ice and off ice group instruction as shown on the schedules on Pages 13 and 14 of this brochure (description with Senior B included).
    - **Skaters can change their Monday 6:15 pm Jumps and Fitness class to the Thursday 5:45 pm Yoga class or the Saturday 10 am Strength class at no cost until the end of the day September 11<sup>th</sup>. After this an administration fee will apply. The change is for the season.**
  - The registered times are also presented when you are logged into your member account and select calendar under the participant profile.

Additional Benefits of Senior B Package:

- **Receive a 30% discount on additional Fall options purchased, receive a 50% discount on drop in registrations or coach bookable ice.**
- Skate Saskatoon Coaches can “flex” a skater onto any suitable session within the same day to accommodate lessons.

***SENIOR A (previously named Elite)***

- **Pre-Novice to Senior Competitive Skaters; Gold Freeskate (passed) Skaters**
- Includes Weekly:
  - 4 Freeskate sessions
    - Selection of any four sessions that include Senior A in the designation
  - Includes on ice and off ice group instruction as shown on the schedules on Pages 13 and 14 of this brochure (description with Senior A included).
    - **Skaters can change their Tuesday 5:00 pm Jumps and Fitness class to the Thursday 5:45 pm Yoga class or the Saturday 10 am Strength class at no cost until the end of the**



**day September 11<sup>th</sup>. After this an administration fee will apply. The change is for the season.**

- The registered times are also presented when you are logged into your member account and select calendar under the participant profile.

Additional Benefits of Senior A Package:

- **Receive a 30% discount on additional Fall options purchased, receive a 50% discount on drop in registrations or coach bookable ice.**
- Skate Saskatoon Coaches can “flex” a skater onto any suitable session within the **same day** to accommodate lessons.

## **SYNCHRO OPEN HOUSES:**

- Watch for the link to detailed information posted on the homepage of the website
- Don't miss the exciting opportunity to skate with a team

## **GROUP STROKING INTERMEDIATE/SENIOR A/B:**

- Available for seasonal registration outside of the skating packages.
- Intermediate/Senior A/B
  - See levels under Intermediate, Senior A and B – pages 4 and 5
- Saturdays at 9:00-9:45 am
- Group Sessions focus on: skating skills, edges, turns, speed, spins, power, endurance, musical interpretation.

## **OFF ICE:**

- The below off ice classes are available for separate registration, both for the season and drop-in:
  - Yoga STAR 3 and up
    - Thursdays 5:45-6:30 pm
    - Must have passed STAR 3 Freeskate both parts
  - Strength Intermediate/Senior A/B
    - Saturdays 10:00-11:00 am
      - **3 Saturdays – September 13,20,27**
    - See levels under Intermediate, Senior A and B – pages 4 and 5



## Drop In Sessions:

To register for a drop-in session, follow the instructions below:

1. Log into your Skate Saskatoon account.
2. On the Registration Tab click on "Calendar View".
3. Click on the name of the session you wish to purchase and select register. Any sessions that are available for drop-in will include drop-in as a selection.
4. Select drop-in, the participant from the drop-down menu and date(s) desired to drop in. **There is no swapping of drop-in registrations for different dates.**
5. Click "ADD" to add the drop-in purchases to your cart.
6. Most options, some off ice classes and the Saturday Adult Program are available for drop-in registration.

### Notes:

- Skaters must have the 25-26 Skate Canada membership. If this is not already in place it will be automatically added at checkout. See the pricing section for further information.
- Skaters must be at the appropriate level for the session they are buying.
- Must be purchased prior to skating.

## 15-Minute Lesson Ice Tickets:

- Must be in a private lesson to use this ticket – private coaching fees not included.
- Must have a current season registration in group lessons.
- 15-minute tickets must be purchased prior to use/skating session.
- Coach, date, and option number are required to be completed in order to finalize the purchase.
- Maximum TWO tickets per day.
- Only valid on Figure Skating Open or Mixed Level options. Not valid on Coach Bookable Ice.
- Only valid for skaters below STAR 3.
- Tickets expire at the end of the current season.

## Coach Bookable Ice:

- Ice time that must be booked by a Skate Canada Coach with Skate Saskatoon a minimum of 48 hours in advance: Email [office@skatesaskatoon.com](mailto:office@skatesaskatoon.com).
- The coach must be in attendance for the entire session.
- Skaters will be invoiced at the Drop-In rate for ice used. Payment must be made ahead of the session.
- **Once the session has been set up in the system it is non-refundable and it cannot be exchanged for a different time.**



### **All Sessions are BYOC: “Bring Your Own Coach”**

- Must be Skate Canada Accredited Coach in good standing.
- Non-Skate Saskatoon coaches must get permission from Skate Saskatoon Executive to coach on Skate Saskatoon Fall sessions in person or virtually. Email [office@skatesaskatoon.com](mailto:office@skatesaskatoon.com) a minimum of 48 hours in advance. Failure to do so may result in revoking permission to coach on Skate Saskatoon sessions.
- The permission is for the season only.





### Pricing:

- All skaters are required to have an active Skate Canada Membership, which is valid for one year from Sept. 1, 2025 – Aug. 31 2026 at a cost of \$58.65. If this is not already in place, it will be automatically added at checkout.
- All program fees listed do not include the Skate Canada current membership or applicable taxes.
- There are no pricing prorations.
- There is a \$30 +GST administration fee for any changes to registered skating times. This fee is waived for any requests made until the end of the day September 11.

Program	Details	Cost
CanSkate Group Lessons	<ul style="list-style-type: none"> <li>• 4 sessions</li> <li>• <b>Sunday is three sessions priced at \$62</b></li> <li>• See Page 2</li> </ul>	\$82
Power Skating Group Lessons	<ul style="list-style-type: none"> <li>• 4 sessions</li> <li>• See Page 2</li> </ul>	\$82
Junior Prep Group Program	<ul style="list-style-type: none"> <li>• See Page 3</li> <li>• <b>This is the price for the package</b></li> <li>• <b>The on-ice classes are available for separate registration priced as follows:</b> <ul style="list-style-type: none"> <li>○ <b>\$82 for Wednesday and Saturday classes (4 sessions)</b></li> <li>○ <b>\$62 for Monday (3 sessions)</b></li> </ul> </li> </ul>	\$140
Rising Stars Group Program (previously named Junior Excel)	<ul style="list-style-type: none"> <li>• See Page 3</li> </ul>	\$175
Junior Package (previously part of Intermediate group)	<ul style="list-style-type: none"> <li>• See Page 4</li> </ul>	\$175
Intermediate Package	<ul style="list-style-type: none"> <li>• See Pages 4 and 5</li> </ul>	\$225
Senior B Package (previously named Senior)	<ul style="list-style-type: none"> <li>• See Page 5</li> </ul>	\$275
Senior A Package (previously named Elite)	<ul style="list-style-type: none"> <li>• Sees Page 5 and 6</li> </ul>	\$275



Saturday Stroking Intermediate/Senior A/B	<ul style="list-style-type: none"> <li>See Page 6</li> </ul>	\$60
Off Ice Classes <ul style="list-style-type: none"> <li>ACT Hall Only</li> </ul>	<ul style="list-style-type: none"> <li>See Page 6</li> </ul>	\$60 Drop in registration Yoga - \$20 (per session) Strength - \$25 (per session)
Adult Program	<ul style="list-style-type: none"> <li>See Page 2</li> </ul>	\$60 Drop in registration \$20 (per session)
Options	<ul style="list-style-type: none"> <li>See Page 2</li> <li>Cost varies based on number of sessions</li> <li>Ensure to verify the dates by looking at the calendar tab under your member account</li> </ul>	\$12 (per session)
Drop In Sessions	<ul style="list-style-type: none"> <li>See Page 7</li> </ul>	\$17 (per session)
15-Minute Lesson Ice Tickets	<ul style="list-style-type: none"> <li>See Page 7</li> </ul>	\$5 (per ticket)
Coach Bookable Ice	<ul style="list-style-type: none"> <li>See Page 7</li> </ul>	\$17 (per session)
Lockers	<ul style="list-style-type: none"> <li>Subscription effective until June 30 2026.</li> <li>Available by selecting the blue box on the registration page which includes the description of lockers</li> </ul>	\$25



## Ice, Registration and Attendance Rules:

1. Skaters who have not yet **PASSED** the complete STAGE 3 of CanSkate **MUST** also be registered in CanSkate group lessons in the current season to be eligible for non-group programming (private lessons), including using 15-minute lesson ice tickets.
  - Skaters who have not yet passed Stage 3 of CanSkate are required to be in a lesson while on the ice (private or group). **Exception:** Skaters registered in U7, or older hockey are eligible for Mixed Levels or Power Skating Open sessions provided they are in a lesson (for the entire time they are on the ice), without having passed CanSkate STAGE 3. **\*Hockey sticks are not allowed.**
  - Skaters are not eligible for 15-minute lesson ice tickets unless the skater is also registered in a Skate Saskatoon Group Program.
2. Skaters are not permitted on sessions out of their level range:
  - Junior, Intermediate, Senior B and A levels are defined on Pages 4 and 5
3. Parents are not allowed in the ice area or off ice room unless it is for a special event. Parents are not allowed to provide instruction to a skater from the viewing gallery. Interrupting focus during a moving session is considered dangerous.
4. Only skaters and coaches or authorized persons may enter the music room. Parents are not allowed.
5. Regarding session music rules, if a solo has been stopped, the skater loses their privilege and will have to move to the back of the line to have their music played again.
6. Right of way on the ice
  - Run through soloist with music playing
  - Private lessons
7. Skaters must not enter the ice prior to the session start time and must exit the ice at the time the session ends.
8. No standing or socializing on the ice.
9. Do not put others at risk by kicking or lying on the ice. Do not stand or coast in the middle of the ice. Be aware of other skaters and the pace of the session.
10. No Earbuds or headphones are permitted on the ice (Exception: Skate Canada coaches using them to choreograph programs, NOTE: the coach can wear the earbud, NOT the skater).
11. No swapping or exchanging sessions. **Exception:** On the day a skater is leaving for a competition, a registered session may be switched to any suitable session on the same day in order to accommodate lessons.
12. Mixed level options, CanSkate and Adult Program: Hockey or Figure skates
  - All other sessions require figure skates.
    - Exception: Power Skating Open options – hockey skates only
13. Private Group lessons
  - Skate Saskatoon coaches:
    - Senior A or Senior B options - Maximum of three skaters
    - Junior, Intermediate, STAR, Figure Skating Open or Mixed Level options (figure skaters) - Maximum of four skaters
    - Mixed Level options (hockey or ringette players) - One skater only
    - Power Skating open options - Coach discretion
  - Non club coaches (BYOC – Page 7)
    - Maximum of two skaters



- Exception: Mixed Level options (hockey or ringette players) - One skater only
- 14. Pairs/Dance is permitted on sessions with fewer than 10 registered skaters (including the pair/dance team).
- 15. On ice and Off ice group lesson instructors have the right to dismiss skaters for lateness or disruptive behavior.
- 16. Skate Saskatoon reserves the right to revoke privileges of participants who do not follow guidelines or policies.
- 17. Skate Saskatoon reserves the right to modify or cancel programs or options at any time. Skate Saskatoon will provide as much cancellation notice as possible via email, the website and on social media. Please ensure your Uplifter account settings allow emails from Skate Saskatoon.
- 18. Skate Saskatoon is not required to provide makeup sessions or refunds for sessions missed as a result of unforeseen circumstances.
- 19. A Skate Canada Coach, plus at least one skater, must be in the building for the session to occur. Skater(s) must exit the ice if this requirement is not met. No refunds or make-up sessions are provided.
- 20. For CanSkate, Junior Prep and Rising Stars group lessons, parents/guardians or designated supervising adults are responsible for their child(ren) at all times when they are not in the lesson, including before and after their scheduled group lesson. Parents/guardians or designated supervising adults must remain at the skating facility during the group lesson.
- 21. Skate Saskatoon welcomes children spectators to build interest in the sport. Children spectators must be supervised at all times.

### ***Important Dates:***

- **Sunday September 14 – Skate Saskatchewan**
  - **Group Power Skating is running**
  - **All other sessions are not running**
- **Sunday September 28 - Synchro Choreo**
  - **Canskate and Group Power Skating are running**
  - **All other sessions are not running**



Schedule is subject to change			SKATE SASKATOON SCHEDULE Fall 2025 - ON ICE September 2 - September 28 2025					
Times	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday	
7:00	Ice not available (maintenance)	Intermediate	Senior B	Senior A	Option 72		Group	
7:15		Stroking	Stroking	Stroking	Mixed Levels		Power Skating #1	
7:30		7:00 - 7:45	7:00 - 7:45	7:00 - 7:45	7:00 - 7:45		7:00 - 7:45	
7:45		Option 19	Option 37	Option 55	Option 73		FLOOD	
8:00		Figure Skating Open	Mixed Levels	Figure Skating Open	Mixed Levels		Option 110	
8:15		7:45 - 8:30	7:45 - 8:30	7:45 - 8:30	7:45 - 8:30		Power Skating Open	
8:30		Option 20	Option 38	Option 56	Option 74		8:15 - 9:00	
8:45		Mixed Levels	Mixed Levels	Mixed Levels	Mixed Levels		Option 111	
9:00		8:30 - 9:15	8:30 - 9:15	8:30 - 9:15	8:30 - 9:15		Intermediate/Senior A/B	
9:15		Option 21	Option 39	Option 57	Option 75		Stroking	
9:30	Coach Bookable Ice	Coach Bookable Ice	Coach Bookable Ice	Coach Bookable Ice	9:00 - 9:45	Mixed Levels		
9:45	9:15 - 10:00	9:15 - 10:00	9:15 - 10:00	9:15 - 10:00	9:00 - 9:45	9:00 - 9:45		
10:00		FLOOD	FLOOD	FLOOD	FLOOD	FLOOD	FLOOD	
10:15		Option 22	Option 40	Option 58	Option 76	CanSkate #3	Option 112	
10:30		Coach Bookable Ice	Coach Bookable Ice	Coach Bookable Ice	Coach Bookable Ice	Hockey or Figure Skates	Mixed Levels	
10:45		10:15 - 11:00	10:15 - 11:00	10:15 - 11:00	10:15 - 11:00	10:00 - 10:45	10:00 - 10:45	
11:00		Option 23	Option 41	Option 59	Option 77	CanSkate #4	Option 113	
11:15		Coach Bookable Ice	Coach Bookable Ice	Coach Bookable Ice	Coach Bookable Ice	Hockey or Figure Skates	Mixed Levels	
11:30	FLOOD	11:00 - 11:45	11:00 - 11:45	11:00 - 11:45	11:00 - 11:45	10:45 - 11:30	10:45 - 11:30	
11:45	Option 6	Option 24	Option 42	Option 60	Option 78	Junior Prep	Option 114	
12:00	Coach Bookable Ice	Coach Bookable Ice	Coach Bookable Ice	Coach Bookable Ice	Coach Bookable Ice	Group Lessons	Mixed Levels	
12:15	11:45 - 12:30	11:45 - 12:30	11:45 - 12:30	11:45 - 12:30	11:45 - 12:30	#3 11:30 - 12:15	11:30 - 12:15	
12:30	Option 7	Option 25	Option 43	Option 61	Option 79	FLOOD	FLOOD	
12:45	Coach Bookable Ice	Coach Bookable Ice	Coach Bookable Ice	Coach Bookable Ice	Coach Bookable Ice	Option 97	CanSkate #5	
1:00	12:30 - 1:15	12:30 - 1:15	12:30 - 1:15	12:30 - 1:15	12:30 - 1:15	Senior A/B	Hockey or Figure Skates	
1:15	FLOOD	FLOOD	FLOOD	FLOOD	FLOOD	12:30 - 1:15	12:30 - 1:15	
1:30	Option 8	Option 26	Option 44	Option 62	Option 80	Option 98	Option 116	
1:45	Coach Bookable Ice	Coach Bookable Ice	Coach Bookable Ice	Coach Bookable Ice	Coach Bookable Ice	Intermediate/Senior A/B	Mixed Levels	
2:00	1:30 - 2:15	1:30 - 2:15	1:30 - 2:15	1:30 - 2:15	1:30 - 2:15	1:15 - 2:00	1:15 - 2:00	
2:15	Option 9	Option 27	Option 45	Option 63	Option 81	Option 99	Option 117	
2:30	Intermediate/Senior A/B	Intermediate/Senior A/B	Intermediate/Senior A/B	Intermediate/Senior A/B	Intermediate/Senior A/B	Mixed Levels	Mixed Levels	
2:45	2:15 - 3:00	2:15 - 3:00	2:15 - 3:00	2:15 - 3:00	2:15 - 3:00	2:00 - 2:45	2:00 - 2:45	
3:00	Option 10	Option 28	Option 46	Option 64	Option 82	FLOOD	FLOOD	
3:15	Intermediate/Senior A/B	Senior A/B	Intermediate/Senior A/B	Senior A/B	Intermediate/Senior A/B	Option 100	Option 118	
3:30	3:00 - 3:45	3:00 - 3:45	3:00 - 3:45	3:00 - 3:45	3:00 - 3:45	Rising Stars/Junior	Coach Bookable Ice	
3:45	FLOOD	FLOOD	FLOOD	FLOOD	FLOOD	3:00 - 3:45	3:00 - 3:45	
4:00	Senior B Stroking	Option 29	Senior A Stroking	Option 65	Option 83	Junior/Intermediate	Option 119	
4:15	4:00 - 4:30	Senior A/B	4:00 - 4:30	Senior A/B	Senior A/B	Stroking	Coach Bookable Ice	
4:30	Option 11	4:00-4:45	Option 47	4:00 - 4:45	4:00-4:45	3:45 - 4:30	3:45 - 4:30	
4:45	Senior A/B	Option 30	Senior A/B	Option 66	Option 84	Option 102	Option 120	
5:00	4:30-5:15	Junior/Intermediate	4:30-5:15	Junior/Intermediate	Senior A/B	Junior/Intermediate	Power Skating Open	
5:15	Option 12	4:45-5:30	Option 48	4:45 - 5:30	4:45-5:30	4:30 - 5:15	4:30 - 5:15	
5:30	Senior A/B	Rising Stars	Senior A/B	Rising Stars	Option 85	FLOOD	FLOOD	
5:45	5:15 - 6:00	Junior Option 31	5:15 - 6:00	Junior Option 67	Junior/Intermediate	Option 103	Group	
6:00	FLOOD	5:30 - 6:15	FLOOD	5:30 - 6:15	5:30 - 6:15	Mixed Levels	Power Skating #2	
6:15	Option 13	FLOOD	Option 49	FLOOD	FLOOD	5:30 - 6:15	5:30 - 6:15	
6:30	Junior/Intermediate	Canskate #1	Figure Skating Open	CanSkate #2	Reserved for Synchro	ADULT	Reserved for Synchro	
6:45	6:15 - 7:00	Hockey or Figure Skates	6:15 - 7:00	Hockey or Figure Skates		Program		
7:00	Junior Prep	6:30 - 7:15	Junior Prep	6:30 - 7:15		6:15 - 7:00		
7:15	Group Lessons	Option 33	Group Lessons	Option 69		FLOOD		
7:30	#1 7:00 - 7:45	Figure Skating Open	#2 7:00 - 7:45	Figure Skating Open		Club Specific Programming		
7:45	Option 15	7:15 - 8:00	FLOOD	7:15 - 8:00				7:15 - 8:30
8:00	Junior/Intermediate	Option 34	Option 51	Option 70				
8:15	7:45 - 8:30	Intermediate/Senior A/B	Junior/Intermediate	Intermediate/Senior A/B				
8:30	FLOOD	8:00 - 8:45	8:00 - 8:45	8:00 - 8:45				
8:45	Option 16	FLOOD	Option 52	FLOOD				
9:00	Mixed Levels	Reserved for Synchro	Mixed Levels	Reserved for Synchro				
9:15	8:45 - 9:30		8:45 - 9:30					
9:30	Option 17		Option 53					
9:45	Mixed Levels		Mixed Levels					
10:00	9:30 - 10:15		9:30 - 10:15					
10:15								
10:30								
10:45								



	Schedule is subject to change		SKATE SASKATOON SCHEDULE FALL 2025 OFF ICE September 2 - September 28 2025		
Times	Monday	Tuesday	Wednesday	Thursday	Saturday
10:00					Strength Intermediate/Senior A/B September 13,20,27 10:00 - 11:00
10:15					
10:30					
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5:00		Jumps and Fitness Senior A 5:00 - 5:45			
5:15	Jumps Junior/Intermediate 5:15 - 6:00				
5:30					
5:45					
6:00				Yoga STAR 3 and up 5:45 - 6:30	
6:15	Off Ice Junior Prep 6:15 - 6:45		Dance and Flexibility Senior A/B 6:15 - 7:00		
6:30		Off Ice Rising Stars 6:30 - 7:00		Off Ice Rising Stars 6:30 - 7:00 PM	
6:45	Jumps and Fitness Senior B 6:15 - 7:00				
7:00			Dance and Flexibility Junior/Intermediate 7:00 - 7:45		
7:15					
7:30					
7:45					
8:00					

- Thursday Yoga and Saturday Strength available for separate registration.
  - Saturday Strength runs September 13, 20, 27.