

2017-2018
Skate Canada - Saskatchewan
Regional/Invitational Announcement

Feb. 3, 2018

Region 5 & 9 Regional Invitational
also host to Star 5 - Gold and Adult for Northern Saskatchewan

"RIVERSKATE"

Event Location is A.C.T. Arena – Home of *Skate Saskatoon*



Sanctioned by Skate Canada- Saskatchewan

Events:

Free Skate:	STAR 1 to GOLD
Jump Event:	STAR 1 to GOLD
Spin Event:	STAR 1 to GOLD
Adult: Free Skate	Intro Open to Masters Elite
Special Olympics:	Free Skate Level 1 to Open
Pattern Dance (Couples):	STAR 2 to GOLD

HOST COMMITTEE INFORMATION

Event Name

Region 5 & 9 Regional Invitational Competition (RIVERSKATE)

Event Dates

Feb. 3, 2018

Host Location

A.C.T. Arena located at 107 - 105th Street in Saskatoon (Sutherland Area)

Host Club Name

Skate Saskatoon

Competition Chairperson

Name: Blaise Kirchgerner

Phone: 306-373-4466

Email: clubmanager@skatesaskatoon.com

Technical Representative

Name: Darren Bogle

Phone: 902-870-4760

Email: darrenbogle@hotmail.com

Arena Details

Name: A.C.T. Arena

Address: 107-105th Street Saskatoon, SK S7N 1Z2

Phone Number: 306-373-4466

Ice Surface Dimensions: 95 feet X 195 feet

Registration Times

Skaters must be signed-in **at LEAST one hour** before their first event but no earlier than 45 minutes before the first event of the day.

****For online registration - please see www.skatesaskatoon.com to purchase each event ticket on-line beginning Dec. 1, 2017. The paper registration form must be received WITH each bar-coded event ticket. This must be in the OFFICE no later than Jan. 6, 11:59 PM, CST.****

\$40 per Primary Event (per Skater). All Secondary subsequent Events are \$20 each. ALL REGISTRATION WILL BE ON-LINE by credit card/visa debit only. Please create a member account or login in to www.skatesaskatoon.com. Go to Shopping Cart/Purchase Products/2018 River Skate (add 1 Primary Event Registration and add additional products for subsequent Secondary Events per skater, in the quantity equal to additional events). Enter any additional products and/or proceed to Checkout to enter payment method. Accept the Terms and Conditions. (On-line methods of payment include major credit cards and Visa Debit).

Accommodation Information

Host Hotel: East Side Best Western Plus

Address: 3331 8th Street East Saskatoon SK

Phone: 306-986-2400

Room Rate: varies

Other Hotels:

Name: Home Inn and Suites South

Address: 253 Willis Cres Saskatoon, SK

Phone: 306-657-4663

Room Rate: varies

GENERAL INFORMATION

The event will be conducted in accordance with the regulations as set forth in the Skate Canada Rulebook. If not specifically stated otherwise in this document, the normal regulations governing skating will apply as indicated in the Skate Canada Rulebook.

1. EVENTS

The following Events may be held:

Free Skate:		STAR 1 to GOLD
Jump Event:		STAR 1 to GOLD
Spin Event:		STAR 1 to GOLD
Adult:	Free Skate	Intro Open to Masters Elite
Special Olympics:	Free Skate	Level 1 to Open
Pattern Dance (Couples):		STAR 2 to GOLD

Skaters may skate up one level.

Skaters registered in Pre-Novice, Novice, Junior and Senior events at 2018 Sectionals may not compete at a Regional Invitational Competition **in the same discipline.** For example, Pre-Juvenile and Juvenile single skaters are eligible to compete in an equivalent STAR event.

2. SYSTEM OF MARKING

STAR 1 - STAR 3 and synchro events will be assessed to a standard (Merit, Bronze, Silver or Gold) and will receive a ribbon.

STAR 4 events will be ranked and medals will be presented to the top three placements in each flight.

STAR 5 to Gold and Adult events will receive a CPC Report Card and medals will be presented to the top three placements in each flight. CPC Judging System will be used.

Special Olympic Level 1 and Level 2 events will be scored using the Skate Canada CanSkate Assessment Criteria. Level 3 to Level 5 will be scored using STAR 1-3 Assessment Criteria. Level 6 and Open events will be scored in CPC. All events will be ranked. Final placements will be posted. Total score will not be posted. Each skater will receive a report card.

3. WELL BALANCED PROGRAM CRITERIA

Well Balanced Program Criteria for all events will be in effect. Please refer to the Info Centre on the Skate Canada website for details.

4. SCHEDULE OF EVENTS

Will be emailed if an address is provided. Otherwise, a schedule will be **emailed** to all clubs and coaches who have skaters in the competition as soon as possible after the closing of the entries.

5. ENTRIES

Entrants in Events shall be:

- Eligible persons as defined in Skate Canada Rule Book.
- Be Associate members in good standing of the Association.

Skaters entering multiple events do so with the understanding that there may be conflicts that CANNOT be resolved.

Registration forms **must be completed in FULL and CORRECTLY** or they will not be processed! Ensure the forms are reviewed for accuracy by the Coach and Parent **BEFORE** submitting them to the Host Committee.

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Number of events per competitor entered may be limited at the discretion of the Tech Rep and the host committee.

6. **CLOSING DATE OF ENTRIES**

All entries must be received no later than **JANUARY 6, 2018 (paper registration form in the Skate Saskatoon Office - by 11:59 PM, CST). On line ticket payment (registration) will close at this time.**

It is the responsibility of the competitor to ensure that their entry is in to the Host Committee Registration person by the closing date, at their own expense. **ALL TEST QUALIFICATIONS MUST BE PASSED BY CLOSING DATE OF THIS COMPETITION.**

7. **ENTRY FEES**

\$40 for the first event; \$20 for each event after that.

All registration is ON LINE - no cheques or money orders.

8. **Music Registration (Rule 5705)**

All music used must be in the public domain or covered by the performing rights societies.

Competitors who have music composed especially for their program either wholly or in part, shall be responsible for obtaining a written release from the composer for the use of such music or appropriate clearance from the performing rights societies.

For the information of Dance competitors: 2001 Skate Canada Series 8 music will be used for all pattern dance events.

Music Requirements

- **ALL SKATERS with the exception of STAR 1 must submit an individual CD when they register at the competition.**
- Only CD's will be accepted. Only one program shall be recorded on each CD.
- The start of the music shall be recorded on the CD with less than two seconds of lead in.
- Competitor's name followed by music time (not skating time) shall be clearly printed on one side of the CD.
- Each CD shall be enclosed in its plastic container, also marked with the skater's name, home club, event and total music time.
- Competitors must hand in their music at the registration desk at least one hour prior to the start of their event. The Organizing Committee will accept no responsibility against damage but will take every precaution to safeguard each CD.
- **A backup CD is a requirement of each competitor and should be at rink-side during the skater's performance.**

9. **ACCIDENTS**

Skate Canada, the host Section/Club and the Local Volunteer Team undertake no responsibility for damages or injuries suffered by skaters. As a condition of and in consideration of their entries in these events, all competitors and their parents or guardians shall be deemed to agree to assume all risks or injuries to the competitor's person and property resulting from, or caused by or connected with, the conduct and management of the competitions and to release any and all claims they may have against the officials, the Association, the Section, the Volunteer Team and against their officers and their entries shall be accepted only on these conditions.

10. **REFUNDS**

Refunds will be issued for medical reasons only! Official notification must be given to Registration in writing before the competitor's Category is scheduled to occur. A medical certificate must be presented to the Host Competition Committee for the refund. Medical certificates must be presented within 48 hours of the close of the Event. A \$25.00 administration fee will be applied to all refunds. No refunds will be issued once a competitor has registered at the Event.

11. **REGISTRATION**

Skaters must register at least 1 hour prior to their scheduled event but no earlier than 45 minutes before the

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first event of the day. Music must be turned in at the time of registration. **(2 copies of music must be registered)**. Skaters must report to the Ice Captain 30 minutes prior to their scheduled event.

12. FLIGHT SYSTEM

If there is a large number of competitors in an event, a flight system will be used at the discretion of the Technical Representative. Flights may be determined by skater's age and home club.

13. EVENT SPECIFICATIONS

In normal circumstances, each event offered at the competition will be held for men and women separately. An event at the competition will be held if at least two (2) entries are received for that event. It is permissible for events that do not progress skaters on to a subsequent level of Invitational competition to combine events as follows:

- a. Combine two or more categories in the same event when each category has fewer than three entries;
- b. Combine two or more categories in the same event when one category has insufficient entries to hold the event;
- c. Combine men and women in events when insufficient entries are registered in one to hold the event.

The decision to combine events is at the discretion of the Technical Representative and the Host Committee. If an event is not held, due to a lack of competitors, the Host Committee will inform competitors and return entry fees.

14. CANCELLATION OF EVENTS

The host club in consultation with the Technical Representative reserves the right to cancel events.
***Host committee or Tech Rep may not cancel the Spin/Jump events**

15. COACH ACCREDITATION

Coaches must be a minimum of Regional Coach Certified and must meet the following accreditation standards:

- a. be a current professional coaching member of Skate Canada in good standing
- b. have completed Respect in Sport

Coaches must register in person.

16. WARM UP TIMES

These Warm Up Times are set by Skate Canada and may not be altered.

STAR 1-2 Program	3 minutes
STAR 3 – 5	4 minutes
STAR 6- Gold / Adult / Special O Program	5 minutes
<u>Spin / Jump Events</u>	
STAR 1-4	3 minutes
STAR 5- Gold	4 minutes
Solo & Pattern Dance	4 minutes (1 minute no music - 3 minutes with)

FREE SKATE EVENTS

STAR 1 Element Assessment

May not have passed any part of the Senior Bronze (STAR 6) Free Skate Test. Elements assessed to standard (Gold, Silver, Bronze or Merit); skaters may be grouped by age. **No age restrictions.** If there are a sufficient number of boys entered they may be grouped together regardless of age.

8 Elements

1. Circle Stroking Exercise: Stroking (crosscuts) in same direction on a circle. (1 round forward, 1 round backward). (Draw for direction)
2. Three Jumps:
 - a. Waltz Jump
 - b. Single Salchow
 - c. Single Toe Loop
3. Two Spins:
 - a. Forward Upright Spin
 - b. Backward Upright Spin
4. Forward Spiral Circles: Two spirals, one on each foot executed on a circle in the same direction. Skater chooses direction.
5. Creative Expression Routine (30 seconds - **music provided by the Section**, selection randomly chosen at competition - each flight to have a different music selection) - assessed as "completed" or "incomplete" only.

STAR 2 Compulsory Assessment Program

May not have passed any part of the Senior Bronze (STAR 6) Free Skate Test.

One program of maximum 2:00 minutes in length.

Individual elements plus Skating Skills and Performance assessed to standard (Gold, Silver, Bronze or Merit).

Skaters may be grouped by age. **No age restrictions.**

9 Elements

1. Five jump elements:
 - a. Single Salchow
 - b. Single Toe Loop
 - c. Waltz Jump + Single Toe Loop Combination
 - d. Single Loop
 - e. Single Flip or Single Lutz
2. Two spins:
 - a. Backward upright spin
 - b. Forward entry Sit Spin or Camel Spin with no change of foot, no flying entry, no variations of positions. A Forward Upright Spin is not permitted.
3. Forward Spiral Sequence: A sequence of two forward spirals with no more than 8 steps in between; one spiral on each foot, unsupported position; on either inside or outside edge.
4. Forward Turn Sequence: Forward Outside Three Turn + backward crosscut + backward inside choctaw (i.e. step-forward); executed four times.

STAR 3 Free Skating Program

May not have passed any part of the Senior Bronze (STAR 6) Free Skate Test.

One program of 2:00 minutes in length (+/- 10 seconds).

Individual elements plus Skating Skills, Performance and Interpretation components assessed to standard (Gold, Silver, Bronze or Merit).

Skaters may be grouped by age. **No age restrictions.**

8 Elements

1. Five jump elements:
 - a. All single jumps permitted including single Axel. No double jumps permitted.
 - b. Must include at least one Axel type jump (waltz or single Axel).

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- c. Must include at least 5 different types of single jumps (**Note:** waltz and Axel are considered the same type). **If 5 different types of jumps are not included, the last repeated jump element type will be invalidated.**
 - d. Must include a single loop + single loop combination.
 - e. Maximum 1 additional jump combination. Jump combinations may not include more than two jumps.
 - f. Jump Sequences are not permitted.
 - g. If a jump is repeated it must be in combination. No jump may be included more than twice.
2. Two spins:
 - a. Must include Backward Upright Spin.
 - b. Must include a combination spin that must include at least one camel and one sit position and commence with a forward entry. No flying entry, no variations of positions. Change of foot optional.
 3. Forward Spiral Sequence: A sequence of two forward spirals with no more than 4 steps in between; one spiral on each foot, unsupported position; on either inside or outside edge.

STAR 4 Free Skating Program

May not have passed any part of the Senior Bronze (STAR 6) Free Skate Test.

One program of 2:00 minutes in length (+/- 10 seconds).

Individual elements plus Skating Skills, Performance, and Interpretation components assessed to standard (Gold, Silver, Bronze or Merit) and ranked.

Three age categories: U10, U13 and 13&O.

8 Elements

1. Five jump elements:
 - a. All single jumps permitted including single Axel*. No double jumps permitted.
 - b. Must include at least one Axel. **If no single Axel, the final jump element will be invalidated.**
 - c. Must include at least 5 different types of single jumps (**Note:** waltz and Axel are considered the same type). **If 5 different types of jump are not included, the last repeated jump element type will be invalidated.**
 - d. Must include a single loop + single loop combination.
 - e. Maximum 1 additional jump combination. Jump combinations may not include more than two jumps.
 - f. Jump Sequences are not permitted.
 - g. If a jump is repeated it must be in combination. No jump may be included more than twice.

*Only Single Axels that are completed with full rotation will receive a bonus of 3.0 points in STAR 4. This bonus will apply even if the element has any quality errors (i.e. fall) so long as the rotation requirement has been met. A maximum of 2 bonuses are applied per program.

2. Two spins:
 - a. Must include Backward Upright Spin.
 - b. Must include a combination spin that must include at least one camel and one sit position and commence with a forward entry. No flying entry, no variations of positions. Change of foot optional.
3. Forward Spiral Sequence: A sequence of two forward spirals with no more than 4 steps in between; one spiral on each foot, unsupported position; on either inside or outside edge.

STAR 5 Free Skating Program

May not have passed any part of the Junior Silver Free Skate test.

One program of 2:00 minutes in length (+/- 10 seconds). STAR 5 will be scored using CPC and skaters will be ranked. Four Program Components will be assessed: Skating Skills, Transitions, Performance and Interpretation.

Three age categories: U10, U13 and 13&O.

8 Elements

1. Maximum five jump elements:
 - a. Maximum two double jumps. Double jumps cannot be included in combinations and cannot be repeated.
 - b. Must include at least one Axel. **If no single Axel, the final jump element will be invalidated.**
 - c. Maximum 2 jump combinations. Jump combinations may not include more than two jumps.
 - d. Jump Sequences are not permitted.
 - e. If a jump is repeated it must be in combination. No jump may be included more than twice.
2. Maximum 2 spins: (*Spins will be called no higher than Level B*)
 - a. One Sit Spin or Camel Spin. Flying entry optional; no change of foot, no variations of positions.

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- b. One Combination Spin. No flying entry and no variations of positions; change of foot optional.
3. Spiral Sequence: A sequence of two forward spirals with no more than 4 steps in between; one spiral on each foot, unsupported position; on either inside or outside edge. Each spiral must be held for a minimum three seconds.

STAR 6 Free Skating Program

Must have passed the STAR 5 (Junior Bronze) Free Skate Test.

One free program of 2:30 minutes in length (+/- 10 seconds). Skaters may be grouped by age if numbers warrant.

8 Elements

1. Maximum of five jump elements:
 - a. All single and double jumps permitted except Double Axel.
 - b. Must include at least one single Axel. **If no Axel jump, the final jump element will be invalidated.**
 - c. Must include at least one double jump. **If double jump is not included the final jump element will be invalidated.**
 - d. Maximum two combinations. **One combination jump must include a Toe Loop as the 2nd jump and one must include a Loop as the 2nd jump.** Jump combinations may contain no more than two jumps.
 - e. No jump included more than twice and if a jump is repeated it must be in combination.
2. Maximum of two spins. All spins shall be called no higher than Level B.
 - a. One spin must be a Combination Spin, change of foot mandatory. Difficult variations may be attempted. No flying entry.
 - b. One sit spin or camel spin with only one position with no change of foot. No difficult variations may be attempted. Flying entry optional.
3. Maximum one step sequence or spiral sequence. *All step/spiral sequences shall be called no higher than Level B.*

STAR 7 Free Skating Program

Must have passed the complete STAR 5 (Junior Bronze) Free Skate Test.

One Short Program of maximum 2:30 minutes in length. Skaters may be grouped by age if numbers warrant.

6 Elements

1. Maximum of three Jump Elements
 - a. One single Axel
 - b. One double jump
 - c. One combination jump (must include at least one double jump). Jump combination may contain no more than two jumps. The Axel and solo jump may not be repeated.
2. Maximum of two Spins. *All spins shall be called no higher than Level B.*
 - a. One Combination Spin with only one change of foot (no flying entry)
 - b. Flying Sit (no death drop) or Flying Camel Spin
3. Maximum One Step Sequence. *Step Sequence shall be called no higher than Level B.*

STAR 8 Free Skating Program

May have passed the STAR 5 (Junior Bronze) Free Skate Test.

One free program of 3:00 minutes in length (+/- 10 seconds). Skaters may be grouped by age if numbers warrant.

10 Elements

1. Maximum of six jump elements:
 - a. All jumps permitted.
 - b. Must include at least one single Axel.
 - c. Maximum three combinations or sequences. Jump combinations may contain no more than two jumps.
 - d. Must include two different double jumps. **If two different double jumps are not included the final jump element will be invalidated.**
 - e. No jump included more than twice and if a jump is repeated it must be in combination or sequence.
2. Maximum of three spins. *All spins shall be called no higher than Level B.*
 - a. One spin must be a Combination Spin, change of foot mandatory.
 - b. One spin must be a flying spin in one position with no change of foot.

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- c. One spin of any nature.
3. Maximum one Choreographic Sequence.

STAR 9 Free Skating Program

Must have passed the STAR 5 (Junior Bronze) Free Skate Test.

One short program of maximum 2:30 minutes. Skaters may be grouped by age if the numbers warrant.

6 Elements

1. Maximum of three jump elements.
 - a. One single Axel or double Axel
 - b. One double jump. Double Axel may not be repeated.
 - c. One combination jump. Jump combination **must** contain **two** double jumps. The Axel and solo jumps may not be repeated.
2. Maximum of two spins. All spins called no higher than Level 3.
 - a. One combination spin with only one change of foot (no flying entry).
 - b. One Layback, Camel or Sit spin no change of foot (Women), Change Camel or Change Sit (Men). No flying entry.
3. Maximum one Step Sequence. *Step Sequence shall be called no higher than Level 3.*

STAR 10 Free Skate Program

Must have passed the complete Junior Silver Free Skate Test.

One program of 3:00 (women) or 3:30 (men) minutes in length (+/- 10 seconds). Skaters may be grouped by age if the numbers warrant.

10 Elements

1. Maximum of six jump elements:
 - a. All jumps permitted.
 - b. Must include at least one single Axel or double Axel.
 - c. Maximum three combinations or sequences. Jump combinations may contain no more than two jumps.
 - d. Must include three different double jumps. **If three different double jumps are not attempted the final jump element will be invalidated.**
 - e. No jump included more than twice and if a jump is repeated it must be in combination or sequence.
2. Maximum of three spins. *Spins shall be called no higher than Level 4.*
 - a. One spin must be a Combination Spin, change of foot mandatory.
 - b. One spin must be a flying spin in one position with no change of foot.
 - c. One spin of any nature.
3. Maximum one Choreographic Sequence.

Gold Free Skate Program

Must have passed the complete Junior Silver Free Skate Test.

One free program of 3:00 (women) or 3:30 (men) minutes in length (+/- 10 seconds). Skaters may be grouped by age if the numbers warrant.

10 Elements

1. Maximum of seven (women) / eight (men) jump elements:
 - a. All jumps permitted.
 - b. Must include at least one single Axel or double Axel.
 - c. Maximum three combinations or sequences. Jump combinations may contain no more than two jumps.
 - d. No jump included more than twice and if a jump is repeated it must be in combination or sequence.
 - e. Must include four different double jumps. **If four different double jumps are not included the final jump element will be invalidated.**
 - f. Seven jumps (women)/eight jumps (men) only IF a double axel or triple jump are included. If double axel or triple jump are not attempted women will have six jump elements and men will have seven.
2. Maximum of three spins. *Spins shall be called no higher than Level 4.*
 - a. One spin must be a Combination Spin, change of foot mandatory.
 - b. One spin must be a flying spin in one position with no change of foot.
 - c. One spin of any nature.
3. Maximum one Choreographic Sequence.

JUMP EVENT

STAR 1, 2 and 3 will be conducted in an Assessment to Standard format.

STAR 4 and higher events will be conducted in an Assessment to Standard with ranking format.

- **Once the event is called the skaters will report to the Referee. There is to be no coaching between the elements. Coaches are not allowed on the ice with the exception of the STAR 1 event.**
- Jumps will be skated in the order listed. The first jump will be performed by every skater in the event before the second jump is performed, and so on.
- Each jump may only be attempted once.
- Extra choreography and footwork will not be permitted in this event.
- STAR 1 to STAR 5 events will use half-ice to perform their jumps. STAR 6 to Gold events will use full ice.
- Maximum 8 skaters per flight

The elements to be skated are as follows:

	Element 1	Element 2	Element 3	Element 4
STAR 1	Waltz Jump	Single Salchow	Single Toe Loop	Waltz Jump/Single Toe Loop Combination
STAR 2	Single Salchow	Single Loop	Single Flip	Single Toe Loop/Single Toe Loop Combination
STAR 3	Single Loop	Single Flip	Single Lutz	Single Flip/Single To Loop Combination
STAR 4	Single Flip	Single Lutz	Single Axel	Single Loop/Single Loop Combination
STAR 5	Single Lutz	Single Axel	Double Salchow	Single Lutz/Single Loop Combination
STAR 6 (Senior Bronze)	Single Lutz	Single Axel	Double Toe Loop	Double Salchow/Single Toe Loop Combination
STAR 7/8 (Junior Silver)	Single Axel	Double Salchow	Double Loop	Double Toe Loop/Double Toe Loop Combination
STAR 9/10 (Senior Silver)	Double Toe Loop	Double Loop	Double Flip	Double Loop/Double Loop Combination
Gold	Double Loop	Double Flip	Double Lutz	Double Flip/Double Toe Loop Combination

SPIN EVENT

STAR 1, 2 and 3 will be conducted in an Assessment to Standard format.

STAR 4 and higher events will be conducted in an Assessment to Standard with ranking format.

- **Once the event is called the skaters will report to the Referee. There is to be no coaching between the elements. Coaches are not allowed on the ice with the exception of STAR 1 event.**
- Spins will be skated in the order listed. The first spin will be performed by every skater in the event before the second spin is performed, and so on.
- Each spin may only be attempted once.
- Extra choreography and footwork will not be permitted in this event.
- STAR 1 to Gold events will use half-ice to perform their spins.
- Maximum 8 skaters per flight

The elements to be skated are as follows:

	Element 1	Element 2	Element 3	Element 4
STAR 1	Forward Upright Spin (min 2 revs)	Sit Spin (min 2 revs)	Back Upright Spin (min 2 revs)	Camel Spin (min 2 revs)
STAR 2	Forward Upright Spin (min 2 revs)	Sit Spin (min 2 revs)	Back Upright Spin (min 2 revs)	Camel Spin (min 2 revs)
STAR 3	Back Upright Spin (min 2 revs)	Sit Spin (min 2 revs)	Camel Spin (min 2 revs)	Camel/Sit Spin Combo no flying take off No change of foot (min 2 revs each position)
STAR 4	Back Upright Spin (min 2 revs)	Sit Spin (min 2 revs)	Camel Spin (min 2 revs)	Camel/Sit Spin Combo no flying take off No change of foot (min 2 revs each position)
STAR 5	Sit Spin (min 3 revs)	Flying Camel Spin No change of foot (min 3 revs)	Layback (Women) Camel Spin (Men) (min 3 revs)	Combo Spin Must change foot Must include all 3 basic positions (min 3 revs each foot)
STAR 6	Flying Camel Spin No change of foot (min 4 revs)	Sit change Sit Spin (min 4 revs each foot)	Layback (Women) Camel Spin (Men) (min 4 revs)	Combo Spin Must change foot Must include all 3 basic positions (min 4 revs each foot)
STAR 7/8	Camel change Camel Spin (min 5 revs each foot)	Flying Sit Spin No change foot (min 5 revs)	Layback (Women) Cross foot (Men) (min 5 revs)	Combo Spin Must change foot Must include all 3 basic positions (min 5 revs each foot)
STAR 9/10	Camel change Camel Spin (min 6 revs each foot)	Flying Sit Spin No change foot (min 6 revs)	Layback (Women) Cross foot (Men) (min 6 revs)	Combo Spin Must change foot Must include all 3 basic positions (min 6 revs each foot)
Gold	Flying Camel Spin No change foot (min 6 revs)	Sit change Sit Spin No flying entry (min 6 revs each foot)	Layback (Women) Cross foot (Men) (min 6 revs)	Flying Change Combo Spin Must change foot Must include all 3 basic positions (min 6 revs each foot)

ADULT FREE SKATE

Adult Intro Open Free Skating

A maximum program time of 1 min. 40 sec.

Seven elements to be skated:

1. Maximum four jump elements:
 - a. Must include a Waltz jump
 - b. Must include maximum one jump combination, which must be a single Salchow + single Toe Loop combination
 - c. Two other jumps, no higher than single Loop
2. Two spins:
 - a. Two spins of any nature, one position, and no flying entry.

NOTE for this category only: A skater will be permitted to do two upright spins if they prefer as long as one spin is a forward entry and the other spin is a back entry (i.e. a back spin). An exception will be made to the regulation requiring spins to be different codes.

3. Forward Spiral Sequence:
 - a. A sequence of two forward spirals; one spiral on each foot, unassisted position; on either inside or outside edge.

Adult Bronze Free Skating

A maximum program time of 2:40 minutes. Program time may be shorter.

1. Maximum four jump elements composed of single jumps:
 - a. Single Axel jumps, double or triple jumps are not permitted.
 - b. No jump can be included more than twice and if a jump is repeated it must be in combination or sequence.
 - c. Maximum of two jump combinations &/or sequences included. Jump combinations may contain no more than two jumps.
2. Maximum of two spins:
 - a. One spin must be a one-position spin (i.e. upright spin, sit spin, camel spin).
 - b. One spin of any nature.
 - c. Flying spins are not permitted.
3. Maximum one choreographic sequence, covering at least half of the ice surface.

Adult Silver Free Skating

A maximum program time of 3:10 minutes. Program time may be shorter.

9 Elements

1. Maximum five different jump elements:
 - a. May include a single Axel jump.
 - b. No double jumps or triple jumps are permitted.
 - c. No jump can be included more than twice and if a jump is repeated it must be in combination or sequence.
2. Maximum of three jump combinations and/or sequences. Jump combinations may contain no more than two jumps.
3. Maximum three spins elements
 - a. One of which must be a combination spin with at least one change of foot.
 - b. All spins must be of a different nature (different spin code)
4. Maximum one choreographic sequence, covering at least half of the ice surface.

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Adult Gold Free Skating

A maximum program time of 3:40 minutes. Program time may be shorter.

10 Elements:

1. Maximum six jump elements:
 - a. May include an Axel jump, single and double jumps (no higher than double loop).
 - b. No jump can be included more than twice and if a jump is repeated it must be in combination or sequence
 - c. Maximum of three jump combinations and/or sequences. Jump combinations may contain no more than two jumps and must contain no more than one double jump.
2. Maximum three spin elements:
 - a. One spin must be a combination spin with at least one change of foot and two basic positions.
 - b. One spin must be a flying spin.
 - c. One spin may be of any nature.
3. Maximum one choreographic step sequence. The chosen sequence must fully utilize the ice.

Adult Masters Free Skating

A maximum program time of 4:10 minutes. Program time may be shorter.

11 Elements:

1. Maximum seven jump elements:
 - a. All single and double jumps are permitted (no triple jumps allowed).
 - b. One must be an Axel-type take-off.
 - c. No jump can be included more than twice and if a jump is repeated it must be in combination or sequence.
 - d. Maximum of three jump combinations and/or sequences. Jump combinations may contain no more than two jumps.
2. Maximum three spins:
 - a. One spin must be a combination spin with at least one change of foot and two basic positions.
 - b. One spin must be a flying spin.
 - c. One spin may be of any nature.
3. Maximum one step sequence fully utilizing the ice.

Adult Masters Elite Free Skating

A maximum program time of 4:10 minutes. Program time may be shorter.

11 Elements:

1. Maximum seven jump elements:
 - a. All jumps are permitted.
 - b. One must be an Axel-type take-off.
 - c. No jump can be included more than twice and if a jump is repeated it must be in combination or sequence.
 - d. Maximum of three combinations and/or sequences. Jump combinations may contain no more than two jumps.
2. Maximum three spins of a different nature:
 - a. One spin must be a combination spin with at least one change of foot and two basic positions.
 - b. One spin must be a flying spin.
 - c. One spin may be of any nature.
3. Maximum one step sequence fully utilizing the ice.

SPECIAL OLYMPICS SINGLES FREE SKATE

The SOC Figure Skating rules are based upon the Skate Canada CanSkate and STAR programs. ISU or the SC rules shall be employed except when they are in conflict with the Official Special Olympics Canada Sports Rules. In such cases, the Official Special Olympics Canada Figure Skating Rules shall apply. Note: All reference to vocal music permitted is for Skate Canada domestic events only. Any changes to the requirements are noted by the text being underlined.

SINGLES

Level 1

***Safety Requirement - CSA approved helmets must be worn at all times including during competition.**

For skaters working on Stages 1-3 of the CanSkate Program. Skaters must not have passed Stage 4.

Free Skate Program 1:00 minute (+/- 10 seconds). Vocal music is permitted.

Must include the following Elements from CanSkate Stages 1-3 (6 elements in total):

2 Jumps:

- a. Forward gliding two foot jump
- b. Backward gliding two foot jump

2 Turns:

- c. Forward two foot turn
- d. Backward two foot turn

1 Glide:

- e. Forward two feet to one foot glide on a curve

Other:

- f. Backward push/glide sequence

No repeated jumps, glides or other. No elements included above CanSkate Stage 3.

See Skate Canada CanSkate Assessment Criteria

Skating Skills, Performance and Execution will be scored.

Level 2

***Safety Requirement - for skaters who have not completed Stage 5 CSA approved helmets must be worn at all times including during competition.**

For skaters working on Stages 4-6 of the CanSkate Program. Skaters must not have completed Stage 6.

Free Skate Program 1:00 - 1:30 +/- min. Vocal music is permitted.

Must include the following Elements from CanSkate 4-6 Stages (6 elements in total)

3 Jumps:

- a. Power jump
- b. Rotating power jump
- c. Combination jump - two foot forward to backward - two foot backward to forward

2 Spins:

- d. Forward one foot spin (spiraling edge from standstill or back crossovers)
- e. Two foot sit spin

1 Spiral:

- f. Forward spiral (either foot, unassisted)

No repeated jumps, glides or other. No elements included above CanSkate Stage 6.

See Skate Canada CanSkate Assessment Criteria

Skating Skills, Performance and Execution will be scored.

Region 5 & 9 Invitational

Level 3

For STARSkaters who have completed CanSkate Stage 6. Geared for the skaters who have not mastered more than 3 single jumps.

Free Skate Program 1:30 max. Vocal music is permitted.

This program will include elements from STAR 1. (6 elements in total)

3 Jumps:

- a. Waltz Jump
- b. Salchow
- c. Toe Loop

2 Spins:

- d. Forward Upright Spin
- e. Backward Upright Spin

1 Spiral:

- f. Circular Spiral Sequence
2 spirals, one on each foot executed on a circle in the same direction

No repeated jumps, spins or spirals. No elements included above STAR 1.

Skating Skills, Performance and Execution will be scored.

Level 4

Geared to skaters who have not mastered more than 5 single jumps.

Free Skate Program 1:30 - 2:00 minutes +/- 10 seconds. Vocal music is permitted.

9 elements in total

5 Jumps:

- a. Single Salchow
- b. Single Toe Loop
- c. Waltz Jump + Single Toe Loop combination
- d. Single Loop
- e. Single Flip or Single Lutz

2 Spins:

- f. Backward Upright
- g. Forward entry sit spin or camel spin with no change of foot, no flying entry, no variations or positions. A forward upright spin is not permitted.

Forward Spiral Sequence:

A sequence of two forward spirals with no more than 8 steps in between, one spiral on each foot, unsupported on either inside or outside edge. Each spiral must be held for a minimum of three seconds.

Turn Sequence:

Forward outside three-turn, backward cross-cut, backward inside Choctaw - 4x
(Two sequences per foot must be performed i.e. R – L – R – L)

No additional jumps, spins or spirals. No elements above STAR 2.

Element Assessment Criteria as per STAR 2

Skating Skills, Performance and Execution will be scored as per STAR 2 Assessment Criteria.

Region 5 & 9 Invitational

Level 5

Geared to skaters who have not mastered double jumps.

Free Skate Program 1:30 - 2:00 minutes +/- 10 seconds. Vocal music is permitted.

8 elements in total

5 Jump Elements:

- a. all single jumps permitted
- b. must include at least one axel type jump (Waltz or single Axel)
- c. must include 5 different single jumps (Note Waltz and Axel are considered the same jumps)
- d. must include a single loop + single loop combination
- e. maximum 1 additional jump combination
- f. jump sequences are not permitted
- g. no jump may be included more than twice. If a jump is repeated it must be in combination.

2 Spins:

- h. must include backward upright spin
- i. must include a combination spin that must include at least one camel and one sit position and commence with a forward entry. No flying, no variations of positions, change of foot optional.

Forward Spiral Sequence:

A sequence of two forward spirals with no more than 4 steps in between - one spiral on each foot, unsupported on either inside or outside edge. Each spiral must be held for a minimum of three seconds.

No additional jumps, spins or spirals. No elements above STAR 3.

Elements Assessment Criteria as per STAR 3

Skating Skills, Performance and Execution will be scored as per STAR 3 Assessment Criteria.

Level 6

Geared to those skaters who are working on double jumps.

Free Skate Program 2:00 - 2:30 minutes +/- 10 seconds. Vocal music is permitted.

8 elements in total

Maximum 5 Jumps:

- a. maximum two double jumps. Double jumps cannot be included in combination and cannot be repeated.
- b. must include at least one axel type jump (Waltz or single Axel)
- c. maximum 2 jump combinations. Jump combinations may not include more than two jumps.
- d. jump sequences are not permitted
- e. no jump may be included more than twice. If a jump is repeated, it must be in combination.

Maximum 2 Spins:

- f. one sit spin or camel spin. Flying entry optional, no change of foot, no variations of positions
- g. one combination spin. No flying entry and no variations of positions. Change of foot optional. All three basic positions must be attempted. If all three basic positions are not attempted, this will be reflected by the judges in the GOE's.

Forward Spiral Sequence:

A sequence of two forward spirals with no more than 4 steps in between - one spiral on each foot, unsupported on either inside or outside edge. Each spiral must be held for a minimum of three seconds.

No additional jumps, spins or spirals. No elements above STAR 5.

CPC scoring will be used.

Region 5 & 9 Invitational

Open

Skaters must have the Senior Bronze test or higher. Geared to those skaters who can do more than two double jumps.

Free Skate Program 3:00 minutes +/- 10 seconds. Vocal music is permitted.

Maximum 6 Jump Elements:

- all jumps permitted
- must include at least one Axel type jump (Waltz or Axel type)
- maximum three combinations or sequences. Jump combinations may contain no more than two jumps.
- no jump included more than twice and if a jump is repeated it must be in combination or sequence.

Maximum 3 Spins:

All spins shall be called no higher than Level B

- one spin must be a combination spin, change of foot mandatory
- one spin must be a flying spin in one position with one change of foot
- one spin of any nature

Maximum 1 Step Sequence

One step sequence, spiral sequence or choreographic sequence. All step/spiral sequences shall be called no higher than Level B.

Note: the first step or spiral sequence included in the program which meets the minimum requirements to be identified will be counted.

CPC scoring will be used.

COUPLES PATTERN DANCE

Dance teams may be composed of two females, one female and one male or two males. Competitors may enter only one pattern dance event.

Event	Test Prerequisite	Dance #1	Dance #2
STAR 2/STAR 3*	Neither partner may have passed the complete Sr. Bronze Dance test.	Dutch Waltz (2 sequences)	Baby Blues (2 sequences)
STAR 4/STAR 5	Neither partner may have passed the complete Jr. Silver Dance test.	Fiesta Tango (2 sequences)	Willow Waltz (3 sequences)
STAR 6/STAR 7	At least one partner must have passed the complete Junior Bronze Dance test.	European Waltz (2 sequences)	Keats' Foxtrot (2 sequences)
STAR 8/STAR 9	At least one partner must have passed the complete Junior Bronze Dance test.	Harris Tango (2 sequences)	Starlight Waltz (2 sequences)
STAR 10	At least one partner must have passed the complete Junior Silver Dance test.	Paso Doble (2 sequences)	Viennese Waltz (2 sequences)
Gold	At least one partner must have passed the complete Junior Silver test.	Westminster Waltz (2 sequences)	Argentine Tango (2 sequences)
Diamond	At least one partner must have passed the complete Junior Silver Dance test.	Quickstep (3 sequences)	Rhumba (3 sequences)

*STAR 2/STAR 3 dance events will be assessed to standard

Region 5 & 9 Invitational

NOTE:

- Key Points will not be used for Pattern Dances in the categories listed above.
- The number of dance sequences (patterns) to be completed is consistent with the evaluated test requirements.
- Skate Canada Series 8 music will be used for all pattern dance events. However, couples have the option to use a selection from the ISU Ice Dance Music (only tunes 1-5) or from the Skate Canada approved list of contemporary music. If couples chose to use either an ISU or contemporary music selection, they must supply this music to the competition organizers as indicated in the announcement for the competition. Only Skate Canada Series 8 music will be used during the warm up period.

REGION 5 & 9 Invitational Competition (RIVERSKATE) ENTRY FORM

Registration forms not completed in full will be returned unprocessed!

TO BE COMPLETED BY PARENT/SKATER	Competitor's Name	Please circle: Male Female			
	Home Address & Postal Code	Street Address Code	City	Postal	
	Phone Number		Email		
	Date of Birth (dd/mm/yyyy)		Home Club	Home Club No.	
	Skate Canada No.				
TO BE COMPLETED BY COACH	Name of Coach				
	Phone Number		Email		
	Competitor Test Qualifications (highest passed)	Free Skate:	Elements:	Skating Skills:	
		Dance:	Interpretive:		
	EVENTS ENTERED - Indicate the events you wish to enter.				
	<u>Free Skate</u> <input type="checkbox"/> Star 1 <input type="checkbox"/> Star 2 <input type="checkbox"/> Star 3 <input type="checkbox"/> Star 4 <input type="checkbox"/> Star 5 <input type="checkbox"/> STAR 6 <input type="checkbox"/> STAR 7 <input type="checkbox"/> STAR 8 <input type="checkbox"/> STAR 9 <input type="checkbox"/> STAR 10 <input type="checkbox"/> Gold	<u>Jump Event</u> <input type="checkbox"/> STAR 1 <input type="checkbox"/> STAR 2 <input type="checkbox"/> STAR 3 <input type="checkbox"/> STAR 4 <input type="checkbox"/> STAR 5 <input type="checkbox"/> STAR 6 <input type="checkbox"/> STAR 7/8 <input type="checkbox"/> STAR 9/10 <input type="checkbox"/> Gold	<u>Spin Event</u> <input type="checkbox"/> STAR 1 <input type="checkbox"/> STAR 2 <input type="checkbox"/> STAR 3 <input type="checkbox"/> STAR 4 <input type="checkbox"/> STAR 5 <input type="checkbox"/> STAR 6 <input type="checkbox"/> STAR 7/8 <input type="checkbox"/> STAR 9/10 <input type="checkbox"/> Gold	<u>Adult Free Skating</u> <input type="checkbox"/> Intro Open <input type="checkbox"/> Bronze <input type="checkbox"/> Silver <input type="checkbox"/> Gold <input type="checkbox"/> Masters <input type="checkbox"/> Masters Elite	<u>Special Olympics Free Skate</u> <input type="checkbox"/> Level 1 <input type="checkbox"/> Level 2 <input type="checkbox"/> Level 3 <input type="checkbox"/> Level 4 <input type="checkbox"/> Level 5 <input type="checkbox"/> Level 6 <input type="checkbox"/> Open
	<u>Pattern Dance (Couples)</u> <input type="checkbox"/> STAR 2/3 <input type="checkbox"/> STAR 4/5 <input type="checkbox"/> STAR 6/7 <input type="checkbox"/> STAR 8/9 <input type="checkbox"/> STAR 10 <input type="checkbox"/> Gold				
<p><i>As a Skate Canada Professional Coach or Club Official, I have reviewed and verified that all sections of this entry are complete and correct.</i></p> <p>Coach or Club Official's Signature _____</p>					

ENTRY FEES: \$40 for the first event; \$20 for each event after that	RETURN FORM TO: Skate Saskatoon 107-105th Street East, Saskatoon, S7N1Z2
ON-LINE TICKET PAYMENT ONLY (at www.skatesaskatoon.com)	ENTRIES MUST BE RECEIVED BY: Jan. 6, 2018; 11:59 PM CST in OFFICE

Participant's Release

By my participation in this event, I consent to the known and foreseeable physical risks inherent in the sport of figure skating. These risks include, but are not limited to: travel to and from the arena, ice conditions, equipment failure, falls, collisions with other participants and/or instructors, and facility conditions. In assuming these risks, I, the undersigned, forever release, for myself, my heirs, and any person acting on my behalf, the Host Club (Skate Saskatoon), Host Town/City and Skate Canada - Saskatchewan, and its directors, employees, volunteers, coaches, officials, instructors, independent contractors, agents and sponsors, from any claim arising from any illness or injury to my person as a result of my participation in this activity.

Participant's Name (print)	Participant's Signature (If 18 years of age or older)
Parent's Signature (If under 18 years of age)	Date

Forms must be filled in completely, correctly and legibly! Please review forms before submitting them! Incomplete, incorrect or illegible registration forms will be subject to a penalty up to the equivalent registration fee.

Please make sure that the competition ticket for registration is purchased BEFORE Jan. 6, 2018 (11:59 PM C.S.T.). After this time, the registration will be closed and tickets will not be able to be purchased.

Registration is at www.skatesaskatoon.com. If you have any technical/computer challenges with registration, please email support@skatesaskatoon.com. The completed application consists of the competition ticket AND the paper registration form.