



[www.skatesaskatoon.com](http://www.skatesaskatoon.com)

# WINTER SCHOOL

## October 3 2022 – April 2 2023

Email: [office@skatesaskatoon.com](mailto:office@skatesaskatoon.com)

Sanctioned by SKATE CANADA

ACT Skating Centre

107 – 105 Street East, Saskatoon, SK S7N 1Z2



**CANSKATE GROUP LESSONS: Learn-to-skate Program – Age 3 and over – this is not an adult-tot program**

- CSA approved hockey helmet for those below STAGE 4 of CanSkate
- Hockey or Figure Skates
- Working on CanSkate stages 1 -6
- Skaters MUST have skate guards. Rubber or plastic skate guards are preferred rather than cloth
- Skate Saskatoon does not provide skates, guards, helmet, or mitts
- For the younger skaters, gloves or mitts and a metal cage facemask is recommended
- There are two terms in winter (T1 Oct – Dec; T2 Jan – Mar). Skaters can be registered in either or both terms

**ADVANCED PRESTAR GROUP LESSONS:**

- Working on CanSkate stages 4-6
- Must skate in figure skates
- Must have a coach recommendation and coordinator approval to move from CanSkate into Advanced
- There are two terms in winter (T1 Oct – Dec; T2 Jan – Mar). Skaters can be registered in either or both terms

**U9 & U11 GROUP POWER SKATING LESSONS:**

- Must skate in hockey skates
- Must have a stick, gloves, helmet and mask
- Other types of equipment are optional (elbow pads, shin pads, shoulder pads, pants etc.)
- There are two terms in winter (T1 Oct – Dec; T2 Jan – Mar). Skaters can be registered in either or both terms



### **GROUP SKATING SKILLS/EDGES/SPIN**

- Group Program including instruction:
  - Focus on: skating skills, edges, turns, speed, spins, musical interpretation
  - Enhances performance and accelerates improvement
- Classes are available for STAR 1 - 5 and STAR 5 - Gold

### **SYNCHRO:**

- Synchronized skating provides the opportunity to join a team and enjoy skating at the same time. There are seven teams at all levels, including three adult teams
- For more information see Programs, Synchro on the club's website

### **ADULT PROGRAM:**

- Coach supervised but not coach instructed
- Wide range of skills
- Hockey or figure skates
- There are two terms in winter (T1 Oct – Dec; T2 Jan – Mar). Skaters can be registered in either or both terms

### **BYOC: "Bring Your Own Coach"**

- Must be Skate Canada Accredited Coach in good standing
- Non-Skate Saskatoon coaches must get permission from Skate Saskatoon Executive to coach on BYOC sessions. Email [office@skatesaskatoon.com](mailto:office@skatesaskatoon.com)
- Once permission has been provided this allows a non-Skate Saskatoon coach to coach appropriately designated skaters on BYOC sessions



**Pricing:**

All skaters are required to have an active Skate Canada Membership, which is valid for one year from Sept. 1, 2022 – Aug. 31 2023 at a cost of \$43.65. Skate Saskatchewan also charges an annual \$25 membership fee, which is valid for the same dates. These fees are onetime annual payments. If a skater does not already have their 22-23 Skate Canada and Skate Saskatchewan memberships these fees will be automatically added at checkout.

All program fees listed do not include the Skate Canada or Skate Saskatchewan Membership fees or applicable taxes.

There are no pricing prorations.

There is a \$30 +GST administration fee for any changes to registered skating times.

Program	Details	Cost
CanSkate	11 sessions per term including the bonus family skate	\$200 per term
Advanced PreSTAR	11 sessions per term including the bonus family skate	\$205 per term
U9 and U11 Power Skating	11 sessions per term	\$205 per term
Options	45-minute session based on a weekly designated time. Note the 7:30 am option Tuesday – Friday inclusive is 60 minutes	\$150
Options Term 2	Term 2 available for some options. Start date January 2023. Required memberships, including the Winter Skate Saskatoon membership, (see Page 5) applicable if not previously paid	\$90
Discount Structure Option (Full Season) Purchases	Application on a per invoice basis: <ul style="list-style-type: none"> <li>- 1-7 Option purchased: 0% discount</li> <li>- 8-9 Options purchased: 10% discount on all options</li> <li>- 10 Options purchased: 20% discount on all options</li> </ul>	



	<ul style="list-style-type: none"> <li>- 11-14 Options purchased: 25% discount on all options</li> <li>- 15+ Options purchased: 30% discount on all options</li> </ul>	
STAR 1 – 5 and STAR 5- Gold Group Skating Skills/Edges/Spin		\$155
STAR 1 – 5 and STAR 5- Gold Group Skating Skills/Edges/Spin Term 2	Start Date January 2023. Required memberships, including the Winter Skate Saskatoon membership, (see Page 5) applicable if not previously paid	\$95
STAR 3, 4 Teams (previously Beginner and Pre-Juvenile)	See website, Programs, Synchro	\$405
STAR 5 Team (previously Juvenile)		\$630
STAR 8 Team (previously Pre-Novice)		\$880
Adult 1/Open		\$735
Adult 2		\$580
Adult 3		\$290
Junior and Senior Synchro Stroking		\$104
Synchro Discount	STAR 3/4, STAR 5, STAR 8 Teams \$150 discount with purchase of one or more options on the same invoice as the team purchase. If option(s) registration is missed being completed at the time of team registration and is requested to be handled by the club there is a \$30 administration fee plus tax	
Adult Program	11 sessions per term	\$132 per term
Winter Skate Saskatoon Membership	Applicable to Option Purchases, Synchro and Stroking Skaters. This is automatically assigned upon a related registration and is a one-time payment for Winter 22-23	\$100
Drop In Buy-On 45-minute Sessions	See Drop In-Buy on Ice section	\$17 per session



15-Minute Lesson Ice Tickets	See 15-Minute Lesson Ice Tickets section	\$5 per ticket
Lockers	Subscription effective until June 30 2023	\$25

### Drop In-Buy on Ice

Skate Saskatoon has transitioned to DROP-IN registration using the Registration Option on the website and will no longer be issuing ice session tickets, to buy a drop-in session follow the instructions below:

1. Log into your Skate Saskatoon account
2. On the Registration Tab click on “Calendar View” as indicated below

#### Find Programs

Filter the programs in the main area by selecting options from the dropdowns below.

#### Categories

STARSkate



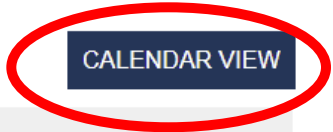
#### Show

#### Sort Programs In Each Category

Level by:

### Program Registrations






Quick Search:



STARSkate	
Program Description	Fees
<b>Option 14: Monday 6:30 PM - 7:15 PM BYOC All Levels (June only)</b> » View Details 4 Event(s)	\$40.00
<b>Start &amp; End Date:</b> Jun 6, 2022 - Jun 27, 2022	<b>Day / Time / Location:</b> Monday 6:30 PM - 7:15 PM ACT, ACT
	<b>REGISTER</b>

3. Any options that are available for drop-in will have an icon with an arrow in the top right-hand corner of the calendar box (as indicated by the RED circles below).



8:45 AM Option 1 a&b Week 1 STAR 6 - Gold (Group and Freeskate) 8:45 AM - 10:00 AM Sum22	8:45 AM Option 1 a&b Week 1 STAR 6 - Gold (Group and Freeskate) 8:45 AM - 10:00 AM Sum22	8:45 AM Option 1 a&b Week 1 STAR 6 - Gold (Group and Freeskate) 8:45 AM - 10:00 AM Sum22	8:45 AM Option 1 a&b Week 1 STAR 6 - Gold (Group and Freeskate) 8:45 AM - 10:00 AM Sum22	8:45 AM Option 1 a&b Week 1 STAR 6 - Gold (Group and Freeskate) 8:45 AM - 10:00 AM Sum22	12:00 AM Rink Closed
10:00 AM  Option 2 Week 1 STAR 6 - Gold 10:00 AM - 10:45 AM Sum2022	10:00 AM  Option 2 Week 1 STAR 6 - Gold 10:00 AM - 10:45 AM Sum2022	10:00 AM  Option 2 Week 1 STAR 6 - Gold 10:00 AM - 10:45 AM Sum2022	10:00 AM  Option 2 Week 1 STAR 6 - Gold 10:00 AM - 10:45 AM Sum2022	10:00 AM  Option 2 Week 1 STAR 6 - Gold 10:00 AM - 10:45 AM Sum2022	


- 4. Click on the option for the session you wish to purchase, and from the pop-up menu select DROP IN.

Option 2 Week 1 STAR 6 - Gold 10:00 AM - 10:45 AM Sum2022  
\$50.00  \$17.00

**Start & End Date:** Jul 4, 2022 - Jul 8, 2022  
**Day / Time:** July 4 - July 8 10:00 AM  
**Location:** ACT, ACT  
**Registration Begins:** May 26, 2022 at 6:00 PM  
**Registration Cut-off:** July 8, 2022 at 8:00 PM

Program Description:  
STAR 6 - Gold  
Weekly registration  
Session designations are based on FREESKATE LEVELS PASSED (both parts)  
Temporarily relocated to Cosmo Civic Centre July 11 - see homepage for details  
For further details see the link to the summer brochure on the homepage of the website

Beta

**REGISTER** **DROP IN **

Jul 4, 2022, 10:00 AM

- 5. Select the participant from the drop-down menu and date(s) desired to DROP IN, only dates selected and purchased in this manner are acceptable, **no swapping of DROP In purchases for different dates.**



### Option 2 Week 1 STAR 6 - Gold 10:00 AM - 10:45 AM Sum2022

\$50.00

July 4, 2022 - July 8, 2022 July 4 - July 8 10:00 AM

Full Program

Drop In

Which participant is to be enrolled in this program?

Participant Drop Down

1.	--	
July 4, 2022 at 10:00 AM - 10:45 AM	ACT	\$17.00 <input checked="" type="checkbox"/>
July 5, 2022 at 10:00 AM - 10:45 AM	ACT	\$17.00 <input type="checkbox"/>
July 6, 2022 at 10:00 AM - 10:45 AM	ACT	\$17.00 <input type="checkbox"/>
July 7, 2022 at 10:00 AM - 10:45 AM	ACT	\$17.00 <input type="checkbox"/>
July 8, 2022 at 10:00 AM - 10:45 AM	ACT	\$17.00 <input type="checkbox"/>

Dates Selected

ADD NEW PARTICIPANT

CANCEL ADD

- 6. Click "ADD" to add the DROP IN purchases to your cart.
- 7. Programs that do not allow for drop-in will not have the icon.
- 8. There is no group lesson drop ins.

#### Notes:

- Skaters must have the 22-23 Skate Canada and Skate Saskatchewan memberships. If these are not already in place these will be automatically added at checkout. See the pricing section for further information
- Skaters must be at the appropriate level for the session they are buying
- Must be purchased prior to skating

### 15-Minute Lesson Ice Tickets

- Must be in a private lesson to use this ticket – private coaching fees not included
- Must have a current season registration in group lessons
- 15-minute tickets must be purchased prior to usage
- Coach, date, and option number are required to be completed in order to finalize the purchase
- Maximum TWO tickets per day
- Only valid on All Levels or Advanced PreSTAR – Gold Options
- Only valid for skaters below STAR 3
- Tickets expire at the end of the winter season





## Registration and Attendance Rules:

1. No swapping or exchanging sessions
2. No make-up sessions
3. Skaters are not permitted on sessions out of their level range
  - a. Level is based on **FREESKATE LEVEL PASSED** (both parts)
4. All Levels and CanSkate sessions: Hockey or Figure skates
  - a. All other sessions require figure skates
5. Private Group lessons – maximum of 2 skaters per coach
6. Skaters who have not yet **PASSED** the complete STAGE 3 of CanSkate **MUST** also be registered in group lessons in the current season to be eligible for non-group programming (private lessons), including using 15-minute lesson ice tickets.
  - a. Skaters who have not yet passed Stage 3 of CanSkate are required to be in a lesson while on the ice (private or group)
  - b. Exception: Skaters registered in U7, or older hockey are eligible for All Levels sessions provided they are in a lesson (for the entire time they are on the ice), without having passed CanSkate STAGE 3, but are not eligible for 15-minute lesson ice tickets unless also registered in a Skate Saskatoon Group Program.
7. Pairs/Dance is permitted on sessions with fewer than 10 registered skaters (including the pair/dance team).
8. Skate Saskatoon reserves the right to modify or cancel programs or options at any time. Skate Saskatoon will provide as much cancellation notice as possible via email, the website and on social media. Please ensure your Uplifter account settings allow emails from Skate Saskatoon.
9. Skate Saskatoon is not required to provide makeup sessions or refunds for sessions missed as a result of unforeseen circumstances.
10. Skate Saskatoon reserves the right to revoke privileges of participants who do not follow guidelines or policies.
11. A Skate Canada Coach and/or Adult Spectator must be in the building for skater(s) to be on the ice. Skater(s) must exit the ice if none are present. No refunds or makeup sessions are provided.
12. No Earbuds or headphones are permitted on the ice (Exception: Skate Canada coaches using them to choreograph programs, NOTE: the coach can wear the earbud, NOT the skater).
13. Skaters must not enter the ice prior to the session start time and must exit the ice at the time the session ends.



14. BYOC – Bring Your Own Coach (must be Skate Canada Accredited Coach in good standing). If BYOC is not indicated on the option description only club coaches are allowed. Non-Skate Saskatoon coaches must request permission to coach BYOC sessions by emailing [office@skatesaskatoon.com](mailto:office@skatesaskatoon.com)

### **Important Dates:**

- December 24 Closed at 4 pm
- December 25 Closed
- December 26 Closed
- December 31 Closed at 4 pm
- January 1 Closed
- March 25 and 26 Seminar
- April 2 Ice Show



Schedule is subject to change SKATE SASKATOON SCHEDULE Winter 2022-2023							
Times	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
7:30		Option 19	Option 37	Option 55	Option 73	Option 91	Option 109
7:45	Ice not available (maintenance)	BYOC All Levels	BYOC All Levels	BYOC All Levels	BYOC All Levels	BYOC All Levels	BYOC All Levels
8:00		7:30 - 8:30	7:30 - 8:30	7:30 - 8:30	7:30 - 8:30	7:30 - 8:15	7:30 - 8:15
8:15						Option 92	Option 110
8:30		Option 20	Option 38	Option 56	Option 74	BYOC All Levels	BYOC All Levels
8:45		BYOC All Levels	BYOC All Levels	BYOC All Levels	BYOC All Levels	8:15 - 9:00	8:15 - 9:00
9:00		8:30 - 9:15	8:30 - 9:15	8:30 - 9:15	8:30 - 9:15	STAR 5 - Gold Group	Option 111
9:15		Option 21	Option 39	Option 57	Option 75	Skating Skills/Edges/Spir	BYOC All Levels
9:30		BYOC All Levels	BYOC All Levels	BYOC All Levels	BYOC All Levels	9:00 - 9:45	9:00 - 9:45
9:45		9:15 - 10:00	9:15 - 10:00	9:15 - 10:00	9:15 - 10:00	<b>FLOOD</b>	<b>FLOOD</b>
10:00		<b>FLOOD</b>	<b>FLOOD</b>	<b>FLOOD</b>	<b>FLOOD</b>	CanSkate #4	Option 112
10:15		Option 22	Option 40	Option 58	Option 76	Hockey or Figure Skates	BYOC All Levels
10:30		BYOC All Levels	BYOC All Levels	BYOC All Levels	BYOC All Levels	10:00 - 10:45	10:00 - 10:45
10:45		10:15 - 11:00	10:15 - 11:00	10:15 - 11:00	10:15 - 11:00	CanSkate #5	Option 113
11:00		Option 23	Option 41	Option 59	Option 77	Hockey or Figure Skates	BYOC All Levels
11:15		BYOC All Levels	BYOC All Levels	BYOC All Levels	BYOC All Levels	10:45 - 11:30	10:45 - 11:30
11:30	<b>FLOOD</b>	11:00 - 11:45	11:00 - 11:45	11:00 - 11:45	11:00 - 11:45	Option 96	Option 114
11:45	Option 6	Option 24	Option 42	Option 60	Option 78	BYOC All Levels	BYOC All Levels
12:00	BYOC All Levels	BYOC All Levels	BYOC All Levels	BYOC All Levels	BYOC All Levels	11:30 - 12:15	11:30 - 12:15
12:15	11:45 - 12:30	11:45 - 12:30	11:45 - 12:30	11:45 - 12:30	11:45 - 12:30	<b>FLOOD</b>	<b>FLOOD</b>
12:30	Option 7	Option 25	Option 43	Option 61	Option 79	Advanced PreSTAR	CanSkate #6
12:45	BYOC All Levels	BYOC All Levels	BYOC All Levels	BYOC All Levels	BYOC All Levels	Group Lessons	Hockey or Figure Skates
1:00	12:30 - 1:15	12:30 - 1:15	12:30 - 1:15	12:30 - 1:15	12:30 - 1:15	#4 12:30 - 1:15	12:30 - 1:15
1:15	<b>FLOOD</b>	<b>FLOOD</b>	<b>FLOOD</b>	<b>FLOOD</b>	<b>FLOOD</b>	Option 98	CanSkate/PrePower #2
1:30	Option 8 BYOC	Option 26 BYOC	Option 44 BYOC	Option 62 BYOC	Option 80 BYOC	BYOC All Levels	Hockey or Figure Skates
1:45	Adv. PreSTAR - Gold	Adv. PreSTAR - Gold	Adv. PreSTAR - Gold	Adv. PreSTAR - Gold	Adv. PreSTAR - Gold	1:15 - 2:00	1:15 - 2:00
2:00	1:30 - 2:15	1:30 - 2:15	1:30 - 2:15	1:30 - 2:15	1:30 - 2:15	Option 99	Option 117
2:15	Option 9	Option 27	Option 45	Option 63	Option 81	BYOC All Levels	BYOC All Levels
2:30	STAR 1 - Gold	STAR 1 - Gold	STAR 1 - Gold	STAR 1 - Gold	STAR 1 - Gold	2:00 - 2:45	2:00 - 2:45
2:45	2:15 - 3:00	2:15 - 3:00	2:15 - 3:00	2:15 - 3:00	2:15 - 3:00	<b>FLOOD</b>	<b>FLOOD</b>
3:00	Option 10	Option 28	Option 46	Option 64	Option 82	Option 100	STAR 1 - 5 Group
3:15	Star 3- Gold	Star 3- Gold	Star 3- Gold	Star 3- Gold	Star 3- Gold	BYOC All Levels	Skating Skills/Edges/Spir
3:30	3:00 - 3:45	3:00 - 3:45	3:00 - 3:45	3:00 - 3:45	3:00 - 3:45	3:00 - 3:45	3:00 - 3:45
3:45	<b>FLOOD</b>	<b>FLOOD</b>	<b>FLOOD</b>	<b>FLOOD</b>	<b>FLOOD</b>	Option 101	Option 119
4:00	Option 11	Option 29	Option 47	Option 65	Option 83	BYOC All Levels	BYOC All Levels
4:15	STAR 4-Gold	Star 3- Gold	Star 3- Gold	STAR 4-Gold	STAR 1 - Gold	3:45 - 4:30	3:45 - 4:30
4:30	4:00-4:45	4:00-4:45	4:00 - 4:45	4:00 - 4:45	4:00-4:45	Option 102	Group
4:45	Option 12	Option 30	Option 48	Option 66	Option 84	BYOC All Levels	Power Skating #2
5:00	STAR 1 - Gold	STAR 1 - Gold	Adv. PreSTAR - Gold	STAR 1 - Gold	Adv. PreSTAR - Gold	4:30 - 5:15	4:30 - 5:15
5:15	4:45 - 5:30	4:45 - 5:30	4:45 - 5:30	4:45 - 5:30	4:45 - 5:30	<b>FLOOD</b>	<b>FLOOD</b>
5:30	Advanced PreSTAR	<b>FLOOD</b>	Advanced PreSTAR	<b>FLOOD</b>	Option 85	Group	Synchro
5:45	Group Lessons	CanSkate/PrePower #1	Group Lessons	CanSkate #3	All Levels	Power Skating #1	STAR 5
6:00	#1 5:30 - 6:15	Hockey or Figure Skates	#2 5:30 - 6:15	Hockey or Figure Skates	5:30-6:15	5:30 - 6:15	5:30 - 6:15
6:15	<b>FLOOD</b>	5:45 - 6:30	<b>FLOOD</b>	5:45 - 6:30	<b>FLOOD</b>	ADULT	Synchro
6:30	CanSkate #1	Option 32	CanSkate #2	Advanced PreSTAR	Synchro	Program	STAR 8
6:45	Hockey or Figure Skates	All Levels	Hockey or Figure Skates	Group Lessons	STAR 3/4	6:15 - 7:00	6:15 - 7:00
7:00	6:30 - 7:15	6:30 - 7:15	6:30 - 7:15	#3 6:30 - 7:15	6:30 - 7:30	<b>FLOOD</b>	Synchro Strokng
7:15	Option 15	Option 33	Option 51	Option 69			Lv 2: 7:00 - 7:30
7:30	All Levels	STAR 3 - Gold	Adv. PreSTAR - Gold	Adv. PreSTAR - Gold	Synchro Strokng	Club Development Time	<b>FLOOD</b>
7:45	7:15 - 8:00	7:15 - 8:00	7:15 - 8:00	7:15 - 8:00	Lv 1: 7:30 - 8:00		
8:00	Option 16	<b>FLOOD</b>	Option 52	<b>FLOOD</b>	<b>FLOOD</b>	7:15 - 8:30	Synchro
8:15	STAR 1 - Gold	Option 34	STAR 1 - Gold	Option 70	Synchro		Adult I/Open
8:30	8:00 - 8:45	STAR 1 - Gold	8:00 - 8:45	STAR 3 - Gold	STAR 5		7:45 - 9:00
8:45	<b>FLOOD</b>	8:15 - 9:00	<b>FLOOD</b>	8:15 - 9:00	8:15 - 9:00		
9:00	Option 17	Synchro	Option 53	Synchro	STAR 8		Synchro
9:15	BYOC All Levels	STAR 8	BYOC All Levels	Adult II	9:00 - 10:00		Adult III
9:30	9:00 - 9:45	9:00 - 9:45	9:00 - 9:45				9:00 - 9:45
9:45	Option 18	Synchro	Option 54	9:00 - 10:30			
10:00	BYOC All Levels	Adult I/Open	BYOC All Levels		Option 90		
10:15	9:45 - 10:30	9:45 - 10:30	9:45 - 10:30		BYOC All Levels		
10:30					10:00 - 10:45		
10:45							
Pairs/Dance is permitted on sessions with fewer than 10 registered skaters							
CANSKATE = working on CanSkate stages 1-6; PrePower - CanSkate stages 3-6 in Hockey Skates							
ADVANCED PRESTAR = working on CanSkate stages 4-6 (figure skates)							
STAR 1 - Gold, STAR 3 -Gold, STAR 4 - Gold, Adv. PreSTAR - Gold require Figure Skates							
All Levels - Hockey or Figure Skates							
PRIVATE LESSONS - MAXIMUM 2 SKATERS PER COACH all options							
CanSkate Private Lessons - 15 minute tickets available for lessons, maximum 2 tickets per day, only valid on All Levels or Adv PreSTAR - Gold options for skaters below STAR 3							
Skaters are not permitted to register for sessions out of their level.							
Level is based on FreeSkate Level Passed (Both Parts)							
BYOC - bring your own Skate Canada coach; for permission to coach on BYOC email office@skatesaskatoon.com							