



www.skatesaskatoon.com

SPRING SCHOOL

April 3 – June 30 2023

Email: office@skatesaskatoon.com

Sanctioned by SKATE CANADA

ACT Skating Centre

107 – 105 Street East, Saskatoon, SK S7N 1Z2



SCHEDULE AND PROGRAMING UPDATE

To ensure compliance with Skate Canada requirements, Skate Saskatoon must modify its Spring Schedule from previous years, this has resulted in fewer available sessions during weekdays between 10:00am and 2:15pm, the reasoning behind this is the Skate Canada Coaching Requirement, which is stated below.

**There must be a Skate Canada accredited coach in the building at all times
when skater(s) are on the ice.**

Page 11, Rule 11 of the Registration and Attendance Rules has also been altered from previous seasons to reflect this requirement. For questions, please email office@skatesaskatoon.com

NEW Off Ice Jumps – led by Gennady Kaskov – Director of Skating:

- **Off Ice Jumps (doubles and triples):**
 - i. Saturday 10:15-11:00 am (May 20, May 27)
 - ii. Saturday 12:00-1:00 pm (June 17, June 24)
 - iii. Each session is a separate registration
 - iv. Held in ACT Hall
 - v. June sessions access is through outside hall door
- **Off Ice Jumps (singles):**
 - i. Saturday 11:00-11:45 am (May 20, May 27)
 - ii. Saturday 11:00 am-12:00 pm (June 17, June 24)
 - iii. Each session is a separate registration
 - iv. Held in ACT Hall
 - v. June sessions access is through outside hall door

NEW Group Packages:

- Designed to enhance performance and accelerate improvement.
- Excellent value
- **Exclusive Options available within the packages.**
 - Group B Option times not available for separate purchase
 - Group A Option times available for separate purchase – see pricing below
 - Skaters grouped with others in their level range for optimal ice conditions for training and advancement.
 - Group A - Level is based on FREESKATE LEVEL PASSED (both parts)
 - Group B – Must have completed Advanced PreSTAR



Group A: STAR 4 - Gold

- Option 11 and Option 47 (April – June)
 - Does not include coaching; private lessons are allowed
- STAR 4 – Gold Group A skating skills/edges/spin class (April & May) (Sat. 9:15am)
 - **Coaching fees for group classes are included with registration.**
 - Focus on: skating skills, edges, turns, speed, spins, musical interpretation.

Group B: ADVANCED PRESTAR – STAR 3

- Option 32 and Option 67 (April – June)
 - Does not include coaching; private lessons are allowed
- Advanced PreSTAR – STAR 3 Group B skating skills/edges/spin class (April & May) (Sat. 4:00pm)
 - **Coaching fees for group classes are included with registration.**
 - Focus on: skating skills, edges, turns, speed, spins, musical interpretation.

GROUP SKATING SKILLS/EDGES/SPIN:

Available for individual purchase outside of Group A and Group B packages:

- **Coaching fees for group classes are included with registration.**
 - Focus on: skating skills, edges, turns, speed, spins, musical interpretation.
- STAR 4 – Gold Group A skating skills/edges/spin class (April & May) (Sat. 9:15am)
- Advanced PreSTAR – STAR 3 Group B skating skills/edges/spin class (April & May) (Sat. 4:00pm)

CANSKATE GROUP LESSONS:

- **Learn-to-skate Program – Age 3 and over – this is not an adult-tot program**
- CSA approved hockey helmet for those below STAGE 4 of CanSkate
- Hockey or Figure Skates
- Working on CanSkate stages 1 -6
- Skaters MUST have skate guards. Rubber or plastic skate guards are preferred rather than cloth
- Skate Saskatoon does not provide skates, guards, helmet, or mitts
- For the younger skaters, gloves or mitts and a metal cage facemask is recommended



ADVANCED PRESTAR GROUP LESSONS:

- Working on CanSkate stages 4-6
- Must skate in figure skates
- Must have a coach recommendation and coordinator approval to move from CanSkate into Advanced

GROUP POWER SKATING LESSONS:

- **U9 and U11 hockey players, U10 and U12 ringette players**
- Must skate in hockey skates
- Must have a stick, gloves, helmet and mask
- Other types of equipment are optional (elbow pads, shin pads, shoulder pads, pants etc.)
- Participants must have played at least one year of organized hockey/ringette.
- **This is not a learn to skate program**

ADULT PROGRAM:

- Coach supervised but not coach instructed
- Wide range of skills
- Hockey or figure skates

COACH BOOKABLE ICE:

- Ice time that must be booked by a Skate Canada Coach with Skate Saskatoon a minimum of 48 hours in advance: Email office@skatesaskatoon.com
- Skaters will be invoiced at the Drop-In rate for ice used.
- Once the session has been set up in the system it cannot be exchanged for a different time
- Can be used for program choreography, supplementary lessons etc.
- 15-minute Lesson Ice Tickets are not valid on "Coach Bookable Ice"

All Spring sessions are BYOC: "Bring Your Own Coach"

- Must be Skate Canada Accredited Coach in good standing
- Non-Skate Saskatoon coaches must get permission from Skate Saskatoon Executive to coach on Skate Saskatoon sessions. Email office@skatesaskatoon.com a minimum of 48 hours in advance.



Pricing:

(See table below – Pages 6 and 7)

All skaters are required to have an active Skate Canada Membership, which is valid for one year from Sept. 1, 2022 – Aug. 31 2023 at a cost of \$43.65. Skate Saskatchewan also charges an annual \$25 membership fee, which is valid for the same dates. These fees are onetime annual payments. If a skater does not already have their 22-23 Skate Canada and Skate Saskatchewan memberships these fees will be automatically added at checkout.

All program fees listed do not include the Skate Canada or Skate Saskatchewan Membership fees or applicable taxes.

There are no pricing prorations.

There is a \$30 +GST administration fee for any changes to registered skating times. There is a minimum notice period of 48 hours required. The administration fee must be paid ahead of the change being handled.



Program	Details	Cost
CanSkate & Advanced PreSTAR	April & May: 8 sessions (Monday or Thursday)	\$150
	April & May: 9 sessions (Tuesday or Wednesday)	\$170
	April & May: 7 sessions (Saturday)	\$130
CanSkate	June: 4 sessions	\$75
Advanced PreSTAR	June: 5 sessions	\$95
Power Skating U9 or U11 Hockey U10 or U12 Ringette	April and May: 8 sessions (Thursday)	\$150
	April and May: 7 sessions (Saturday)	\$130
Adult Program	April and May	\$84
Group A STAR 4 – Gold	Options 11 and 47 (25 total sessions) Group Class 9:15am Saturday (7 sessions)	\$285
Group B STAR 1 – STAR 3	Options 32 and 67 (26 total sessions) Group Class 4:00 pm Saturday (7 sessions)	\$295
STAR 4 – Gold Skills/Edges/Spin	Same class as in the Group A package, for individual purchase, 9:15 am Saturday (7 sessions)	\$84
STAR 1 – STAR 3 Skills/Edges/Spin	Same class as in the Group B package, for individual purchase, 4:00 pm Saturday (7 sessions)	\$84
Creative Edges	Mid-level and high-level classes offered for three Sundays in April	\$45
Synchro Options	86 and 87, April and May – 7 sessions Coaching is not included	\$70
Options	Costs vary based on number of sessions <u>NOTE: When registering ensure to verify the dates of the options</u>	\$10 (per session)
Options 11 and 47	Options in Group A package – available for separate purchase	\$12 (per session)
Off Ice Jumps	Individual sessions for single jumps or double and triple jumps (May 20, May 27) – 45 minutes	\$18 (per session)
Off Ice Jumps	Individual sessions for single jumps or double and	\$24 (per session)



	triple jumps (June 17, June 24) – 1 hour	
Drop In Buy-On	See Drop In-Buy on Ice Section	\$17 (per session)
Coach Bookable Ice	See information Page 4	\$17 (per session)
15-Minute Lesson Ice Tickets	See 15-Minute Lesson Ice Tickets Section	\$5 (per ticket)



Drop In-Buy on Ice

Skate Saskatoon has sessions available for “drop-in”, to buy a drop-in session follow the instructions below:

1. Log into your Skate Saskatoon account
2. On the Registration Tab click on “Calendar View” as indicated below

Find Programs

Filter the programs in the main area by selecting options from the dropdowns below.

Categories

STARSkate



Show

Sort Programs In Each Category

Level by:

Program Registrations

Quick Search:

CALENDAR VIEW

STARSkate

Program Description	Fees	
Option 14: Monday 6:30 PM - 7:15 PM BYOC All Levels		
(June only)		
» View Details		
4 Event(s)		
Start & End Date:	Day / Time / Location:	\$40.00
Jun 6, 2022 - Jun 27, 2022	Monday 6:30 PM - 7:15 PM	REGISTER
	ACT,	
	ACT	

3. Any options that are available for drop-in will have an icon with an arrow in the top right-hand corner of the calendar box (as indicated by the RED circles below).

8:45 AM Option 1 a&b Week 1 STAR 6 - Gold (Group and Freeskate) 8:45 AM - 10:00 AM Sum22	8:45 AM Option 1 a&b Week 1 STAR 6 - Gold (Group and Freeskate) 8:45 AM - 10:00 AM Sum22	8:45 AM Option 1 a&b Week 1 STAR 6 - Gold (Group and Freeskate) 8:45 AM - 10:00 AM Sum22	8:45 AM Option 1 a&b Week 1 STAR 6 - Gold (Group and Freeskate) 8:45 AM - 10:00 AM Sum22	8:45 AM Option 1 a&b Week 1 STAR 6 - Gold (Group and Freeskate) 8:45 AM - 10:00 AM Sum22	12:00 AM Rink Closed
10:00 AM Option 2 Week 1 STAR 6 - Gold 10:00 AM - 10:45 AM Sum2022	10:00 AM Option 2 Week 1 STAR 6 - Gold 10:00 AM - 10:45 AM Sum2022	10:00 AM Option 2 Week 1 STAR 6 - Gold 10:00 AM - 10:45 AM Sum2022	10:00 AM Option 2 Week 1 STAR 6 - Gold 10:00 AM - 10:45 AM Sum2022	10:00 AM Option 2 Week 1 STAR 6 - Gold 10:00 AM - 10:45 AM Sum2022	



- Click on the option for the session you wish to purchase, and from the pop-up menu select DROP IN.

Option 2 Week 1 STAR 6 - Gold 10:00 AM - 10:45 AM Sum2022

\$50.00

\$17.00

Start & End Date: Jul 4, 2022 - Jul 8, 2022

Day / Time: July 4 - July 8 10:00 AM

Location: ACT,
ACT

Registration Begins: May 26, 2022 at 6:00 PM

Registration Cut-off: July 8, 2022 at 8:00 PM

Program Description:

STAR 6 - Gold

Weekly registration

Session designations are based on FREESKATE LEVELS PASSED (both parts)

Temporarily relocated to Cosmo Civic Centre July 11 - see homepage for details

For further details see the link to the summer brochure on the homepage of the website

Beta

REGISTER

DROP IN

- Select the participant from the drop-down menu and date(s) desired to DROP IN, only dates selected and purchased in this manner are acceptable, **no swapping of DROP In purchases for different dates.**

Option 2 Week 1 STAR 6 - Gold 10:00 AM - 10:45 AM Sum2022

\$50.00

July 4, 2022 - July 8, 2022 July 4 - July 8 10:00 AM

☐ Full Program

☒ Drop In

Which participant is to be enrolled in this program?

1.

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Participant Drop Down

July 4, 2022 at 10:00 AM - 10:45 AM	ACT	\$17.00	<input checked="" type="checkbox"/>
July 5, 2022 at 10:00 AM - 10:45 AM	ACT	\$17.00	<input type="checkbox"/>
July 6, 2022 at 10:00 AM - 10:45 AM	ACT	\$17.00	<input type="checkbox"/>
July 7, 2022 at 10:00 AM - 10:45 AM	ACT	\$17.00	<input type="checkbox"/>
July 8, 2022 at 10:00 AM - 10:45 AM	ACT	\$17.00	<input type="checkbox"/>

Dates Selected

ADD NEW PARTICIPANT

CANCEL

ADD



6. Click “ADD” to add the DROP IN purchases to your cart.
7. Programs that do not allow for drop-in will not have the icon.
8. There is no group lesson drop ins.

Notes:

- Skaters must have the 22-23 Skate Canada and Skate Saskatchewan memberships. If these are not already in place these will be automatically added at checkout. See the pricing section for further information
- Skaters must be at the appropriate level for the session they are buying
- Must be purchased prior to skating
-

15-Minute Lesson Ice Tickets

- Must be in a private lesson to use this ticket – private coaching fees not included
- Must have a current season registration in group lessons
- 15-minute tickets must be purchased prior to usage
- Coach, date, and option number are required to be completed in order to finalize the purchase
- Maximum TWO tickets per day
- Only valid on All Levels Options
- Only valid for skaters below STAR 3
- Not valid on Coach Bookable Ice
- Tickets expire at the end of the spring season

Ice, Registration and Attendance Rules

Updated May 24, 2023

1. Skaters who have not yet **PASSED** the complete STAGE 3 of CanSkate **MUST** also be registered in CanSkate group lessons in the current season to be eligible for non-group programming (private lessons), including using 15-minute lesson ice tickets.
 - Skaters who have not yet passed Stage 3 of CanSkate are required to be in a lesson while on the ice (private or group).
 - Exception: Skaters registered in U7, or older hockey are eligible for All Levels sessions provided they are in a lesson (for the entire time they are on the ice), without having passed CanSkate STAGE 3, but are not eligible for 15-minute lesson ice tickets unless also registered in a Skate Saskatoon Group Program.
2. Parents are not allowed in the ice area or off ice room without instructor permission. Interrupting focus during a moving session is considered dangerous.
3. Only skaters and coaches or authorized persons may enter the music room. Parents are not allowed.
4. All skaters must follow session music rules:
 - a. Each Coach is allowed 1 solo per 15 minutes of Freeskate session. If solo has been stopped, the skater loses their privilege and will have to move to the back of the line to have their music played again.
 - If more than one coach is requesting solo music, a skater not in a lesson will be permitted to play



- their music in-between the two lesson solos.
5. No program should start within two minutes of the session's end time. All the solos should have a time commitment. Skaters should be allowed to finish their program.
 6. Right away on the ice
 - Run through soloist with music playing
 - Private lessons
 - Skaters competing
 7. Skaters must not enter the ice prior to the session start time and must exit the ice at the time the session ends.
 8. No food or drink (except water bottles) permitted in the ice or off ice areas.
 9. No swearing, temper tantrums or improper behavior during any sessions or in the building.
 10. No standing or grouping on ice.
 11. Do not put others at risk by kicking or lying on the ice. Do not stand or coast in the middle of the ice. Be aware of other skaters and the pace of the session.
 12. No tying skates on the ice session. Head down is considered dangerous.
 13. No Earbuds or headphones are permitted on the ice (Exception: Skate Canada coaches using them to choreograph programs, NOTE: the coach can wear the earbud, NOT the skater).
 14. Any skaters skating on a session without proper registration will be asked to leave the session immediately.
 15. No swapping or exchanging sessions.
 16. All Levels, CanSkate and Adult sessions: Hockey or Figure skates
 - All other sessions require figure skates.
 17. Private Group lessons
 - Maximum of 4 skaters per coach, Skate Saskatoon coaches only
 - Maximum of 2 skaters per coach, non-club coaches
 18. Pairs/Dance is permitted on sessions with fewer than 10 registered skaters (including the pair/dance team).
 19. Skaters are not permitted on sessions out of their level range.
 20. Level is based on FREESKATE LEVEL PASSED (both parts)
 21. Director of Skating has the right to place a skater on another session or different package due to skater's competitive record, skater's work ethic or skater's technical ability.
 22. On ice and Off ice group lesson instructors have the right to dismiss skaters for lateness or disruptive behavior.
 23. Skate Saskatoon reserves the right to revoke privileges of participants who do not follow guidelines or policies.
 24. Skate Saskatoon reserves the right to modify or cancel programs or options at any time. Skate Saskatoon will provide as much cancellation notice as possible via email, the website and on social media. Please ensure your Uplifter account settings allow emails from Skate Saskatoon.
 25. Skate Saskatoon is not required to provide makeup sessions or refunds for sessions missed as a result of unforeseen circumstances.
 26. A Skate Canada Coach, plus at least one skater, must be in the building for the session to occur. Skater(s) must exit the ice if this requirement is not met. No refunds or make up sessions are provided.
 27. BYOC – Bring Your Own Coach (must be Skate Canada Accredited Coach in good standing). Non-Skate Saskatoon coaches must request permission to coach BYOC sessions by emailing office@skatesaskatoon.com. Failure to do so may result in revoking permission on future BYOC Skate Saskatoon sessions

Schedule is subject to change			SKATE SASKATOON SCHEDULE April and May 2023				
Times	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
7:30	Ice not available (maintenance)	Option 19 All Levels	Option 37 All Levels	Option 55 All Levels	Option 73 All Levels	April - May	April Only
7:45		7:30 - 8:30	7:30 - 8:30	7:30 - 8:30	7:30 - 8:30		
8:00							
8:15							
8:30		Option 20 All Levels	Option 38 All Levels	Option 56 All Levels	Option 74 All Levels	Option 92 All Levels	Option 104 All Levels
8:45		8:30 - 9:15	8:30 - 9:15	8:30 - 9:15	8:30 - 9:15	8:30 - 9:15	8:30 - 9:15
9:00		Option 21 All Levels	Option 39 All Levels	Option 57 All Levels	Option 75 All Levels	STAR 4-Gold/ Grp A Skating Skills/Edges/Spin	Option 105 All Levels
9:15		9:15 - 10:00	9:15 - 10:00	9:15 - 10:00	9:15 - 10:00		9:15 - 10:00
9:30		FLOOD	FLOOD	FLOOD	FLOOD	FLOOD	FLOOD
9:45		Option 22 Coach Bookable Ice	Option 40 Coach Bookable Ice	Option 58 Coach Bookable Ice	Option 76 Coach Bookable Ice	CanSkate #4 Hockey or Figure Skates	Option 106 Coach Bookable Ice
10:00		10:15 - 11:00	10:15 - 11:00	10:15 - 11:00	10:15 - 11:00	10:15 - 11:00	10:15 - 11:00
10:15		Option 23 Coach Bookable Ice	Option 41 Coach Bookable Ice	Option 59 Coach Bookable Ice	Option 77 Coach Bookable Ice	CanSkate #5 Hockey or Figure Skates	Creative Edges Mid Level
10:30		11:00 - 11:45	11:00 - 11:45	11:00 - 11:45	11:00 - 11:45	11:00 - 11:45	11:00 - 11:45
10:45		Option 24 Coach Bookable Ice	Option 42 Coach Bookable Ice	Option 60 Coach Bookable Ice	Option 78 Coach Bookable Ice	Option 96 All Levels	Creative Edges High Level
11:00		11:45 - 12:30	11:45 - 12:30	11:45 - 12:30	11:45 - 12:30	11:45 - 12:30	11:45 - 12:30
11:15		Option 7 Coach Bookable Ice	Option 25 Coach Bookable Ice	Option 43 Coach Bookable Ice	Option 61 Coach Bookable Ice	Option 79 Coach Bookable Ice	FLOOD
11:30	FLOOD	12:30 - 1:15	12:30 - 1:15	12:30 - 1:15	12:30 - 1:15	12:30 - 1:15	FLOOD
11:45	Option 6 Coach Bookable Ice	12:30 - 1:15	12:30 - 1:15	12:30 - 1:15	12:30 - 1:15	12:30 - 1:15	Option 97 All Levels
12:00	11:45 - 12:30	FLOOD	FLOOD	FLOOD	FLOOD	12:45 - 1:30	12:45 - 1:30
12:15	Option 8 Advanced PreSTAR - Gold	Option 26 Coach Bookable Ice	Option 44 Advanced PreSTAR - Gold	Option 62 Advanced PreSTAR - Gold	Option 80 Coach Bookable Ice	Option 98 All Levels	Option 110 Coach Bookable Ice
12:30	1:30 - 2:15	1:30 - 2:15	1:30 - 2:15	1:30 - 2:15	1:30 - 2:15	1:30 - 2:15	1:30 - 2:15
12:45	Option 9 STAR 1 - Gold	Option 27 STAR 1 - Gold	Option 45 STAR 1 - Gold	Option 63 STAR 1 - Gold	Option 81 STAR 1 - Gold	Option 99 All Levels	Option 111 Coach Bookable Ice
1:00	2:15 - 3:00	2:15 - 3:00	2:15 - 3:00	2:15 - 3:00	2:15 - 3:00	2:15 - 3:00	2:15 - 3:00
1:15	Option 10 Star 3- Gold	Option 28 Star 3- Gold	Option 46 Star 3- Gold	Option 64 Star 3- Gold	Option 82 Star 3- Gold	FLOOD	Option 112 Coach Bookable Ice
1:30	3:00 - 3:45	3:00 - 3:45	3:00 - 3:45	3:00 - 3:45	3:00 - 3:45	Option 100 All Levels	3:00 - 3:45
1:45	FLOOD	FLOOD	FLOOD	FLOOD	FLOOD	3:15 - 4:00	
2:00	Option 11 STAR 4 - Gold Group A Freeskate	Option 29 Star 3- Gold	Option 47 STAR 4 - Gold Group A Freeskate	Option 65 Star 3- Gold	Option 83 STAR 1 - Gold	Advanced-STAR 3 / Group B Skating Skills/Edges/Spins	
2:15	4:00 - 4:45	4:00 - 4:45	4:00 - 4:45	4:00 - 4:45	4:00 - 4:45	4:00 - 4:45	
2:30	Option 12 STAR 1 - Gold	Option 30 STAR 1 - Gold	Option 48 Advanced PreSTAR - Gold	Option 66 STAR 1 - Gold	Option 84 Advanced PreSTAR - Gold	Group Power Skating #2	
2:45	4:45 - 5:30	4:45 - 5:30	4:45 - 5:30	4:45 - 5:30	4:45 - 5:30	4:45 - 5:30	
3:00	Advanced PreSTAR Group Lessons	FLOOD	Advanced PreSTAR Group Lessons	Option 67 Group B FreeSkate	Option 85 All Levels	ADULT Program	
3:15	#1 5:30 - 6:15	CanSkate #2 Hockey or Figure Skates	#2 5:30-6:15	5:30 - 6:15	5:30 - 6:15	5:30-6:15	
3:30	FLOOD	5:45 - 6:30	FLOOD	FLOOD	FLOOD		
3:45	CanSkate #1 Hockey or Figure Skates	Option 32 Group B FreeSkate	CanSkate #3 Hockey or Figure Skates	Advanced PreSTAR Group Lessons	Option 86 Synchro Level 1 Apr & May		
4:00	6:30 - 7:15	6:30 - 7:15	6:30 - 7:15	#3 6:30 - 7:15	6:30 - 7:15		
4:15	Option 15 All Levels	Option 33 All Levels	Option 51 All Levels	Option 69 All Levels	Option 87 Synchro Level 2 Apr & May		
4:30	7:15 - 8:00	7:15 - 8:00	7:15 - 8:00	7:15 - 8:00	7:15 - 8:00		
4:45	Option 16 Star 3- Gold	Option 34 STAR 1 - Gold	Option 52 STAR 1 - Gold	Option 70 All Levels	Option 88 Apr & May All Levels		
5:00	8:00 - 8:45	8:00 - 8:45	8:00 - 8:45	8:00 - 8:45	8:00 - 8:45		
5:15	FLOOD	FLOOD	FLOOD	Group			
5:30	Option 17 All Levels	Option 35 All Levels	Option 53 All Levels	Power Skating #1 8:45 - 9:30			
5:45	9:00 - 9:45	9:00 - 9:45	9:00 - 9:45				



Schedule is subject to change		SKATE SASKATOON SCHEDULE June 2023			
Times	Monday	Tuesday	Wednesday	Thursday	Friday
7:30	Ice not available (maintenance)	Option 19	Option 37	Option 55	Option 73
7:45		All Levels	All Levels	All Levels	All Levels
8:00		7:30 - 8:30	7:30 - 8:30	7:30 - 8:30	7:30 - 8:30
8:15					
8:30		Option 20	Option 38	Option 56	Option 74
8:45		All Levels	All Levels	All Levels	All Levels
9:00		8:30 - 9:15	8:30 - 9:15	8:30 - 9:15	8:30 - 9:15
9:15		Option 21	Option 39	Option 57	Option 75
9:30		All Levels	All Levels	All Levels	All Levels
9:45		9:15 - 10:00	9:15 - 10:00	9:15 - 10:00	9:15 - 10:00
10:00		FLOOD	FLOOD	FLOOD	FLOOD
10:15		Option 22	Option 40	Option 58	Option 76
10:30		Coach Bookable Ice	Coach Bookable Ice	Coach Bookable Ice	Coach Bookable Ice
10:45		10:15 - 11:00	10:15 - 11:00	10:15 - 11:00	10:15 - 11:00
11:00		Option 23	Option 41	Option 59	Option 77
11:15		Coach Bookable Ice	Coach Bookable Ice	Coach Bookable Ice	Coach Bookable Ice
11:30	FLOOD	11:00 - 11:45	11:00 - 11:45	11:00 - 11:45	11:00 - 11:45
11:45	Option 6	Option 24	Option 42	Option 60	Option 78
12:00	Coach Bookable Ice	Coach Bookable Ice	Coach Bookable Ice	Coach Bookable Ice	Coach Bookable Ice
12:15	11:45 - 12:30	11:45 - 12:30	11:45 - 12:30	11:45 - 12:30	11:45 - 12:30
12:30	Option 7	Option 25	Option 43	Option 61	Option 79
12:45	Coach Bookable Ice	Coach Bookable Ice	Coach Bookable Ice	Coach Bookable Ice	Coach Bookable Ice
1:00	12:30 - 1:15	12:30 - 1:15	12:30 - 1:15	12:30 - 1:15	12:30 - 1:15
1:15	FLOOD	FLOOD	FLOOD	FLOOD	FLOOD
1:30	Option 8	Option 26	Option 44	Option 62	Option 80
1:45	Advanced PreSTAR - Gold	Coach Bookable Ice	Advanced PreSTAR - Gold	Advanced PreSTAR - Gold	Coach Bookable Ice
2:00	1:30 - 2:15	1:30 - 2:15	1:30 - 2:15	1:30 - 2:15	1:30 - 2:15
2:15	Option 9	Option 27	Option 45	Option 63	Option 81
2:30	STAR 1 - Gold	STAR 1 - Gold	STAR 1 - Gold	STAR 1 - Gold	STAR 1 - Gold
2:45	2:15 - 3:00	2:15 - 3:00	2:15 - 3:00	2:15 - 3:00	2:15 - 3:00
3:00	Option 10	Option 28	Option 46	Option 64	Option 82
3:15	Star 3- Gold	Star 3- Gold	Star 3- Gold	Star 3- Gold	Star 3- Gold
3:30	3:00 - 3:45	3:00 - 3:45	3:00 - 3:45	3:00 - 3:45	3:00 - 3:45
3:45	FLOOD	FLOOD	FLOOD	FLOOD	FLOOD
4:00	Option 11 STAR 4 - Gold	Option 29	Option 47 STAR 4 - Gold	Option 65	Option 83
4:15	Group A FreeSkate	Star 3- Gold	Group A FreeSkate	Star 3- Gold	STAR 1 - Gold
4:30	4:00 - 4:45	4:00 - 4:45	4:00 - 4:45	4:00 - 4:45	4:00 - 4:45
4:45	Option 12	Option 30	Option 48	Option 66	Option 84
5:00	STAR 1 - Gold	STAR 1 - Gold	Advanced PreSTAR - Gold	STAR 1 - Gold	Advanced PreSTAR - Gold
5:15	4:45 - 5:30	4:45 - 5:30	4:45 - 5:30	4:45 - 5:30	4:45 - 5:30
5:30	Option 13 - June only	FLOOD	Option 49 - June only	Option 67	Option 85
5:45	All Levels	Option 31 - June only	All Levels	Group B FreeSkate	All Levels
6:00	#1 5:30 - 6:15	All Levels	#2 5:30-6:15	5:30 - 6:15	5:30 - 6:15
6:15	FLOOD	5:45 - 6:30	FLOOD	FLOOD	FLOOD
6:30	CanSkate J1	Option 32	CanSkate J2	Advanced PreSTAR	Option 86 (J) - June only
6:45	Hockey or Figure Skates	Group B FreeSkate	Hockey or Figure Skates	Group Lessons	All Levels
7:00	6:30 - 7:15	6:30 - 7:15	6:30 - 7:15	J1 6:30 - 7:15	6:30 - 7:15
7:15	Option 15	Option 33	Option 51	Option 69	Option 87 (J) - June only
7:30	All Levels	All Levels	All Levels	All Levels	All Levels
7:45	7:15 - 8:00	7:15 - 8:00	7:15 - 8:00	7:15 - 8:00	7:15 - 8:00
8:00	Option 16	Option 34	Option 52	Option 70	
8:15	Star 3- Gold	STAR 1 - Gold	STAR 1 - Gold	All Levels	
8:30	8:00 - 8:45	8:00 - 8:45	8:00 - 8:45	8:00 - 8:45	
8:45	FLOOD	FLOOD	FLOOD	Option 71 - June only	
9:00	Option 17	Option 35	Option 53	All Levels	
9:15	All Levels	All Levels	All Levels	8:45 - 9:30	
9:30	9:00 - 9:45	9:00 - 9:45	9:00 - 9:45		