



[www.skatesaskatoon.com](http://www.skatesaskatoon.com)

# **WINTER SCHOOL**

## **Term 1**

**October 2, 2023 – December 24, 2023**

Email: [office@skatesaskatoon.com](mailto:office@skatesaskatoon.com)

Sanctioned by SKATE CANADA

**ACT Skating Centre**

**107 – 105 Street East, Saskatoon, SK S7N 1Z2**



## **IMPORTANT INFORMATION:**

### **Helmet Use Policy - Information for Clubs, Coaches and Parents**

#### **CANSKATE GROUP LESSONS: Learn-to-skate Program – Age 3 and over – this is not an adult-tot program**

- Hockey or Figure Skates
- For helmet information – see link above
- Working on CanSkate Stages 1-6
- Skaters **MUST** have skate guards. Rubber or plastic skate guards are preferred rather than cloth
- Skate Saskatoon does not provide skates, guards, helmet, or mitts
- For the younger skaters, gloves or mitts and a metal cage facemask is recommended

#### **ADVANCED PRESTAR GROUP LESSONS:**

- Working on CanSkate stages 4-6
- For helmet information – see link above
- Must skate in figure skates
- Must have a coach recommendation and coordinator approval to move from CanSkate into Advanced

## **NEW: Figure Skating Training Program: SUPERNOVAS**

- Program Registration requires permission from Director of Skating
  - If interested contact Director of Skating Gennady Kaskov
- Targeted at younger skaters who want to pursue excellence in Figure Skating
- Package **Includes Group Instruction:**
  - Two instructed group lessons per week – 45 minutes each
  - Two instructed off-ice classes per week – 30 minutes each
    - Immediately following on-ice 6:30-7:00pm, Tuesday and Thursday at the ACT Hall
- Receive a **50% discount** on Winter Term 1 options purchased.



## NEW: Total Figure Skating Training Packages:

### ELITE

Pre-Novice to Senior Competitive Skaters or permission from the Skating Director

- Includes Weekly:
  - 4 Freeskate sessions
    - Default sessions are options 11, 29, 65 and 83
      - Skaters can change from the default sessions to any STAR 3 – Gold, STAR 1- Gold or all levels session (on the same day) at no cost until Oct. 16<sup>th</sup>, after this an administration fee will apply
  - 2 Skills/Edge/Stroking **instructed** group classes
  - 2 Off-ice **instructed** classes
    - Tuesday 5:45-6:30pm ACT Hall
    - Wednesday 5:45-6:30pm ACT Hall
- Encouraged to register for an additional 4-6 Freeskate options per week.
- Encouraged to register for the STAR 4-Gold Skating Skills/Edges/Spins Saturday mornings.
- Encouraged to register for the “double and triple jumps” off-ice classes Saturday mornings (available on a single class basis).

#### Additional Benefits of Elite Package:

- **Elite skaters can purchase Sr./Elite options individually.**
- Elite/Sr. and Sr./Elite options are **ONLY** available to Elite or Senior skaters.
- **Receive a 50% discount on additional Winter Term 1 options purchased.**
- Skate Saskatoon Coaches can “flex” a skater onto any Sr./Elite, STAR 3-Gold or all levels sessions within the same day to accommodate lessons.
- Packages are much better value than buying individual sessions.



## NEW: Total Figure Skating Training Packages:

### SENIOR

Pre-Juvenile to Pre-Novice Competitive Skaters, STAR 4+ or permission from the Skating Director

- Includes Weekly:
  - 4 Freeskate sessions
    - Default sessions are options 12, 30, 66 and 85
      - Skaters can change from the default sessions to any STAR 3 – Gold, STAR 1- Gold or all levels session (on the same day) at no cost until Oct. 16<sup>th</sup>, after this an administration fee will apply
  - 2 Skills/Edge/Stroking **instructed** group classes
  - 2 Off-ice **instructed** classes
    - Monday 6:00-6:45pm ACT Hall
    - Tuesday 5:45-6:30pm ACT Hall
- Encouraged to register for an additional 2-6 Freeskate options per week.
- Encouraged to register for the STAR 4-Gold Skating Skills/Edges/Spins Saturday mornings.
- Encouraged to register for the “double and triple jumps” off-ice classes Saturday mornings (available on a single class basis).

#### Additional Benefits of Senior Package:

- **Senior skaters can purchase Elite/Sr. options individually.**
- Elite/Sr. and Sr./Elite options are **ONLY** available to Elite or Senior skaters.
- **Receive a 50% discount on additional Winter Term 1 options purchased.**
- Skate Saskatoon Coaches can “flex” a skater onto any Elite/Sr., STAR 3-Gold or all levels sessions within the same day to accommodate lessons.
- Packages are much better value than buying individual sessions.



## NEW: Total Figure Skating Training Packages:

### INTERMEDIATE

STAR 1-3 skaters

- Includes Weekly:
  - 2 Freeskate sessions
    - Default sessions are options 86, and 101
      - Skaters can change from the default sessions to any Adv. PreSTAR - Gold or all levels session (on any day) at no cost until Oct. 16<sup>th</sup>, after this an administration fee will apply
  - Int. & Adv. PreSTAR – Gold Group Edge/Stroking **instructed** group class
    - Saturday 4:30-5:15pm
  - 1 Off-ice **instructed** class
    - Friday 5:15-5:45pm ACT Hall
- Encouraged to register for an additional 1-3 Freeskate options per week.
- Encouraged to register for the “single jumps” off-ice classes Saturday mornings (available on a single class basis).

#### Additional Benefits of Group A Package:

- Receive a **50% discount** on additional Winter Term 1 options purchased.
- Skate Saskatoon Coaches can “flex” a skater onto any, Adv. PreSTAR - Gold or all levels sessions within the same **week** to accommodate lessons.
- Packages are much better value than buying individual sessions.



### **Off Ice Jumps:**

Available for registration on an individual instance basis

- **Off Ice Jumps (doubles and triples):**
  - i. Dates will be posted ahead of time.
  - ii. Each session is a separate registration
  - iii. Held in ACT Hall
- **Off Ice Jumps (singles):**
  - i. Dates will be posted ahead of time.
  - ii. Each session is a separate registration
  - iii. Held in ACT Hall

### **GROUP SKATING SKILLS/EDGES/SPIN**

Available for seasonal registration outside of a skating package

- Group Program including instruction:
  - Focus on: skating skills, edges, turns, speed, spins, musical interpretation
- Classes are available for Advanced - STAR 3 and STAR 4 - Gold

### **GROUP POWER SKATING LESSONS: U9 and U11 Hockey players, U10 and U12 Ringette players:**

- Must skate in hockey skates
- Must have a stick, gloves, helmet and mask
- Other types of equipment are optional (elbow pads, shin pads, shoulder pads, pants etc.)
- Participants must have played at least one year of organized hockey/ringette.
- \*\*This is not a learn to skate program\*\*

### **ADULT PROGRAM:**

- Coach supervised but not coach instructed
- Wide range of skills
- Hockey or figure skates



## **SYNCHRO: Term 1 and Term 2**

### **NEW: Packages INCLUDE: Off-Ice and Stroking where appropriate**

Synchronized skating provides the opportunity to join a team and enjoy skating at the same time.

**Registration fee is for the entire winter season T1 and T2, no additional fees in January, includes 23 weeks of coaching**

#### **STAR 3/4 Synchro**

- 4 off-ice classes of 45 minutes, spread throughout the season

#### **STAR 5 Synchro**

- 16 off-ice classes of 30 minutes, spread throughout the season
- Includes Synchro Stroking Level 1 - **instructed**

#### **STAR 8 Synchro**

- 16 off-ice classes of 45 minutes, spread throughout the season
- Includes Synchro Stroking Level 2 - **instructed**

#### **Open Synchro**

- 16 off-ice classes of 45 minutes, spread throughout the season
- Includes Synchro Stroking Level 2 - **instructed**

#### **Adult II Synchro**

- Does not include stroking or off-ice

### **IMPORTANT SYNCHRO REGISTRATION NOTE:**

- All Synchro packages other than Adult II include a winter option in both terms at no additional cost, to receive this option you **MUST** register by Sept. 22nd 2023 at 11:59pm.
  - Those registering prior to the deadline need to contact the office by Oct. 6<sup>th</sup> to arrange for the chosen option.
    - NO option will be available for those failing to contact the office by the deadline.

## **OPTION DISCOUNTS FOR SYNCHRO SKATERS:**

- Receive a 50% discount on additional Winter Term 1 options purchased
  - see above Important Synchro Registration Note
- Adult II will receive a 50% discount on any Winter Term 1 options purchased



### **All Sessions are BYOC: “Bring Your Own Coach”**

- Must be Skate Canada Accredited Coach in good standing
- Non-Skate Saskatoon coaches must get permission from Skate Saskatoon Executive to coach on Skate Saskatoon sessions. Email [office@skatesaskatoon.com](mailto:office@skatesaskatoon.com) a minimum of 48 hours in advance. Failure to do so may result in revoking permission on future BYOC Skate Saskatoon sessions.

### **COACH BOOKABLE ICE:**

- Ice time that must be booked by a Skate Canada Coach with Skate Saskatoon a minimum of 48 hours in advance: Email [office@skatesaskatoon.com](mailto:office@skatesaskatoon.com)
- Skaters will be invoiced at the Drop-In rate for ice used.
- Once the session has been set up in the system it cannot be exchanged for a different time
- Can be used for program choreography, supplementary lessons etc.
- 15-minute Lesson Ice Tickets are not valid on “Coach Bookable Ice”





## Pricing:

### NEW for 2023:

1. Skate Saskatoon will **NOT charge a Skate Saskatoon Fee or a Skate Canada Saskatchewan Fee** for ANY registrations. All skaters are required to have an active Skate Canada Membership, which is valid for one year from Sept. 1, 2023 – Aug. 31 2024 at a cost of \$58.65.
2. New Discount Structure for skaters who are choosing not to participate in the group packages, NOTE: Group packages are more cost effective.:
  - a. NOTE: **This discount WILL NOT apply upon checkout**, contact [office@skatesaskatoon.com](mailto:office@skatesaskatoon.com) prior to Dec. 2<sup>nd</sup> 2023 and a refund for the discount will be refunded to your card or set up as a credit on your member account, based on your stated preference, requests after Dec. 2<sup>nd</sup> 2023 will not result in a refund or credit.

Number of Options Purchased	Discount (Applies to all options purchased)	Option Price with discount applied
1	0%	\$144.00
2	20%	\$115.20
3-4	30%	\$100.80
5-7	35%	\$93.60
8-9	40%	\$86.40
10	50%	\$72.00

All program fees listed do not include the Skate Canada fee or applicable taxes.

There are no pricing prorations.

There is a \$30 +GST administration fee for any changes to registered skating times outside of the stated exceptions for Elite, Senior and Intermediate skaters.

Discounts DO NOT Stack, the maximum an option can be discounted is 50%.



Program	Details	Cost
CanSkate	11 sessions including the bonus family skate	\$225.00
Advanced PreSTAR	11 sessions including the bonus family skate	\$230.00
Power Skating	11 sessions	\$230.00
Adult Program	11 sessions	\$160.00
Supernovas Group Program	See Description on page 2	\$530.00
Intermediate Package	See Description on page 5	\$465.00
Senior Package	See Description on page 4	\$725.00
Elite Package	See Description on page 3	\$800.00
STAR 3/4 Synchro	See Description on page 6 – price includes fees for both T1 and T2	\$445.00
STAR 5 Synchro	See Description on page 6 – price includes fees for both T1 and T2	\$825.00
STAR 8 Synchro	See Description on page 6 – price includes fees for both T1 and T2	\$1230.00
Open Synchro	See Description on page 6 – price includes fees for both T1 and T2	\$1230.00
Adult 2 Synchro	See Description on page 6 – price includes fees for both T1 and T2	\$725.00
Adv. - STAR 3 and STAR 4-Gold Group Skating Skills/Edges/Spin	Group Class offered for the term to all level appropriate skaters Intermediate Skaters do NOT need to add this to their cart as it is included in the Intermediate package	\$155.00
Options	45-minute session based on a weekly designated time. Note the 7:30 am option Tuesday – Friday inclusive is 60 minutes. Price based on 12 instances. See Discount Structure on previous page for non-group package skaters.	\$144.00
Drop In Buy-On Sessions	See Drop In-Buy on Ice section	\$17.00
15-Minute Lesson Ice Tickets	See 15-Minute Lesson Ice Tickets section	\$5.00
Lockers	Subscription effective until June 30 2024	\$25.00



## Drop In-Buy on Ice

All Levels, Adv. PreSTAR – Gold, STAR 1 – Gold and STAR 3 - Gold sessions are available for “drop-in”.

To buy a drop-in session follow the instructions below:

1. Log into your Skate Saskatoon account.
2. On the Registration Tab click on “Calendar View”.
3. Any options that are available for drop-in will have an icon with an arrow in the top right-hand corner of the calendar box.
4. Click on the option for the session you wish to purchase, and from the pop-up menu select DROP IN.
5. Select the participant from the drop-down menu and date(s) desired to DROP IN, only dates selected and purchased in this manner are acceptable, **no swapping of DROP In purchases for different dates.**
6. Click “ADD” to add the DROP IN purchases to your cart.
7. Programs that do not allow for drop-in will not have the icon.

Notes:

- Skaters must have the 23-24 Skate Canada membership. If this is not already in place it will be automatically added at checkout. See the pricing section for further information
- Skaters must be at the appropriate level for the session they are buying
- Must be purchased prior to skating

## 15-Minute Lesson Ice Tickets

- Must be in a private lesson to use this ticket – private coaching fees not included
- Must have a current season registration in group lessons
- 15-minute tickets must be purchased prior to usage
- Coach, date, and option number are required to be completed in order to finalize the purchase
- Maximum TWO tickets per day
- Only valid on Adv. PreSTAR – Gold or All Levels Options
- Only valid for skaters below STAR 3
- Not valid on Coach Bookable Ice
- Tickets expire at the end of Term 1



## Ice, Registration and Attendance Rules

1. Skaters who have not yet **PASSED** the complete STAGE 3 of CanSkate **MUST** also be registered in CanSkate group lessons in the current season to be eligible for non-group programming (private lessons), including using 15-minute lesson ice tickets.
  - Skaters who have not yet passed Stage 3 of CanSkate are required to be in a lesson while on the ice (private or group).
  - Exception: Skaters registered in U7, or older hockey are eligible for All Levels sessions provided they are in a lesson (for the entire time they are on the ice), without having passed CanSkate STAGE 3, but are not eligible for 15-minute lesson ice tickets unless also registered in a Skate Saskatoon Group Program.
2. Parents are not allowed in the ice area or off ice room without instructor permission. Interrupting focus during a moving session is considered dangerous.
3. Only skaters and coaches or authorized persons may enter the music room. Parents are not allowed.
4. All skaters must follow session music rules:
  - a. Each Coach is allowed 1 solo per 15 minutes of Freeskate session. If solo has been stopped, the skater loses their privilege and will have to move to the back of the line to have their music played again.
    - If more than one coach is requesting solo music, a skater not in a lesson will be permitted to play their music in-between the two lesson solos.
5. No program should start within two minutes of the session's end time. All the solos should have a time commitment. Skaters should be allowed to finish their program.
6. Right away on the ice
  - Run through soloist with music playing
  - Private lessons
  - Skaters competing
7. Skaters must not enter the ice prior to the session start time and must exit the ice at the time the session ends.
8. No food or drink (except water bottles) permitted in the ice or off ice areas.
9. No swearing, temper tantrums or improper behavior during any sessions or in the building.
10. No standing or grouping on ice.
11. Do not put others at risk by kicking or lying on the ice. Do not stand or coast in the middle of the ice. Be aware of other skaters and the pace of the session.
12. No tying skates on the ice session. Head down is considered dangerous.
13. No Earbuds or headphones are permitted on the ice (Exception: Skate Canada coaches using them to choreograph programs, NOTE: the coach can wear the earbud, NOT the skater).
14. Any skaters skating on a session without proper registration will be asked to leave the session immediately.
15. No swapping or exchanging sessions.
16. All Levels, CanSkate and Adult sessions: Hockey or Figure skates
  - All other sessions require figure skates.
17. Private Group lessons
  - Maximum of 4 skaters per coach, Skate Saskatoon coaches only
  - Maximum of 2 skaters per coach, non-club coaches
18. Pairs/Dance is permitted on sessions with fewer than 10 registered skaters (including the pair/dance team).



19. Director of Skating has the right to place a skater on another session or different package due to skater's competitive record, skater's work ethic or skater's technical ability.
20. On ice and Off ice group lesson instructors have the right to dismiss skaters for lateness or disruptive behavior.
21. Skate Saskatoon reserves the right to revoke privileges of participants who do not follow guidelines or policies.
22. Skate Saskatoon reserves the right to modify or cancel programs or options at any time. Skate Saskatoon will provide as much cancellation notice as possible via email, the website and on social media. Please ensure your Uplifter account settings allow emails from Skate Saskatoon.
23. Skate Saskatoon is not required to provide makeup sessions or refunds for sessions missed as a result of unforeseen circumstances.
24. A Skate Canada Coach, plus at least one skater, must be in the building for the session to occur. Skater(s) must exit the ice if this requirement is not met. No refunds or make up sessions are provided.
25. BYOC – Bring Your Own Coach (must be Skate Canada Accredited Coach in good standing). Non-Skate Saskatoon coaches must request permission to coach BYOC sessions by emailing [office@skatesaskatoon.com](mailto:office@skatesaskatoon.com). Failure to do so may result in revoking permission on future BYOC Skate Saskatoon sessions.
26. For CanSkate and Advanced PreSTAR group lessons, parents/guardians or designated supervising adults are responsible for their child(ren) at all times when they are not on the ice, including before and after their scheduled group lesson. Parents/guardians or designated supervising adults must remain at the skating facility during the group lesson, in the event that the child requires assistance off the ice.
27. Skate Saskatoon welcomes children spectators to build interest in the sport. Children spectators must be supervised at all times.

## Important Dates:

- November 11 Closed until noon
- December 24 Closed at 4 pm
- December 25 Closed
- December 26 Closed
- December 31 Closed at 4 pm
- January 1 Closed
- Ice will be available between T1 and T2 (Dec. 27<sup>th</sup>, 2023 – January 2, 2024), details will be provided by November 2023
- Term 2 will be available for registration in November. The specific date will be provided by November 1



Schedule is subject to change							
SKATE SASKATOON SCHEDULE Winter 2023-2024 - Term 1 (October 2- December 24 2023)							
Times	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
7:30	<b>Ice not available (maintenance)</b>	Option 19 All Levels 7:30 - 8:30	Option 37 All Levels 7:30 - 8:30	Option 55 All Levels 7:30 - 8:30	Option 73 All Levels 7:30 - 8:30		
7:45							
8:00							
8:15							
8:30		Option 20 All Levels 8:30 - 9:15	Option 38 All Levels 8:30 - 9:15	Option 56 All Levels 8:30 - 9:15	Option 74 All Levels 8:30 - 9:15	Option 92 All Levels 8:15 - 9:00	Option 110 All Levels 8:15 - 9:00
8:45							
9:00		Option 21 Coach Bookable Ice 9:15 - 10:00	Option 39 Coach Bookable Ice 9:15 - 10:00	Option 57 Coach Bookable Ice 9:15 - 10:00	Option 75 Coach Bookable Ice 9:15 - 10:00	STAR 4-Gold Skating Skills/Edges/Spins 9:00 - 9:45	Option 111 All Levels 9:00 - 9:45
9:15							
9:30							
9:45							
10:00		<b>FLOOD</b>	<b>FLOOD</b>	<b>FLOOD</b>	<b>FLOOD</b>	<b>FLOOD</b>	<b>FLOOD</b>
10:15		Option 22 Coach Bookable Ice 10:15 - 11:00	Option 40 Coach Bookable Ice 10:15 - 11:00	Option 58 Coach Bookable Ice 10:15 - 11:00	Option 76 Coach Bookable Ice 10:15 - 11:00	CanSkate #4 Hockey or Figure Skates 10:00 - 10:45	Option 112 Adv. PreSTAR - Gold 10:00 - 10:45
10:30							
10:45		Option 23 Coach Bookable Ice 11:00 - 11:45	Option 41 Coach Bookable Ice 11:00 - 11:45	Option 59 Coach Bookable Ice 11:00 - 11:45	Option 77 Coach Bookable Ice 11:00 - 11:45	CanSkate #5 Hockey or Figure Skates 10:45 - 11:30	Option 113 Adv. PreSTAR - Gold 10:45 - 11:30
11:00							
11:15							
11:30	<b>FLOOD</b>	Option 24 Coach Bookable Ice 11:45 - 12:30	Option 42 Coach Bookable Ice 11:45 - 12:30	Option 60 Coach Bookable Ice 11:45 - 12:30	Option 78 Coach Bookable Ice 11:45 - 12:30	Advanced PreSTAR Group Lessons #3 11:30 - 12:15	Option 114 All Levels 11:30 - 12:15
11:45	Option 6 Coach Bookable Ice 11:45 - 12:30						
12:00							
12:15						<b>FLOOD</b>	<b>FLOOD</b>
12:30	Option 7 Coach Bookable Ice 12:30 - 1:15	Option 25 Coach Bookable Ice 12:30 - 1:15	Option 43 Coach Bookable Ice 12:30 - 1:15	Option 61 Coach Bookable Ice 12:30 - 1:15	Option 79 Coach Bookable Ice 12:30 - 1:15	Option 97 All Levels 12:30 - 1:15	CanSkate #6 Hockey or Figure Skates 12:30 - 1:15
12:45							
1:00							
1:15	<b>FLOOD</b>	<b>FLOOD</b>	<b>FLOOD</b>	<b>FLOOD</b>	<b>FLOOD</b>		
1:30	Option 8 Coach Bookable Ice 1:30 - 2:15	Option 26 Coach Bookable Ice 1:30 - 2:15	Option 44 Coach Bookable Ice 1:30 - 2:15	Option 62 Coach Bookable Ice 1:30 - 2:15	Option 80 Coach Bookable Ice 1:30 - 2:15	Option 98 All Levels 1:15 - 2:00	CanSkate/PrePower #2 Hockey or Figure Skates 1:15 - 2:00
1:45							
2:00						Option 99 All Levels 2:00 - 2:45	CanSkate/PrePower #3 Hockey or Figure Skates 2:00 - 2:45
2:15	Option 9 STAR 3 - Gold 2:15 - 3:00	Option 27 STAR 3 - Gold 2:15 - 3:00	Option 45 STAR 3 - Gold 2:15 - 3:00	Option 63 STAR 3 - Gold 2:15 - 3:00	Option 81 STAR 3 - Gold 2:15 - 3:00		
2:30							
2:45							
3:00	Option 10 STAR 3 - Gold 3:00 - 3:45	Option 28 STAR 3 - Gold 3:00 - 3:45	Option 46 STAR 3 - Gold 3:00 - 3:45	Option 64 STAR 3 - Gold 3:00 - 3:45	Option 82 STAR 3 - Gold 3:00 - 3:45	Option 100 Adv. PreSTAR - Gold 3:00 - 3:45	Option 118 All Levels 3:00 - 3:45
3:15							
3:30							
3:45	<b>FLOOD</b>	<b>FLOOD</b>	<b>FLOOD</b>	<b>FLOOD</b>	<b>FLOOD</b>		
4:00	Option 11 Elite/Senior Freeskate 4:00-4:45	Option 29 Elite/Senior Freeskate 4:00-4:45	Option 47 Elite Skill/Edges 4:00 - 4:45	Option 65 Elite/Senior Freeskate 4:00 - 4:45	Option 83 Elite/Senior Freeskate 4:00-4:45	Option 101 Intermediate 3:45 - 4:30	Option 119 All Levels 3:45 - 4:30
4:15							
4:30							
4:45	Senior Edges/Skills Stroking Option 12	Option 30 Senior/Elite Freeskate 4:45 - 5:30	Option 48 Elite/Senior FreeSkate 4:45 - 5:30	Option 66 Senior/Elite Freeskate 4:45 - 5:30	Elite/Senior Edges/Skills Stroking Option 85	Intermediate & Adv. - STAR 3 Group Skills/Edges 4:30 - 5:15	Group Power Skating #2 4:30 - 5:15
5:00							
5:15							
5:30	Senior/Elite Freeskate 5:15 - 6:00	Option 31 Supernovas 5:30 - 6:15	<b>FLOOD</b>	Option 68 Supernovas 5:30 - 6:15	Option 86 Int./Adv. PreSTAR-Gold 6:00 - 6:45	<b>FLOOD</b>	<b>FLOOD</b>
5:45							
6:00	<b>FLOOD</b>		CanSkate #2 Hockey or Figure Skates 5:45 - 6:30				
6:15	CanSkate #1 Hockey or Figure Skates 6:15 - 7:00	<b>FLOOD</b>		<b>FLOOD</b>			
6:30		CanSkate/PrePower #1 Hockey or Figure Skates 6:30 - 7:15	Advanced PreSTAR Group Lessons #2 6:30 - 7:15	CanSkate #3 Hockey or Figure Skates 6:30 - 7:15			
6:45							
7:00	Advanced PreSTAR Group Lessons #1 7:00 - 7:45	Option 33 Adv. PreSTAR - Gold 7:15 - 8:00	Option 51 Adv. PreSTAR - Gold 7:15 - 8:00	Option 69 Adv. PreSTAR - Gold 7:15 - 8:00	Synchro STAR 3/4 7:00 - 7:45	<b>FLOOD</b>	Synchro STAR 5 5:30 - 6:15
7:15							
7:30							
7:45	Option 15 All Levels 7:45 - 8:30	Option 34 STAR 1 - Gold 8:00 - 8:45	<b>FLOOD</b>	Option 70 STAR 1 - Gold 8:00 - 8:45	Synchro Stroking Lv 1: 7:45 - 8:15	ADULT Program 6:15 - 7:00	Synchro STAR 8 6:15 - 7:00
8:00							
8:15							
8:30	<b>FLOOD</b>						
8:45	Option 16 All Levels 8:45 - 9:30	<b>FLOOD</b>	Option 52 All Levels 8:15 - 9:00	<b>FLOOD</b>	Synchro STAR 5 8:15 - 9:00		Synchro Open 7:45 - 9:15
9:00							
9:15							
9:30	Option 17 All Levels 9:30 - 10:15	Synchro STAR 8 9:00 - 9:45	Option 53 All Levels 9:00 - 9:45	Synchro Adult II 9:00 - 10:30	Synchro STAR 8 9:15 - 10:15		
9:45							
10:00							
10:15							
10:30							
10:45						Option 91 All Levels 10:15 - 11:00	

OFF ICE GROUP PACKAGES SCHEDULE ON FOLLOWING PAGE



Schedule is subject to change		SKATE SASKATOON SCHEDULE Winter 23-24 Term 1 - OFF ICE GROUP PACKAGES			
Times	Monday	Tuesday	Wednesday	Thursday	Friday
4:30					
4:45					
5:00					
5:15					Off Ice Inter Package
5:30					5:15 - 5:45 PM
5:45		Off Ice	Off Ice		
6:00	Off Ice	Elite/Senior Packages	Elite Package		
6:15	Senior Package	5:45 - 6:30 PM	5:45 - 6:30 PM		
6:30	6:00 - 6:45 PM	Off Ice Supernovas		Off Ice Supernovas	
6:45		6:30 - 7:00 PM		6:30 - 7:00 PM	
7:00					