



www.skatesaskatoon.com

SPRING SCHOOL

April 1 2024 – June 28 2024

Email: office@skatesaskatoon.com

Sanctioned by SKATE CANADA

ACT Skating Centre

107 – 105 Street East, Saskatoon, SK S7N 1Z2



IMPORTANT INFORMATION:

Helmet Use Policy - Information for Clubs, Coaches and Parents

CANSKATE GROUP LESSONS: Learn-to-skate Program – Age 3 and over – this is not an adult-tot program

- Hockey or Figure Skates
- For helmet information – see link above
- Working on CanSkate Stages 1-6
- All CanSkate classes have the same content. Skaters are split into groups
- Skaters MUST have skate guards. Rubber or plastic skate guards are preferred rather than cloth
- Skate Saskatoon does not provide skates, guards, helmet, or mitts
- For the younger skaters, gloves or mitts and a metal cage facemask is recommended

ADVANCED PRESTAR GROUP LESSONS:

- Working on CanSkate stages 4-6
- For helmet information – see link above
- Must skate in figure skates
- Must have a coach recommendation and coordinator approval to move from CanSkate into Advanced

Figure Skating Training Program: SUPERNOVAS

- Program Registration requires permission from Director of Skating
 - If interested email Gennady Kaskov, directorofskating@skatesaskatoon.com
- Targeted at younger skaters who want to pursue excellence in Figure Skating
- Package **Includes Group Instruction:**
 - Two instructed group lessons per week – 45 minutes each
 - Two instructed off-ice classes per week – 30 minutes each
 - See Schedules on Pages 14-16
- Receive a **50% discount** on Spring options purchased. See ice, registration and attendance rules on pages 12 and 13 for private lesson requirements.



Total Figure Skating Training Packages:

ELITE

Pre-Novice to Senior Competitive Skaters or permission from the Director of Skating

- Includes Weekly:
 - 4 Freeskate sessions
 - Default sessions are options 11, 29, 65 and 83
 - Skaters can change from the default sessions to any STAR 3 – Gold, STAR 1- Gold or all levels session (on the same day) at no cost until April 16th, after this an administration fee will apply
 - 2 Skills/Edge/Stroking **instructed** group classes
 - 2 Off-ice **instructed** classes
 - See Schedules on Pages 14-16
- Encouraged to register for an additional 4-6 Freeskate options per week.
- Encouraged to register for the STAR 4-Gold Skating Skills/Edges/Spins Saturday mornings.

Additional Benefits of Elite Package:

- **Elite skaters can purchase Sr./Elite options individually.**
- Elite/Sr. and Sr./Elite options are **ONLY** available to Elite or Senior skaters.
- **Receive a 50% discount on additional Spring options purchased.**
- Skate Saskatoon Coaches can “flex” a skater onto any Sr./Elite, STAR 3-Gold or all levels sessions within the same day to accommodate lessons.
- Packages are much better value than buying individual sessions.



Total Figure Skating Training Packages:

SENIOR

Pre-Juvenile to Pre-Novice Competitive Skaters, STAR 5+ (passed STAR 4 FreeSkate both parts) or permission from the Director of Skating

- Includes Weekly:
 - 4 Freeskate sessions
 - Default sessions are options 12, 30, 66 and 85
 - Skaters can change from the default sessions to any STAR 3 – Gold, STAR 1- Gold or all levels session (on the same day) at no cost until April 16th, after this an administration fee will apply
 - 2 Skills/Edge/Stroking **instructed** group classes
 - 2 Off-ice **instructed** classes
 - See Schedules on Pages 14-16
- Encouraged to register for an additional 2-6 Freeskate options per week.
- Encouraged to register for the STAR 4-Gold Skating Skills/Edges/Spins Saturday mornings.

Additional Benefits of Senior Package:

- **Senior skaters can purchase Elite/Sr. options individually.**
- Elite/Sr. and Sr./Elite options are **ONLY** available to Elite or Senior skaters.
- **Receive a 50% discount on additional Spring options purchased.**
- Skate Saskatoon Coaches can “flex” a skater onto any Elite/Sr., STAR 3-Gold or all levels sessions within the same day to accommodate lessons.
- Packages are much better value than buying individual sessions.



Total Figure Skating Training Packages:

INTERMEDIATE

Skaters working on STAR 1- 4; completed Stage 6 CanSkate or permission from the Director of Skating

- Includes Weekly:
 - 2 Freeskate sessions
 - Default sessions are options 32, and 86
 - Skaters can change from the default sessions to any Adv. PreSTAR - Gold or all levels session (on any day) at no cost until April 16th, after this an administration fee will apply
 - Int. & Adv. PreSTAR – Gold Group Edge/Stroking **instructed** group class
 - 1 Off-ice **instructed** class
 - See Schedules on Pages 14-16
- Encouraged to register for an additional 1-3 Freeskate options per week.

Additional Benefits of Group A Package:

- Receive a **50% discount** on additional Spring options purchased.
- Skate Saskatoon Coaches can “flex” a skater onto any, Adv. PreSTAR - Gold or all levels sessions within the same **week** to accommodate lessons.
- Packages are much better value than buying individual sessions.

Supernovas, Elite, Senior and Intermediate run April - June



GROUP SKATING SKILLS/EDGES/SPIN

Available for seasonal registration outside of a skating package

- Group Program including instruction:
 - Focus on: skating skills, edges, turns, speed, spins, musical interpretation
- Classes are available for Advanced - STAR 3 (2 classes) and STAR 4 - Gold

GROUP POWER SKATING LESSONS: U9 and U11 Hockey players, U10 and U12 Ringette players:

- Must skate in hockey skates
- Must have a stick, gloves, helmet and mask
- Other types of equipment are optional (elbow pads, shin pads, shoulder pads, pants etc.)
- Participants have to be born in 2016 or prior and played at least one year of organized hockey/ringette.
- **This is not a learn to skate program**

ADULT PROGRAM:

- Coach supervised but not coach instructed
- Hockey or figure skates

NEW APRIL ADULT CANSKATE CLASS

Adult Group Instructed Learn-to-skate Program – Age 16 and over

- Hockey or Figure Skates
- For helmet information – see link on page 2
- Working on CanSkate Stages 1-6
- Skaters MUST have skate guards. Rubber or plastic skate guards are preferred rather than cloth
- Skate Saskatoon does not provide skates, guards, helmet, or mitts



SPRING SYNCHRO OPTIONS AVAILABLE

OPTION 88 – FRIDAY AT 7:45 – 8:30 PM

- **Synchro Level 1 - Beginner to Pre-Novice - April & May only**
- COACHING NOT INCLUDED IN PURCHASE PRICE - upon registration skater will be invoiced for coaching by program coach, which must be paid in full by the first scheduled session
- Coach will determine level upon registration and communicate any necessary adjustments
- Skaters will practice Synchronized Skating Team stroking to help build strength and unison
- These sessions will include application in required program elements for Synchronized skating including wheels, lines, etc.

OPTION 53 – WEDNESDAY AT 9:00 – 9:45 PM

- **Synchro Level 2 - Pre-Novice to Adult 2 - April - June**
- COACHING NOT INCLUDED IN PURCHASE PRICE - upon registration skater will be invoiced for coaching by program coach, which must be paid in full by the first scheduled session
- Coach will determine level upon registration and communicate any necessary adjustments
- Skaters will enhance strength training in team stroking followed by execution of common elements including pivoting blocks, wheels, transitions, etc.

Single skaters are welcome as well as previous synchro skaters

For program questions email Trish Bobert, Synchro coach at sksk8coach@shaw.ca



All Sessions are BYOC: “Bring Your Own Coach”

- Must be Skate Canada Accredited Coach in good standing
- Non-Skate Saskatoon coaches must get permission from Skate Saskatoon Executive to coach on Skate Saskatoon sessions. Email office@skatesaskatoon.com a minimum of 48 hours in advance. Failure to do so may result in revoking permission on future BYOC Skate Saskatoon sessions.

COACH BOOKABLE ICE:

- Ice time that must be booked by a Skate Canada Coach with Skate Saskatoon a minimum of 48 hours in advance: Email office@skatesaskatoon.com
- Skaters will be invoiced at the Drop-In rate for ice used.
- Once the session has been set up in the system it cannot be exchanged for a different time
- Can be used for program choreography, supplementary lessons etc.
- 15-minute Lesson Ice Tickets are not valid on “Coach Bookable Ice”



Pricing:

1. All skaters are required to have an active Skate Canada Membership, which is valid for one year from Sept. 1, 2023 – Aug. 31 2024 at a cost of \$58.65.
2. Discount Structure for skaters who are choosing not to participate in the group packages, NOTE: Group packages are more cost effective.:
 - a. NOTE: **This discount WILL NOT apply upon checkout**, contact office@skatesaskatoon.com prior to June 2 2024 and a refund for the discount will be refunded to your card or set up as a credit on your member account, based on your stated preference, requests after June 2 2024 will not result in a refund or credit.

Number of April – June Options Purchased for a skater	Discount (Applies to April - June options purchased)
1	0%
2	20%
3-4	30%
5-7	35%
8-9	40%
10	50%

All program fees listed do not include the Skate Canada fee or applicable taxes.

There are no pricing prorations.

There is a \$30 +GST administration fee for any changes to registered skating times outside of the stated exceptions for Elite, Senior and Intermediate skaters. This fee is waived for 10 days at the start of the season.

Discounts DO NOT Stack, the maximum an option can be discounted is 50%.



Program	Details	Cost
CanSkate (including Adult Canskate) & Advanced PreSTAR	April & May: 7 sessions (Saturday)	\$143.00
	April & May: 8 sessions (Monday)	\$164.00
	April & May: 9 sessions (Wednesday or Thursday)	\$184.00
	Classes for April only or June only: 4 sessions	\$82.00
Power Skating	April & May: 9 sessions (Thursday)	\$184.00
	April & May: 8 sessions (Saturday)	\$164.00
Adult Program	See Page 6: April & May	\$116.00
Supernovas Group Program	See Page 2 – April - June	\$530.00
Intermediate Package	See Page 5 – April - June	\$465.00
Senior Package	See Page 4 – April - June	\$725.00
Elite Package	See Page 3 – April - June	\$800.00
Group Skating Skills/Edges/Spin	April – June Advanced -STAR 3: 12 sessions (Friday)	\$169.00
	April & May Advanced-STAR 3: 7 sessions (Saturday)	\$99.00
	April & May STAR 4-Gold: 8 sessions (Saturday)	\$113.00
Options	Costs vary based on number of sessions NOTE: When registering ensure to verify the dates	\$12.00 (per session)
Drop In Buy-On Sessions	See Page 10	\$17.00 (per session)
Coach Bookable Ice	See Page 7	\$17.00 (per session)
15-Minute Lesson Ice Tickets	See Page 10	\$5.00 (per ticket)
Lockers	Subscription effective until June 30 2024	\$25.00



Drop In-Buy on Ice

To buy a drop-in session follow the instructions below:

1. Log into your Skate Saskatoon account.
2. On the Registration Tab click on “Calendar View”.
3. Any options that are available for drop-in will have an icon with an arrow in the top right-hand corner of the calendar box.
4. Click on the option for the session you wish to purchase, and from the pop-up menu select DROP IN.
5. Select the participant from the drop-down menu and date(s) desired to DROP IN, only dates selected and purchased in this manner are acceptable, **no swapping of DROP In purchases for different dates.**
6. Click “ADD” to add the DROP IN purchases to your cart.
7. Programs that do not allow for drop-in will not have the icon.

Notes:

- Skaters must have the 23-24 Skate Canada membership. If this is not already in place it will be automatically added at checkout. See the pricing section for further information
- Skaters must be at the appropriate level for the session they are buying
- Must be purchased prior to skating

15-Minute Lesson Ice Tickets

- Must be in a private lesson to use this ticket – private coaching fees not included
- Must have a current season registration in group lessons
- 15-minute tickets must be purchased prior to usage
- Coach, date, and option number are required to be completed in order to finalize the purchase
- Maximum TWO tickets per day
 - Exception: Three tickets can be used for private lessons arranged on Supernovas sessions
- Only valid on Adv. PreSTAR – Gold, All Levels Options or Supernovas sessions
- Only valid for skaters below STAR 3
- Not valid on Coach Bookable Ice
- Tickets expire at the end of the season



Ice, Registration and Attendance Rules

1. Skaters who have not yet **PASSED** the complete STAGE 3 of CanSkate **MUST** also be registered in CanSkate group lessons in the current season to be eligible for non-group programming (private lessons), including using 15-minute lesson ice tickets.
 - Skaters who have not yet passed Stage 3 of CanSkate are required to be in a lesson while on the ice (private or group).
 - Exception: Skaters registered in U7, or older hockey are eligible for All Levels sessions provided they are in a lesson (for the entire time they are on the ice), without having passed CanSkate STAGE 3, but are not eligible for 15-minute lesson ice tickets unless also registered in a Skate Saskatoon Group Program.
2. Parents are not allowed in the ice area or off ice room without instructor permission. Parents are not allowed to provide instruction to a skater from the viewing gallery. Interrupting focus during a moving session is considered dangerous.
3. Only skaters and coaches or authorized persons may enter the music room. Parents are not allowed.
4. All skaters must follow session music rules:
 - a. Each Coach is allowed 1 solo per 15 minutes of Freeskate session. If solo has been stopped, the skater loses their privilege and will have to move to the back of the line to have their music played again.
 - If more than one coach is requesting solo music, a skater not in a lesson will be permitted to play their music in-between the two lesson solos.
5. No program should start within two minutes of the session's end time. All the solos should have a time commitment. Skaters should be allowed to finish their program.
6. Right away on the ice
 - Run through soloist with music playing
 - Private lessons
 - Skaters competing
7. Skaters must not enter the ice prior to the session start time and must exit the ice at the time the session ends.
8. No food or drink (except water bottles) permitted in the ice or off ice areas.
9. No swearing, temper tantrums or improper behavior during any sessions or in the building.
10. No standing or grouping on ice.
11. Do not put others at risk by kicking or lying on the ice. Do not stand or coast in the middle of the ice. Be aware of other skaters and the pace of the session.
12. No tying skates on the ice session. Head down is considered dangerous.
13. No Earbuds or headphones are permitted on the ice (Exception: Skate Canada coaches using them to choreograph programs, NOTE: the coach can wear the earbud, NOT the skater).
14. Any skaters skating on a session without proper registration will be asked to leave the session immediately.
15. No swapping or exchanging sessions.
16. All Levels, CanSkate and Adult sessions: Hockey or Figure skates
 - All other sessions require figure skates.
17. Private Group lessons
 - Maximum of 4 skaters per coach, Skate Saskatoon coaches only
 - Maximum of 2 skaters per coach, non-club coaches
18. Pairs/Dance is permitted on sessions with fewer than 10 registered skaters (including the pair/dance



- team).
19. Director of Skating has the right to place a skater on another session or different package due to skater's competitive record, skater's work ethic or skater's technical ability.
 20. On ice and Off ice group lesson instructors have the right to dismiss skaters for lateness or disruptive behavior.
 21. Skate Saskatoon reserves the right to revoke privileges of participants who do not follow guidelines or policies.
 22. Skate Saskatoon reserves the right to modify or cancel programs or options at any time. Skate Saskatoon will provide as much cancellation notice as possible via email, the website and on social media. Please ensure your Uplifter account settings allow emails from Skate Saskatoon.
 23. Skate Saskatoon is not required to provide makeup sessions or refunds for sessions missed as a result of unforeseen circumstances.
 24. A Skate Canada Coach, plus at least one skater, must be in the building for the session to occur. Skater(s) must exit the ice if this requirement is not met. No refunds or make up sessions are provided.
 25. BYOC – Bring Your Own Coach (must be Skate Canada Accredited Coach in good standing). Non-Skate Saskatoon coaches must request permission to coach BYOC sessions by emailing office@skatesaskatoon.com. Failure to do so may result in revoking permission on future BYOC Skate Saskatoon sessions.
 26. For CanSkate and Advanced PreSTAR group lessons, parents/guardians or designated supervising adults are responsible for their child(ren) at all times when they are not on the ice, including before and after their scheduled group lesson. Parents/guardians or designated supervising adults must remain at the skating facility during the group lesson, in the event that the child requires assistance off the ice.
 27. Skate Saskatoon welcomes children spectators to build interest in the sport. Children spectators must be supervised at all times.

Important Dates:

Friday April 5 - Sk. Showcase 12 pm – 5 pm

Saturday April 6 - Sk. Showcase 10 am – 5 pm

Sunday April 7 - Sk. Explore Dance & Synchro Seminar 9 am – 12 pm

Monday May 20 Victoria Day – Closed

Closed on Sundays in May and June

Closed on Saturdays in June

Assessment Day to be announced

Seminar to be announced



Schedule is subject to change		SKATE SASKATOON ON ICE SCHEDULE Spring 2024 - April 1 - May 31					
Times	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
7:30	Ice not available (maintenance)	Option 19	Option 37	Option 55	Option 73	Option 92 All Levels 8:15 - 9:00 STAR 4-Gold Skating Skills/Edges/Spins 9:00 - 9:45 FLOOD CanSkate #4 Hockey or Figure Skates 10:00 - 10:45 CanSkate #5 Hockey or Figure Skates 10:45 - 11:30 Advanced PreSTAR Group Lessons #3 11:30 - 12:15 FLOOD Option 97 All Levels 12:30 - 1:15 Option 98 All Levels 1:15 - 2:00 Option 99 All Levels 2:00 - 2:45 FLOOD Option 100 All Levels 3:00 - 3:45 Option 101 All Levels 3:45 - 4:30 Advanced - STAR 3 Skating Skills/Edges/Spins 4:30 - 5:15 FLOOD Group Power Skating #2 5:30 - 6:15 ADULT Program 6:15 - 7:00 FLOOD Club Specific Programming 7:15 - 8:30	APRIL ONLY
7:45		All Levels	All Levels	All Levels	All Levels		
8:00		7:30 - 8:30	7:30 - 8:30	7:30 - 8:30	7:30 - 8:30		
8:15		Option 20	Option 38	Option 56	Option 74		
8:30		All Levels	All Levels	All Levels	All Levels		
8:45		8:30 - 9:15	8:30 - 9:15	8:30 - 9:15	8:30 - 9:15		
9:00		Option 21	Option 39	Option 57	Option 75		
9:15		Coach Bookable Ice	Coach Bookable Ice	Coach Bookable Ice	Coach Bookable Ice		
9:30		9:15 - 10:00	9:15 - 10:00	9:15 - 10:00	9:15 - 10:00		
9:45		FLOOD	FLOOD	FLOOD	FLOOD		
10:00		Option 22	Option 40	Option 58	Option 76		
10:15		Coach Bookable Ice	Coach Bookable Ice	Coach Bookable Ice	Coach Bookable Ice		
10:30		10:15 - 11:00	10:15 - 11:00	10:15 - 11:00	10:15 - 11:00		
10:45		Option 23	Option 41	Option 59	Option 77		
11:00		Coach Bookable Ice	Coach Bookable Ice	Coach Bookable Ice	Coach Bookable Ice		
11:15	FLOOD	11:00 - 11:45	11:00 - 11:45	11:00 - 11:45	11:00 - 11:45		
11:30		Option 6	Option 24	Option 42	Option 60		
11:45		Coach Bookable Ice	Coach Bookable Ice	Coach Bookable Ice	Coach Bookable Ice		
12:00		11:45 - 12:30	11:45 - 12:30	11:45 - 12:30	11:45 - 12:30		
12:15		Option 7	Option 25	Option 43	Option 61		
12:30	Coach Bookable Ice	12:30 - 1:15	12:30 - 1:15	12:30 - 1:15	12:30 - 1:15		
12:45		FLOOD	FLOOD	FLOOD	FLOOD		
1:00		Option 8	Option 26	Option 44	Option 62		
1:15		Coach Bookable Ice	Coach Bookable Ice	Coach Bookable Ice	Coach Bookable Ice		
1:30		1:30 - 2:15	1:30 - 2:15	1:30 - 2:15	1:30 - 2:15		
1:45	Option 9	Option 27	Option 45	Option 63	Option 81		
2:00		STAR 3 - Gold	STAR 3 - Gold	STAR 3 - Gold	STAR 3 - Gold		
2:15		2:15 - 3:00	2:15 - 3:00	2:15 - 3:00	2:15 - 3:00		
2:30		Option 10	Option 28	Option 46	Option 64		
2:45		STAR 3 - Gold	STAR 3 - Gold	STAR 3 - Gold	STAR 3 - Gold		
3:00	Option 11	Option 29	Option 48	Option 65	Option 83		
3:15		Elite/Senior Freeskate	Elite/Senior Freeskate	Elite/Senior Freeskate	Elite/Senior Freeskate		
3:30		4:00-4:45	4:00-4:45	4:00-4:45	4:00-4:45		
3:45		Option 12	Option 30	Option 66	Elite/Senior Edges/Skills		
4:00		Senior/Elite Freeskate	Senior/Elite Freeskate	Senior/Elite Freeskate	Senior/Elite Freeskate		
4:15	Option 13	Option 31	Option 49	Option 67	Option 84		
4:30		Elite Edges/Skills	Elite Edges/Skills	Elite Edges/Skills	Elite Edges/Skills		
4:45		4:45 - 5:30	4:45 - 5:30	4:45 - 5:30	4:45 - 5:30		
5:00		Option 14	Option 50	Option 68	Option 85		
5:15		Senior Edges/Skills	Senior Edges/Skills	Senior Edges/Skills	Senior Edges/Skills		
5:30	Option 15	Option 32	Option 51	Option 69	Option 86		
5:45		Supernovas	Supernovas	Supernovas	Supernovas		
6:00		5:30 - 6:15	5:30 - 6:15	5:30 - 6:15	5:30 - 6:15		
6:15		CanSkate #1	CanSkate #2	CanSkate #3	CanSkate #4		
6:30		Hockey or Figure Skates	Hockey or Figure Skates	Hockey or Figure Skates	Hockey or Figure Skates		
6:45	Option 16	Option 33	Option 52	Option 70	Option 87		
7:00		Intermediate	Intermediate	Intermediate	Intermediate		
7:15		6:30 - 7:15	6:30 - 7:15	6:30 - 7:15	6:30 - 7:15		
7:30		Option 34	Option 53	Option 71	Option 88		
7:45		Adv. PreSTAR - Gold	Adv. PreSTAR - Gold	Adv. PreSTAR - Gold	Adv. PreSTAR - Gold		
8:00	Option 17	Option 35	Option 54	Option 72	Option 89		
8:15		7:15 - 8:00	7:15 - 8:00	7:15 - 8:00	7:15 - 8:00		
8:30		Option 36	Option 55	Option 73	Option 90		
8:45		STAR 1 - Gold	STAR 1 - Gold	STAR 1 - Gold	STAR 1 - Gold		
9:00		8:00 - 8:45	8:00 - 8:45	8:00 - 8:45	8:00 - 8:45		
9:15	Option 18	Option 37	Option 56	Option 74	Option 91		
9:30		All Levels	All Levels	All Levels	All Levels		
9:45		9:00-9:45	9:00-9:45	9:00-9:45	9:00-9:45		
10:00		FLOOD	FLOOD	FLOOD	FLOOD		
10:15		Option 38	Option 57	Option 75	Option 92		



Schedule is subject to change		SKATE SASKATOON ON ICE SCHEDULE Spring 2024 - June 3 - June 28			
Times	Monday	Tuesday	Wednesday	Thursday	Friday
7:30	Ice not available (maintenance)	Option 19	Option 37	Option 55	Option 73
7:45		All Levels	All Levels	All Levels	All Levels
8:00		7:30 - 8:30	7:30 - 8:30	7:30 - 8:30	7:30 - 8:30
8:15					
8:30		Option 20	Option 38	Option 56	Option 74
8:45		All Levels	All Levels	All Levels	All Levels
9:00		8:30 - 9:15	8:30 - 9:15	8:30 - 9:15	8:30 - 9:15
9:15		Option 21	Option 39	Option 57	Option 75
9:30		Coach Bookable Ice	Coach Bookable Ice	Coach Bookable Ice	Coach Bookable Ice
9:45		9:15 - 10:00	9:15 - 10:00	9:15 - 10:00	9:15 - 10:00
10:00		FLOOD	FLOOD	FLOOD	FLOOD
10:15		Option 22	Option 40	Option 58	Option 76
10:30		Coach Bookable Ice	Coach Bookable Ice	Coach Bookable Ice	Coach Bookable Ice
10:45		10:15 - 11:00	10:15 - 11:00	10:15 - 11:00	10:15 - 11:00
11:00		Option 23	Option 41	Option 59	Option 77
11:15		Coach Bookable Ice	Coach Bookable Ice	Coach Bookable Ice	Coach Bookable Ice
11:30	FLOOD	11:00 - 11:45	11:00 - 11:45	11:00 - 11:45	11:00 - 11:45
11:45	Option 6	Option 24	Option 42	Option 60	Option 78
12:00	Coach Bookable Ice	Coach Bookable Ice	Coach Bookable Ice	Coach Bookable Ice	Coach Bookable Ice
12:15	11:45 - 12:30	11:45 - 12:30	11:45 - 12:30	11:45 - 12:30	11:45 - 12:30
12:30	Option 7	Option 25	Option 43	Option 61	Option 79
12:45	Coach Bookable Ice	Coach Bookable Ice	Coach Bookable Ice	Coach Bookable Ice	Coach Bookable Ice
1:00	12:30 - 1:15	12:30 - 1:15	12:30 - 1:15	12:30 - 1:15	12:30 - 1:15
1:15	FLOOD	FLOOD	FLOOD	FLOOD	FLOOD
1:30	Option 8	Option 26	Option 44	Option 62	Option 80
1:45	Coach Bookable Ice	Coach Bookable Ice	Coach Bookable Ice	Coach Bookable Ice	Coach Bookable Ice
2:00	1:30 - 2:15	1:30 - 2:15	1:30 - 2:15	1:30 - 2:15	1:30 - 2:15
2:15	Option 9	Option 27	Option 45	Option 63	Option 81
2:30	STAR 3 - Gold	STAR 3 - Gold	STAR 3 - Gold	STAR 3 - Gold	STAR 3 - Gold
2:45	2:15 - 3:00	2:15 - 3:00	2:15 - 3:00	2:15 - 3:00	2:15 - 3:00
3:00	Option 10	Option 28	Option 46	Option 64	Option 82
3:15	STAR 3 - Gold	STAR 3 - Gold	STAR 3 - Gold	STAR 3 - Gold	STAR 3 - Gold
3:30	3:00 - 3:45	3:00 - 3:45	3:00 - 3:45	3:00 - 3:45	3:00 - 3:45
3:45	FLOOD	FLOOD	FLOOD	FLOOD	FLOOD
4:00	Option 11	Option 29	Option 48	Option 65	Option 83
4:15	Elite/Senior Freeskate	Elite/Senior Freeskate	Elite/Senior FreeSkate	Elite/Senior Freeskate	Elite/Senior Freeskate
4:30	4:00-4:45	4:00-4:45	4:00 - 5:00	4:00 - 4:45	4:00-4:45
4:45	Option 12	Option 30	Elite Edges/Skills 5:00 - 5:30	Option 66	Elite/Senior Edges/Skills 4:45 - 5:15
5:00	Senior/Elite Freeskate	Senior/Elite Freeskate		Senior/Elite Freeskate	Option 85
5:15	4:45 - 5:30	4:45 - 5:30		4:45 - 5:30	Senior/Elite Freeskate
5:30	Senior Edges/Skills	Supernovas	FLOOD	Supernovas	5:15 - 6:00
5:45	5:30 - 6:00	5:30 - 6:15	CanSkate J2 Hockey or Figure Skates	5:30 - 6:15	FLOOD
6:00	FLOOD				
6:15	CanSkate J1	FLOOD	5:45 - 6:30	FLOOD	Option 86
6:30	Hockey or Figure Skates	Option 32	Option 50 - June only	Advanced PreSTAR	Intermediate
6:45	6:15 - 7:00	Intermediate	All Levels	Group Lessons J1	6:15 - 7:00
7:00	Option 14 - June only	6:30 - 7:15	6:30 - 7:15	6:30 - 7:15	Intermediate & Adv - STAR 3
7:15	All Levels	Option 33	Option 51	Option 69	Group Skills/Edges
7:30	7:00 - 7:45	Adv. PreSTAR - Gold	Adv. PreSTAR - Gold	All Levels	7:00 - 7:45
7:45	Option 15	7:15 - 8:00	7:15 - 8:00	7:15 - 8:00	Option 88J - June only
8:00	All Levels	Option 34	FLOOD	Option 70	All Levels
8:15	7:45 - 8:30	STAR 1 - Gold	Option 52	STAR 1 - Gold	7:45 - 8:30
8:30	FLOOD	8:00 - 8:45	All Levels	8:00 - 8:45	FLOOD
8:45	Option 16	FLOOD	8:15 - 9:00	FLOOD	Option 89
9:00	All Levels	Option 35	Option 53	Option 71 - June only	All Levels
9:15	8:45 - 9:30	All Levels	Synchro Level 2	All Levels	8:45 - 9:30
9:30	Option 17	9:00-9:45	9:00 - 9:45	9:00 - 9:45	
9:45	All Levels				
10:00	9:30 - 10:15				



	Schedule is subject to change		SKATE SASKATOON OFF ICE SCHEDULE Spring 2024 - April 1 - June 28		
Times	Monday	Tuesday	Wednesday	Thursday	Friday
4:30					
4:45					
5:00					
5:15					
5:30					
5:45		Off Ice	Off Ice		
6:00		Elite & Sr. Packages	Elite Package		
6:15		5:45 - 6:30 pm	5:45 - 6:30 pm		Off Ice
6:30		Off Ice Supernovas	Off Ice Inter. Package	Off Ice Supernovas	Senior Package
6:45		6:30 - 7:00 pm	6:30 - 7:00	6:30 - 7:00 pm	6:00-6:45
7:00					
7:15					
7:30					
7:45					