

FALL 2021
OPTION/SYNCHRO PROTOCOL

1. Masking:
 1. **Required by all parties (coaches, skaters, staff, spectators) at all times while in the facility – see points 2 - 6**
 2. Not required by skaters under the age of 18 while involved in skating activities (exceptions below)
 3. Required during harness lessons
 4. Required in partnered dance lessons
 5. Required in synchro when there is physical contact
 6. Required by skaters 18 years and older
2. Arrival and Departure:
 1. Skaters or spectators are expected NOT to enter the building if they are feeling unwell
 - (a) The previously required health screening questionnaire is no longer required; however, individuals should not enter the building if feeling unwell or have recently been in close contact with a known case of Covid-19 and are not fully vaccinated for Covid-19 (minimum of 14 days past the date of the second dose of a Covid-19 vaccine)
 2. **Arrival is through the main doors and departure is through the "exit" door down the east hallway (follow the arrows on the floor)**
 3. **Arriving "rink ready" is recommended for skaters, and as only skaters (no guardians/parents) are permitted in the dressing rooms anyone requiring assistance with skate tying must arrive "rink ready" with skates on**
 4. Hand sanitizer is provided at the entrance and exit and its use is encouraged
 5. Belongings brought into the rink should be kept to a minimum. Any belongings may be placed on the ground next to the pylon at the far end of the rink during the skating session
 6. The building is not to be entered until 10 minutes prior to the skating session start time
3. Spectators:
 1. Masks are required to be worn at all times
 2. One spectator per active participant is permitted to watch from the spectator area (blue seats)
 - (a) When possible, an empty seat should be left between spectators to help maintain some physical distancing
 - (b) Spectators are to remain seated during the session and are not permitted in the dressing rooms
 3. No food or drink permitted in the spectator area
4. The washrooms in the change rooms are closed. No lockers are to be used
5. When possible, physical distancing should be maintained by all parties