

Winter 2020-2021 GROUP PROGRAMS

Location: ACT Arena 107 – 105th St. East

Saskatoon, SK

S7N 1Z2

October 5 TERM 1 GROUP LESSONS BEGIN

November 11 Rink closed until 12:00 pm (regular schedule for the rest of the day)

December 20 Final date of Group Lessons Term 1

December 24, 31 Rink Closed at 4:00p.m.

Dec 25, 26, Jan. 1 Rink Closed

January 3 TERM 2 GROUP LESSONS BEGIN

March 20,21 SEMINAR – ELVIS STOJKO - Adv PreSTAR - Gold Skaters...Times TBD

April 2 Rink Closed

April 3 Final date of Group Lessons Term 2

Club Manager: Blaise Kirchgesner

(clubmanager@skatesaskatoon.com)

For any questions email office@skatesaskatoon.com

Website: www.skatesaskatoon.com

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GROUP PROGRAMS OFFERED:

Parent and Tot CanSkate

- Learn to Skate where parent can be on the ice with their child
- No age restriction for the child
- Hockey or figure skates
- Both child and parent must wear a helmet

CanSkate

- Learn to Skate
- Hockey or figure skates
- Participants are split into groups on the ice

Due to current restrictions by Skate Canada and Saskatchewan Health in order to participate in CanSkate the follow criteria must be met:

- (i) the participant must be four years of age or older
- (ii) the participant must be able to get up and stand/walk/skate WITHOUT ANY PHYSICAL ASSISTANCE
- (iii) the participant must have a clear understanding of the concept of physical distancing
- (iv) the participant must be able to go to the washroom independently

Advanced PreSTAR & STAR 1 & 2

- Working on CanSkate Stages 4 6 and STAR 1 & 2 FreeSkate
- To participate in the Advanced program the skater must have received an advancement letter from the coaches or the skater has previously skated in the Advanced program
- Must skate in figure skates



Novice and Atom Power Skating

- Must have a stick, gloves, helmet and mask.....all other types of equipment are optional (elbow pads, shin pads, shoulder pads, pants, etc.)

Stroking STAR 1 -5 & Pre-Juvenile

- focus on edges, turns, rhythm, musicality, skating skills, stroking, balance.... all done in a fun environment

Adult Program

- Coach supervised but not coach instructed
- Wide range of skill
- See below note under how to register

Key Points:

- All group programs detailed above, with exception of stroking and adult, have two terms in winter. The registration for each term is a separate registration.
- All classes of the same type have consistent content. The letters or numbers are solely used to distinguish class times. See the winter schedule for class times being offered. The times are the same in both terms.
- With current restrictions spectators are not allowed. Detailed instructions will be provided ahead of season commencement regarding the plan for the participants to have assistance getting ready for class.
- Missed lessons may not be substituted into another session time.
- Helmets and skates are not provided by Skate Saskatoon.
- All participants must wear a CSA approved helmet until completion of Stage 5. See the Helmet Policy under policies on the website.
- Skates must provide strong ankle support.



PRIVATE OR SEMI-PRIVATE LESSONS— Those wanting private or semi-private lessons (**maximum** of **two skaters**) in addition to the group program should contact a professional coach. For a listing of the Skate Saskatoon Club Coaches, please visit our website at www.skatesaskatoon.com. Once a coach is chosen indicate your coach under the participant profile. Payment for the lessons are made directly to the coach(s) you choose. The lessons would be scheduled based on the time of a suitable ice option. The ice option(s) has to be purchased through Skate Saskatoon. CanSkate Stage 1 – 6 skaters can only purchase options that include Advanced PreSTAR or STAR 1 designations and the skater MUST be in a lesson at all times.

HOW TO REGISTER

- To Register you will need: email address and a credit card
- If you are already a Skate Saskatoon member proceed to your shopping cart
- If you are not already a Skate Saskatoon member: Login to www.skatesaskatoon.com and create a member account
- Add members of your family who are wishing to skate as participants under your member account
- Click on registration
- Filter Your search by entering
 - o Winter 2020-2021 as the season
 - Category CanSkate or
 - Stroking STARSkate
- Register the participant in the program
- Continue by clicking on "Register for more programs" to register additional participants or for more programs.
- Once you are finished, select "Confirm & Register"
- If you have selected the wrong item and it has entered your shopping cart, click on the grey garbage bin next to the item to delete it from your cart
- Complete the special circumstance and emergency contact information requirements. This is required prior to finalization of the transaction
- Enter your payment information
- Your invoice will be emailed to your email address and is considered confirmation of registration
- To complete the adult program registration after registering for the program you must purchase
 <u>Adult Class Winter 2020-2021 Saturday 6:15PM 7:00PM</u> under products to close out
 the invoice