## **INSTRUCTIONS FOR GUARDIANS AND SKATERS FOR POWERSKATING**

## Group #1 Saturday 5 PM / Group #2 Sunday 4 PM

1. Arrive at the arena 10-15 minutes before the start of the session.

2. Use the main doors. Skaters and guardians MUST NOT enter the building if they are unable to answer NO to all of the covid screening questions - posted at the rink entrance and on the homepage of skatesaskatoon.com

3. Only ONE (1) adult permitted with each skater (no extra family members).

4. A cloth or medical facemask MUST be worn by everyone who enters the building (lobby, dressing rooms, hallway). On the ice, the mask is OPTIONAL. Sanitize hands upon entry and exit of the building.

5. The guardian and skater follow the arrows to the dressing rooms (1-4), and goes into a dressing room, staying inside the red-taped floor area. There are 4 red-taped areas per dressing room. Once the child has his/her skates tied, the parent follows the arrows and exits out the back door. The bag, shoes, etc can remain in the dressing room during the session.

6. Skaters will remain in the dressing room until checked in by the coach and given permission to go on the ice.

7. FIVE minutes prior to the end of the session, the guardian will re-enter the building and go directly to the same spot in the dressing room – your child will meet you in the dressing room. The guardian will assist the skater to take off equipment, and both will follow the arrows and exit out the back doors.

## **REMINDERS:**

-No spectators; Washrooms in the dressing rooms are closed; Public washrooms are available in the east hallway.

-FULL HOCKEY equipment is OPTIONAL.

-MANDATORY equipment – hockey skates; facemask and cage; stick; hockey gloves. Some skaters also wear elbow and shin pads. Water bottle is optional.

-We will practice proper social distancing in the lobby, dressing rooms, and on the ice.

If you have any questions, please email clubmanager@skatesaskatoon.com