



Power Skating

Winter Term 1 2026 | October- December

PowerSkate helps hockey and ringette players build strong skating fundamentals through expert instruction. Skaters improve speed, edge control, acceleration, agility, and overall skating efficiency.

Program Details

- For skaters participating in Winter 2026/2027 Season of U9/U11 Hockey, U13/U15 Hockey, U12 Ringette, and U14/16 Ringette. Must have played at least 1 year of organized hockey/ringette.
- **GROUP A:** U13/U15 Hockey and U14/U16 Ringette
- **GROUP B:** U9/U11 Hockey and U12 Ringette.
- Friday and Sunday are group skating lessons that are coached by a Skate Canada NCCP certified coach.
- Wednesday evening is an open power skating session where skaters can arrange for private lessons with a Skate Saskatoon Coach. Please email the Director or skating directorofskating@skatesaskatoon.com if you require coach.
- **NOTE:** Skaters registered in U7 or older hockey may participate in Mixed Levels or Power Skating Open sessions without having passed CanSkate Stage 3, provided they are in a lesson for the **entire duration** of the session.

Equipment Required

- Hockey skates, stick, gloves, and helmet with face mask.
- CSA approved hockey helmets are mandatory for Power Skating. [Helmet Info Found Here.](#)
- Rubber or plastic skate guards

Optional but preferred: Elbow pads, shin pads, shoulder pads, pants etc.

Not Permitted: Pucks or ringette rings

Winter Term 1 2026 Schedule Options

11	Session Name	#of Sessions	Cost	Start Date	End Date
Wednesday 9:00-9:45 pm	Option 53 Power Skating Open	11 sessions	\$132 OR \$17 for a drop in session (coaching will be billed separately)	October 7	December 23
Friday 7:00-7:45 am	Group A Power Skating #1	11 sessions	\$235	October 9	December 18
Friday 7:45-8:30 am	Group B Power Skating #2	11 sessions	\$235	October 9	December 18
Sunday 3:45 – 4:30 pm	Group A Power Skating #3	11 sessions	\$235	October 11	December 20
Sunday 4:30 – 5:15 pm	Group B Power Skating #4	11 sessions	\$235	October 11	December 20



[VIEW WINTER TERM 1 SCHEDULE](#)

NOTE: THE RINK IS CLOSED AND THERE ARE NO SESSIONS ON THE FOLLOWING DATES:

- **Monday, OCTOBER 12 (Thanksgiving)**
- **Wednesday, NOVEMBER 11 (Remembrance Day)**

The session cost, program fees, and final session dates listed in the chart above already account for all scheduled rink closures.

Important Program Notes

- Parents/guardians or a designated supervising adult must remain at the facility during the lesson.
- Parents are not permitted in the ice area, off-ice room or music room unless authorized.

Registration Information

- **Skate Canada Membership:** All skaters must have an active Skate Canada membership in addition to the program fee. The mandatory annual membership fee of \$78.20 per registrant will be added at registration and is valid from September 1-August 30.
- Skaters must register only for sessions appropriate to their level.
- No pricing prorations.
- Once registration is complete, all registered times can be located within your member account **“Participant Profile”** by selecting and viewing **“Calendar”** tab. Verification of all option dates by checking your profile calendar is recommended.
- There is a \$30 + GST administration fee for any changes made to registered skating times after October 15, 2026.
- Go to www.skatesaskatoon.com, log in OR create an account, choose your program, complete payment.
- **NEED HELP?** View our step-by-step guide how to register:



HOW TO REGISTER

View step-by-step instructions.

[CLICK HERE TO VIEW →](#)

Ice, Registration and Attendance Rules

- Your skater's safety and well-being are our utmost priority. Please make sure both parents and skaters review the Ice, Registration, and Attendance Rules linked below.



ICE, REGISTRATION & ATTENDANCE RULES

[CLICK HERE TO VIEW →](#)