

Prospect Program Simulations

Individual one-to-one feedback will be replaced with group education sessions held off-ice.

Event Dates

Sat, Nov 14, 2026

8:00am - 6:00pm

STAR 2 and Up & Pre-Juvenile and UP

Event Location

Regina - Cooperator's Centre



An opportunity to experience performing your program in a setting similar to an actual competition as you prepare for the upcoming season.

Each skater will be scheduled for a practice time with their coach, followed by a free program simulation. The day will be structured to feel as much like a competition as possible, giving you the opportunity to practice performing your program under competition-like conditions.

Skaters are required to wear their competition dress and/or competition outfit for the free program simulation. This will allow skaters to practice feeling comfortable and confident in their competition attire.

Following the free program simulation, there will be a group on-ice session with a judge. The judge will provide feedback, information, and helpful suggestions in a group setting.

This day is designed to be informative, educational, and a valuable trial run for your free program. It is also a great opportunity to gain experience performing on clear ice, practicing your competition warm-up and cool-down, and receiving feedback early in the season.

Registration Fee \$100.00

Online registration closes 9:00 PM CST-SK Wednesday, October 28th, 2026.

Link: <https://skatesask.com/events/prospect-program-simulations>