

Spring 2025 March 31, 2025 To June 27, 2025 Brochure

www.skatesaskatoon.com

Email: office@skatesaskatoon.com

Sanctioned by SKATE CANADA

ACT Skating Centre

107 – 105 Street East, Saskatoon, SK S7N 1Z2



Skate Saskatoon Program Information

CANSKATE GROUP LESSONS: <u>Learn-to-skate Program – Age 3 and over</u>

- Working on CanSkate stages 1 -6. **This is not an adult-tot program **
- Classes highlighted in yellow on the schedule.
- Hockey or Figure Skates.
- Helmet information can be found here .
- Skaters MUST have skate guards. Rubber or plastic skate guards are preferred rather than cloth guards.
- Skate Saskatoon does not provide skates, guards, helmet, or mitts.
- For the younger skaters, gloves or mitts and a metal cage facemask is recommended.

NEW: TEEN LEARN TO SKATE GROUP LESSONS:

- Age 11 -17
- Class in April on Sundays at 10:45am, highlighted in yellow on the schedule.
- Hockey or Figure Skates.
- Helmet information can be found here .
- Skaters MUST have skate guards. Rubber or plastic skate guards are preferred rather than cloth guards.
- Skate Saskatoon does not provide skates, guards, helmet, or mitts.

ADULT LEARN TO SKATE GROUP LESSONS:

- Age 18 and over
- Class in April on Sundays at 11:30am, highlighted in yellow on the schedule.
- Hockey or Figure Skates.
- Helmet information can be found here .
- Skaters MUST have skate guards. Rubber or plastic skate guards are preferred rather than cloth guards.
- Skate Saskatoon does not provide skates, guards, helmet, or mitts

POWER SKATING GROUP LESSONS:

- U9 and U11 hockey players; U10 and U12 ringette players
- Must skate in hockey skates.
- Must have a stick, gloves, helmet and hockey face mask.
- Other types of equipment are optional (elbow pads, shin pads, shoulder pads, pants etc.).
- Must have registered for U9/U11 hockey or U10/U12 ringette for the 2024/2025 year.
- Must have played at least one year of organized hockey/ringette.
- **This is not a learn to skate program**



Figure Skating Training Program - Group Packages

- Recommended for optimal skater development.
- Skater level is based on level at the start of the season March 31 2025.
 - o For questions email <u>directorofskating@skatesaskatoon.com.</u>

JUNIOR PREP GROUP PROGRAM (MARCH 31 – JUNE 25)

- Working on CanSkate stages 4-6.
- Helmet information can be found here .
- Must skate in figure skates.
- Package includes 3 Group Instructed classes two on ice (Monday and Wednesday) and one off ice (Monday) highlighted in dark orange on the on ice and off ice schedules on Pages 14-17 of this brochure.
- The on ice classes are available for separate registration if the package doesn't work for a skater. The package is recommended.
- Must have a coach recommendation and coordinator approval to advance from CanSkate into Junior Prep.
- Receive a 50% discount on Spring options purchased, including drop in registrations or coach bookable ice.

JUNIOR EXCEL GROUP PROGRAM (APRIL 1- JUNE 20)

- The Junior Excel Figure Skating Group Program is designed specifically for talented young skaters eager to elevate their skills and artistry on the ice. Participants will learn from experienced coaches who specialize in developing young athletes, focusing on advanced techniques such as jumps, spins, and footwork tailored for their age group. Our supportive environment not only boosts confidence and discipline but also encourages teamwork. With smaller class sizes, each skater receives personalized attention and a tailored experience, ensuring they get the most out of their training. We pride ourselves on fostering a positive and encouraging atmosphere that nurtures a love for the sport, all while providing access to state-of-the-art facilities for optimal training. Join us and watch your child shine on the ice!
- Program Registration requires permission from Director of Skating:
 - If interested contact Director of Skating Natasha Taylor at directorofskating@skatesaskatoon.com.
- Package includes 4 Group Instructed classes two on ice and two off ice and 1 Freeskate session (Option 84). Sessions highlighted in pink on the on ice and off ice schedules on Pages 14 - 17 of this brochure. The Freeskate time does not include instruction. Private lessons are arranged by the





Director of Skating, Natasha Taylor, at an additional cost. Email Natasha at directorofskating@skatesaskatoon.com.

 Receive a 50% discount on additional Spring options purchased, including drop in registrations or coach bookable ice.

INTERMEDIATE (MARCH 31 – JUNE 20)

- Skaters working on STAR 1-5; completed Stage 6 CanSkate
- Includes Weekly:
 - 2 Freeskate sessions
 - Default sessions are options 50 and 85
 - Skaters can change from the default sessions to Option 15, any Figure Skating Open or All levels session (on any day) at no cost until the end of the day April 14th, after this an administration fee will apply. The change is for the season.
 - Includes on ice and off ice Group instruction as shown on the schedules on Pages 14-17 of this brochure (On Ice classes are Intermediate Tuesday and Friday; Off ice classes are Intermediate Monday and Wednesday).
 - Skaters can change their Monday 7 pm Jumps class to the Thursday 5:40 pm Yoga class STAR 3 & higher (Must have passed STAR 3 Freeskate both parts), at no cost until the end of the day April 14th. After this an administration fee will apply. The change is for the season.
 - The registered times are also presented when you are logged into your member account and select calendar under the participant profile.

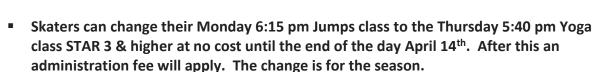
Additional Benefits of Intermediate Package:

- Receive a 50% discount on additional Spring options purchased, including drop in registrations or coach bookable ice.
- Skate Saskatoon Coaches can "flex" a skater onto any Coach Bookable Session, Figure Skating Open or All Levels sessions within the same **week** to accommodate lessons.

SENIOR (MARCH 31 – JUNE 19)

- Pre-Juv to Juv Competitive Skaters, STAR 6+ (passed STAR 5 Freeskate both parts)
- Includes Weekly:
 - 4 Freeskate sessions
 - Default sessions are options 12, 30, 48 and 66
 - Skaters can change from the default session to any level appropriate regular session on the same day, with exception of an option included with a package, at no cost until the end of the day April 14th. After this an administration fee will apply. The change is for the season.
 - o Includes on ice and off ice group instruction as shown on the schedules on Pages 14-17 of this brochure (description of Senior or Elite/Senior).





 The registered times are also presented when you are logged into your member account and select calendar under the participant profile.

Additional Benefits of Senior Package:

- Senior skaters can purchase Elite/Sr. options individually.
- Option 83 is available for separate registration.
- Elite/Sr. and Sr./Elite options are **ONLY** available to Elite or Senior skaters registered for the package.
- Receive a 50% discount on additional Spring options purchased, including drop in registrations or coach bookable ice.
- Skate Saskatoon Coaches can "flex" a skater onto any session, including coach bookable sessions, with exception of an option included with a package, within the same day to accommodate lessons.

ELITE (MARCH 31 – JUNE 19)

- Pre-Novice to Senior Competitive Skaters
- Includes Weekly:
 - 4 Freeskate sessions
 - Default sessions are options 11, 29, 47 and 65
 - Skaters can change from the default session to any regular session on the same day, with exception of an option included with a package, at no cost until the end of the day April 14th. After this an administration fee will apply. The change is for the season.
 - Includes on ice and off ice group instruction as shown on the schedules on Pages 14-17 of this brochure (description of Elite or Elite/Senior).
 - Skaters can change their Tuesday 5:30 pm Jumps and Fitness class to the Monday 6:15 pm Jumps class STAR 6 and higher, or the Thursday 5:40 pm Yoga class STAR 3 and higher, at no cost until the end of the day April 14th. After this an administration fee will apply. The change is for the season.
 - The registered times are also presented when you are logged into your member account and select calendar under the participant profile.

Additional Benefits of Elite Package:

- Elite skaters can purchase Sr./Elite options individually.
- Option 83 is available for separate registration.
- Elite/Sr. and Sr./Elite options are **ONLY** available to Elite or Senior skaters registered for the package.
- Receive a 50% discount on additional Spring options purchased, including drop in registrations or coach bookable ice.



• Skate Saskatoon Coaches can "flex" a skater onto any session, including coach bookable sessions, with exception of an option included with a package, within the same day to accommodate lessons.

SYNCHRO

OPTION 86 - FRIDAY AT 7:15 - 8:00 PM - Synchro Level 1 - Beginner to Pre-Novice - April & May

- COACHING NOT INCLUDED IN PURCHASE PRICE upon registration skater will be invoiced for coaching by program coach, which must be paid in full by the first scheduled session
- Coach will determine level upon registration and communicate any necessary adjustments
- Skaters will practice Synchronized Skating Team stroking to help build strength and unison
- These sessions will include application in required program elements for Synchronized skating including wheels, lines, etc.

OPTION 52 - WEDNESDAY AT 8:45 - 9:30 PM - Synchro Level 2 - Pre-Novice to Adult 2 - April - June

- COACHING NOT INCLUDED IN PURCHASE PRICE upon registration skater will be invoiced for coaching by program coach, which must be paid in full by the first scheduled session
- Coach will determine level upon registration and communicate any necessary adjustments
- Skaters will enhance strength training in team stroking followed by execution of common elements including pivoting blocks, wheels, transitions, etc.

SYNCHRO OPEN HOUSES TO BE ANNOUNCED

For program questions email Trish Bobert, Synchro coach at sksk8coach@shaw.ca





- Available for seasonal registration outside of the skating packages.
- April & May Saturdays at 9 am (STAR 4+).
- Senior Wednesday at 7 am and Elite Thursday at 7 am
 - Level requirements shown on pages 4 (Senior) and 5 (Elite)
 - First classes for seasonal registration outside of the package are April 30 (Senior) and May 1 (Elite)
- Group Sessions focus on: skating skills, edges, turns, speed, spins, power, endurance, musical interpretation.

OFF ICE:

- The below off ice classes are available for separate registration, both for the season and drop-in:
 - o Jumps STAR 6 and up
 - Monday 6:15 7:00 pm
 - Included with the Senior package
 - Must have passed STAR 5 Freeskate both parts
 - Last day June 16
 - o Jumps STAR 1 5
 - Monday 7:00 7:30 pm
 - Included with the Intermediate package
 - Last day June 16
 - o Yoga STAR 3 and up
 - Thursdays 5:40 6:25 pm
 - Must have passed STAR 3 Freeskate both parts
 - Last day June 19
 - o Acro and Flexibility open houses at Channel Performance to be announced

ADULT PROGRAM:

- Coach supervised but not coach instructed.
- Program on Saturdays at 6:15pm.
- Hockey or figure skates.
- Available for drop in registration adults only.

OPTIONS:

- Weekly designated ice time.
- See the ice, registration and attendance rules for important information.
- The seasonal option price is based on the number of sessions multiplied by the per session rate.
- Ensure to verify the dates by checking the calendar tab under your member account.
- Does not include coaching.
- For the process to arrange private lessons email directorofskating@skatesaskatoon.com.



Drop In Sessions:

To register for a drop-in session, follow the instructions below:

- 1. Log into your Skate Saskatoon account.
- 2. On the Registration Tab click on "Calendar View".
- 3. Click on the name of the session you wish to purchase and select register. Any sessions that are available for drop-in will include drop-in as a selection.
- 4. Select drop-in, the participant from the drop-down menu and date(s) desired to drop in. **There is no swapping of drop-in registrations for different dates.**
- 5. Click "ADD" to add the drop-in purchases to your cart.
- 6. Most options, some off ice classes and the Saturday Adult Program are available for drop-in registration.

Notes:

- Skaters must have the 24-25 Skate Canada membership. If this is not already in place it will be automatically added at checkout. See the pricing section for further information.
- Skaters must be at the appropriate level for the session they are buying.
- Must be purchased prior to skating.

15-Minute Lesson Ice Tickets:

- Must be in a private lesson to use this ticket private coaching fees not included.
- Must have a current season registration in group lessons.
- 15-minute tickets must be purchased prior to use/skating session.
- Coach, date, and option number are required to be completed in order to finalize the purchase.
- Maximum TWO tickets per day.
- Only valid on Figure Skating Open or All Levels Options. Not valid on Coach Bookable Ice.
- Only valid for skaters below STAR 3.
- Tickets expire at the end of the current season.

Coach Bookable Ice:

- Ice time that must be booked by a Skate Canada Coach with Skate Saskatoon a minimum of 48 hours in advance: Email office@skatesaskatoon.com.
- The coach must be in attendance for the entire session.
- Skaters will be invoiced at the Drop-In rate for ice used. Payment must be made ahead of the session.
- Once the session has been set up in the system it is non-refundable and it cannot be exchanged for a different time.



All Sessions are BYOC: "Bring Your Own Coach"

- Must be Skate Canada Accredited Coach in good standing.
- Non-Skate Saskatoon coaches must get permission from Skate Saskatoon Executive to coach on Skate Saskatoon Spring sessions in person or virtually. Email <u>office@skatesaskatoon.com</u> a minimum of 48 hours in advance. <u>Failure to do so may result in revoking permission to coach on Skate Saskatoon</u> <u>sessions.</u>
- The permission is for the season only.

Pricing:

- All skaters are required to have an active Skate Canada Membership, which is valid for one year from Sept. 1, 2024 – Aug. 31 2025 at a cost of \$58.65.
- Option Discount Structure for skaters who are choosing not to participate in the group packages, NOTE: Group packages are more cost effective.:
 - NOTE: This discount WILL NOT apply upon checkout, contact office@skatesaskatoon.com prior to May 31 2025 regarding the seasonal option discount and a refund for the discount will be refunded to your card or set up as a credit on your member account, based on your stated preference. Requests after May 31 2025 will not result in a refund or credit.
 - Drop in Registration and Coach Bookable Ice Discount. This discount eligibility is based on the number of seasonal (April June) options purchased. For the drop in registration and coach bookable ice discount contact office@skatesaskatoon.com prior to SEASON END. The drop in registration and coach bookable ice discounts will be handled within two weeks after the end of the season. It will be refunded to your card or set up as a credit on your member account, based on your stated preference. Requests after season end will not result in a refund or credit.

Number of April – June Options Purchased to qualify for the discounts displayed in column 2 or 3	Seasonal Option Discount	Drop in Registration and Coach Bookable Ice Discount
1	0%	0%
2	20%	20%
3-4	30%	30%





5-7	35%	35%
8-9	40%	40%
10	50%	50%

- All program fees listed do not include the Skate Canada fee or applicable taxes.
- There are no pricing prorations.
- There is a \$30 +GST administration fee for any changes to registered skating times. This fee is waived for any requests made until the end of the day April 14th.

Program	Details	Cost
April and May CanSkate Group Lessons – Mondays and Saturdays (8 sessions)	• See Page 2	\$165
April and May CanSkate Group Lessons – Tuesdays and Thursdays (9 sessions)	• See Page 2	\$185
April Sunday and June Monday and Thursday (4 sessions)	See Page 2	\$82
April Adult and Teen Learn to Skate Group Lessons (4 sessions)	• See Page 2	\$82
Power Skating	• See Page 2	\$185
Junior Prep Group Program	 See Page 3 This is the price for the package The on-ice classes are available for separate registration priced as follows: \$165 for April and May Monday and Saturday classes (8 sessions) \$185 for April and May Wednesday class (9 sessions) \$82 for June Monday and Wednesday classes (4 sessions) 	\$475
Junior Excel Group Program	See Pages 3 and 4	\$525



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Intermediate Package	See Page 4	\$550
Senior Package	See Pages 4 and 5	\$725
Elite Package	See Pages 5 and 6	\$850
Synchro	See Page 6	\$12 per
Synchro	Coaching not included in price	session
Group Stroking	s Cas Page 7	
• STAR 4+ (9 sessions)	• See Page 7	\$125
Group Stroking		
 Senior Wed 7 am (8 sessions) 	• See Page 7	\$110
 Elite Thurs 7 am (8 sessions) 		
	• See Page 7	\$15 per
Off Ice Classes	• Exception: Monday 7:00 – 7:30 pm priced at \$10	session
ACT Hall Only	per session; Drop in registration \$15 per session	Drop in registration
ACT Hall Offig		\$20 (per
		session)
		\$130
		Drop in
Adult Program	• See Page 7	registration
		\$20 (per session)
Outions	See Page 7	\$12 (per
Options	0	session)
Duen la Caes's se	• See Page 8	\$17 (per
Drop In Sessions		session)
15-Minute Lesson Ice Tickets	See Page 8	\$5 (per
		ticket)
Coach Bookable Ice	See Page 8	\$17 (per
COACII DOUNADIE ICE	333.3823	session)
Lockers	Subscription effective until June 30 2025	\$25





Ice, Registration and Attendance Rules:

- 1. Skaters who have not yet **PASSED** the complete <u>STAGE 3</u> of CanSkate **MUST** also be registered in CanSkate group lessons in the current season to be eligible for non-group programming (private lessons), including using 15-minute lesson ice tickets.
 - Skaters who have not yet passed Stage 3 of CanSkate are required to be in a lesson while on the ice (private or group).
 - Exception: Skaters registered in U7, or older hockey are eligible for All Levels sessions provided they are in a lesson (for the entire time they are on the ice), without having passed CanSkate STAGE 3.
 - *Hockey sticks are not allowed on All Levels sessions. Skaters are not eligible for 15-minute lesson ice tickets unless the skater is also registered in a Skate Saskatoon Group Program.
- 2. Skaters are not permitted on sessions out of their level range:
 - Level is based on FREESKATE LEVEL PASSED (both parts when applicable)
- 3. *Parents are not allowed in the ice area or off ice room unless it is for a special event. Parents are not allowed to provide instruction to a skater from the viewing gallery. Interrupting focus during a moving session is considered dangerous.
- 4. Only skaters and coaches or authorized persons may enter the music room. Parents are not allowed.
- 5. Regarding session music rules, if a solo has been stopped, the skater loses their privilege and will have to move to the back of the line to have their music played again.
- 6. Right of way on the ice
 - Run through soloist with music playing
 - Private lessons
- 7. Skaters must not enter the ice prior to the session start time and must exit the ice at the time the session ends.
- 8. No standing or socializing on the ice.
- 9. Do not put others at risk by kicking or lying on the ice. Do not stand or coast in the middle of the ice. Be aware of other skaters and the pace of the session.
- 10. No Earbuds or headphones are permitted on the ice (Exception: Skate Canada coaches using them to choreograph programs, NOTE: the coach can wear the earbud, NOT the skater).
- 11. No swapping or exchanging sessions
 - Exception: Specified with the group package information.
 - New: Exception: On the day a skater is leaving for a competition, a registered session may be switched to any session on the same day, excluding sessions that are included with a group package, in order to accommodate lessons.
- 12. All Levels, CanSkate, Learn to Skate and Adult Program: Hockey or Figure skates
 - All other sessions require figure skates.
- 13. * Private Group lessons
 - Skate Saskatoon coaches are to use their discretion. The Director of Skating will request modification if the number of skaters in a private lesson is disruptive.
 - Maximum of 2 skaters per coach, non-club coaches
- 14. Pairs/Dance is permitted on sessions with fewer than 10 registered skaters (including the pair/dance team).
- 15. On ice and Off ice group lesson instructors have the right to dismiss skaters for lateness or disruptive behavior.



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- 16. Skate Saskatoon reserves the right to revoke privileges of participants who do not follow guidelines or policies.
- 17. Skate Saskatoon reserves the right to modify or cancel programs or options at any time. Skate Saskatoon will provide as much cancellation notice as possible via email, the website and on social media. Please ensure your Uplifter account settings allow emails from Skate Saskatoon.
- 18. Skate Saskatoon is not required to provide makeup sessions or refunds for sessions missed as a result of unforeseen circumstances.
- 19. A Skate Canada Coach, plus at least one skater, must be in the building for the session to occur. Skater(s) must exit the ice if this requirement is not met. No refunds or make-up sessions are provided.
- 20. For CanSkate, Junior Prep and Junior Excel group lessons, parents/guardians or designated supervising adults are responsible for their child(ren) at all times when they are not in the lesson, including before and after their scheduled group lesson. Parents/guardians or designated supervising adults must remain at the skating facility during the group lesson.
- 21. Skate Saskatoon welcomes children spectators to build interest in the sport. Children spectators must be supervised at all times.

Important Dates:

• Closed Saturdays and Sundays in June



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Spring 2025

	Schedule is su	bject to change		SKATE SASKATOON S	CHEDULE SPRING 2025 - O	N ICE March 31 - May 31 2	025
Times	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday - April only
7:00		Intermediate	Senior	Elite	Option 72		
7:15		Stroking	Stroking	Stroking	All levels		
7:30		7:00 - 7:45	7:00 - 7:45	7:00 - 7:45	7:00 - 7:45		
7:45	Ice not available	Option 19	Option 37	Option 55	Option 73		
8:00	(maintainence)	Figure Skating Open	Figure Skating Open	Figure Skating Open	All Levels		
8:15		7:45 - 8:30	7:45 - 8:30	7:45 - 8:30	7:45 - 8:30	Option 92	Option 110
8:30		Option 20	Option 38	Option 56	Option 74	All Levels	Coach Bookable Ice
8:45		Coach Bookable Ice	All Levels	All Levels	All Levels	8:15 - 9:00 STAR 4+	8:15 - 9:00
9:00 9:15		8:30 - 9:15 Option 21	8:30 - 9:15 Option 39	8:30 - 9:15 Option 57	8:30 - 9:15 Option 75	STAR 4+ Stroking	Option 111 Coach Bookable Ice
9:30		Coach Bookable Ice	Coach Bookable Ice	Coach Bookable Ice	Figure Skating Open	9:00 - 9:45	9:00 - 9:45
9:45		9:15 - 10:00	9:15 - 10:00	9:15 - 10:00	9:15 - 10:00	FLOOD	FLOOD
10:00		FLOOD	FLOOD	FLOOD	FLOOD	CanSkate #4	Option 112
10:15		Option 22	Option 40	Option 58	Option 76	Hockey or Figure Skates	All Levels
10:30		Coach Bookable Ice	Coach Bookable Ice	Coach Bookable Ice	Coach Bookable Ice	10:00 - 10:45	10:00 - 10:45
10:45		10:15 - 11:00	10:15 - 11:00	10:15 - 11:00	10:15 - 11:00	CanSkate #5	Teen Learn to Skate #1/
11:00		Option 23	Option 41	Option 59	Option 77	Hockey or Figure Skates	Option 113 All Levels
11:15		Coach Bookable Ice	Coach Bookable Ice	Coach Bookable Ice	Coach Bookable Ice	10:45 - 11:30	10:45-11:30
11:30	FLOOD	11:00 - 11:45	11:00 - 11:45	11:00 - 11:45	11:00 - 11:45	Junior Prep	Adult Learn to Skate #1
11:45	Option 6	Option 24	Option 42	Option 60	Option 78	Group Lessons	Hockey or Figure Skates
12:00	Coach Bookable Ice	Coach Bookable Ice	All Levels	Coach Bookable Ice	Coach Bookable Ice	#3 11:30 - 12:15	11:30 - 12:15
12:15	11:45 - 12:30	11:45 - 12:30	11:45 - 12:30	11:45 - 12:30	11:45 - 12:30	FLOOD	FLOOD
12:30	Option 7	Option 25	Option 43	Option 61	Option 79	Option 97	CanSkate #6
12:45	Coach Bookable Ice	Coach Bookable Ice	Coach Bookable Ice	Coach Bookable Ice	Coach Bookable Ice	Figure Skating Open	Hockey or Figure Skates
1:00	12:30 - 1:15	12:30 - 1:15	12:30 - 1:15	12:30 - 1:15	12:30 - 1:15	12:30 - 1:15	12:30 - 1:15
1:15	FLOOD	FLOOD	FLOOD	FLOOD	FLOOD	Option 98	Option 116
1:30	Option 8	Option 26	Option 44	Option 62	Option 80	Figure Skating Open	All Levels
1:45	Coach Bookable Ice	Coach Bookable Ice	Coach Bookable Ice	Figure Skating Open	Figure Skating Open	1:15 - 2:00	1:15 - 2:00
2:00	1:30 - 2:15	1:30 - 2:15	1:30 - 2:15	1:30 - 2:15	1:30 - 2:15	Option 99	Option 117
2:15	Option 9	Option 27	Option 45	Option 63	Option 81	Figure Skating Open	Coach Bookable Ice
2:30	STAR 3 - Gold	STAR 3 - Gold	STAR 3 - Gold	STAR 3 - Gold	STAR 3 - Gold	2:00 - 2:45	2:00 - 2:45
2:45	2:15 - 3:00	2:15 - 3:00	2:15 - 3:00	2:15 - 3:00	2:15 - 3:00	FLOOD	FLOOD
3:00 3:15	Option 10 STAR 2 - Gold	Option 28 STAR 2 - Gold	Option 46 STAR 2 - Gold	Option 64 STAR 2 - Gold	Option 82 STAR 2 - Gold	Option 100 All Levels	Option 118 Coach Bookable Ice
3:30	3:00 - 3:45	3:00 - 3:45	3:00 - 3:45	3:00 - 3:45	3:00 - 3:45	3:00 - 3:45	3:00 - 3:45
3:45	FLOOD	FLOOD	FLOOD	FLOOD	FLOOD	Option 101	Option 119
4:00	Option 11	Option 29	Elite Stroking	Option 65	Option 83	All Levels	Coach Bookable Ice
4:15	Elite/Senior Freeskate	Elite/Senior Freeskate	4:00 - 4:30	Elite/Senior Freeskate	Elite/Senior Freeskate	3:45 - 4:30	3:45 - 4:30
4:30	4:00 - 4:45	4:00 - 4:45	Option 47	4:00 - 4:45	4:00-4:45	Option 102	0.10 1.00
4:45	Option 12	Option 30	Elite/Senior Freeskate	Option 66	Option 84	All Levels	
5:00	Senior/Elite Freeskate	Senior/Elite Freeskate	4:30 - 5:15	Senior/Elite Freeskate	Junior Excel/Figure Skating Open	4:30 - 5:15	
5:15	4:45 - 5:30	4:45 - 5:30	Option 48	4:45 - 5:30	4:45 - 5:30	FLOOD	
5:30	Senior Stroking	Junior Excel Group Program	Senior/Elite Freeskate	Junior Excel Group Program	Option 85	Group	
5:45	5:30 - 6:00	Option31Figure Skating Open	5:15 - 6:00	Option67Figure Skating Open	Intermediate	Power Skating #1	
6:00	FLOOD	5:30 - 6:15	FLOOD	5:30 - 6:15	5:30 - 6:15	5:30 - 6:15	
6:15	Canskate #1	FLOOD	Option 50	FLOOD	FLOOD	ADULT	
6:30	Hockey or Figure Skates	Canskate #2	Intermediate	CanSkate #3	Intermediate	Program	
6:45	6:15 - 7:00	Hockey or Figure Skates	6:15 - 7:00	Hockey or Figure Skates	Stroking	6:15 - 7:00	
7:00	Junior Prep	6:30 - 7:15	Junior Prep	6:30 - 7:15	6:30 - 7:15	FLOOD	
7:15	Group Lessons	Option 33	Group Lessons	Option 69	Option 86 A & M		
7:30	#1 7:00 - 7:45	Figure Skating Open	#2 7:00 - 7:45	Figure Skating Open	Synchro Level 1	Club Specific	
7:45	Option 15	7:15 - 8:00	FLOOD	7:15 - 8:00	7:15 - 8:00	Programming	
	Jr. Prep or Jr. Excel to Star 6		Option 51	Option 70	Option 87	7:15 - 8:30	
8:15	7:45 - 8:30	Figure Skating Open	Figure Skating Open	Figure Skating Open	Figure Skating Open		
8:30	FLOOD	8:00 - 8:45	8:00 - 8:45	8:00 - 8:45	8:00 - 8:45		
8:45	Option 16	FLOOD	Option 52	FLOOD	FLOOD		
9:00	All Levels	Option 35	Synchro Level 2	Option 71	Option 88		
9:15	8:45 - 9:30	All Levels	8:45 - 9:30	All Levels	Coach Bookable Ice		
9:30	Option 17	9:00 - 9:45	Option 53	9:00 - 9:45	9:00 - 9:45		
9:45	All Levels		All Levels				
10:00	9:30 - 10:15		9:30 - 10:15				

The above schedule is the April and May on ice schedule. Sundays apply to April only.

The schedule on Page 15 is the June 2- June 20 ice schedule.

The schedule on Page 16 is the June 23 – June 27 ice schedule.

The schedule on Page 17 is the March 31 – June 20 off ice schedule.





			SKATE SASKATOON SCHEDULE SPRING 2025 - ON ICE June 2 - June 20 2025			
		bject to change				
Times	Monday	Tuesday	Wednesday	Thursday	Friday	
7:00		Intermediate	Senior	Elite	Option 72	
7:15		Stroking	Stroking	Stroking	All levels	
7:30		7:00 - 7:45	7:00 - 7:45	7:00 - 7:45	7:00 - 7:45	
7:45	Ice not available	Option 19	Option 37	Option 55	Option 73	
8:00	(maintainence)	Figure Skating Open	Figure Skating Open	Figure Skating Open	All Levels	
8:15		7:45 - 8:30	7:45 - 8:30	7:45 - 8:30	7:45 - 8:30	
8:30		Option 20 Coach Bookable Ice	Option 38 All Levels	Option 56 All Levels	Option 74 All Levels	
8:45 9:00		8:30 - 9:15	8:30 - 9:15	8:30 - 9:15	8:30 - 9:15	
9:00		Option 21	Option 39	Option 57	Option 75	
9:30		Coach Bookable Ice	Coach Bookable Ice	Coach Bookable Ice	Figure Skating Open	
9:45		9:15 - 10:00	9:15 - 10:00	9:15 - 10:00	9:15 - 10:00	
10:00		FLOOD	FLOOD	FLOOD	9.15 - 10.00 FLOOD	
10:00		Option 22	Option 40	Option 58	Option 76	
10:30		Coach Bookable Ice	Coach Bookable Ice	Coach Bookable Ice	Coach Bookable Ice	
10:45		10:15 - 11:00	10:15 - 11:00	10:15 - 11:00	10:15 - 11:00	
11:00		Option 23	Option 41	Option 59	Option 77	
11:15		Coach Bookable Ice	Coach Bookable Ice	Coach Bookable Ice	Coach Bookable Ice	
11:30	FLOOD	11:00 - 11:45	11:00 - 11:45	11:00 - 11:45	11:00 - 11:45	
11:45	Option 6	Option 24	Option 42	Option 60	Option 78	
12:00	Coach Bookable Ice	Coach Bookable Ice	All Levels	Coach Bookable Ice	Coach Bookable Ice	
12:15	11:45 - 12:30	11:45 - 12:30	11:45 - 12:30	11:45 - 12:30	11:45 - 12:30	
12:30	Option 7	Option 25	Option 43	Option 61	Option 79	
12:45	Coach Bookable Ice	Coach Bookable Ice	Coach Bookable Ice	Coach Bookable Ice	Coach Bookable Ice	
1:00	12:30 - 1:15	12:30 - 1:15	12:30 - 1:15	12:30 - 1:15	12:30 - 1:15	
1:15	FLOOD	FLOOD	FLOOD	FLOOD	FLOOD	
1:30	Option 8	Option 26	Option 44	Option 62	Option 80	
1:45	Coach Bookable Ice	Coach Bookable Ice	Coach Bookable Ice	Figure Skating Open	Figure Skating Open	
2:00	1:30 - 2:15	1:30 - 2:15	1:30 - 2:15	1:30 - 2:15	1:30 - 2:15	
2:15	Option 9	Option 27	Option 45	Option 63	Option 81	
2:30	STAR 3 - Gold	STAR 3 - Gold	STAR 3 - Gold	STAR 3 - Gold	STAR 3 - Gold	
2:45	2:15 - 3:00	2:15 - 3:00	2:15 - 3:00	2:15 - 3:00	2:15 - 3:00	
3:00	Option 10	Option 28	Option 46	Option 64	Option 82	
3:15	STAR 2 - Gold	STAR 2 - Gold	STAR 2 - Gold	STAR 2 - Gold	STAR 2 - Gold	
3:30	3:00 - 3:45	3:00 - 3:45	3:00 - 3:45	3:00 - 3:45	3:00 - 3:45	
3:45	FLOOD	FLOOD	FLOOD	FLOOD	FLOOD	
4:00	Option 11	Option 29	Elite Stroking	Option 65	Option 83	
4:15	Elite/Senior Freeskate	Elite/Senior Freeskate	4:00 - 4:30	Elite/Senior Freeskate	Elite/Senior Freeskate	
4:30	4:00 - 4:45	4:00 - 4:45	Option 47	4:00 - 4:45	4:00-4:45	
4:45	Option 12	Option 30	Elite/Senior Freeskate	Option 66	Option 84	
5:00		Senior/Elite Freeskate	4:30 - 5:15	Senior/Elite Freeskate	Junior Excel/Figure Skating Open	
5:15	4:45 - 5:30	4:45 - 5:30	Option 48	4:45 - 5:30	4:45 - 5:30	
5:30	Senior Stroking	Junior Excel Group Program	Senior/Elite Freeskate	Junior Excel Group Program	Option 85	
5:45	5:30 - 6:00	Option31Figure Skating Open	5:15 - 6:00	Option67Figure Skating Open	Intermediate	
6:00	FLOOD Conskets #11	5:30 - 6:15	FLOOD	5:30 - 6:15	5:30 - 6:15	
6:15	Canskate #J1 Hockey or Figure Skates	FLOOD Option 32 I	Option 50 Intermediate	FLOOD CanSkate #J2	FLOOD Intermediate	
6:30 6:45	6:15 - 7:00	Option 32J All Levels	6:15 - 7:00	Hockey or Figure Skates	Stroking	
7:00	Junior Prep	6:30 - 7:15	Junior Prep	6:30 - 7:15	6:30 - 7:15	
7:15	Group Lessons	Option 33	Group Lessons	Option 69	Option 86J	
7:30	#J1 7:00 - 7:45	Figure Skating Open	#J2 7:00 - 7:45	Figure Skating Open	Figure Skating Open	
7:45	Option 15	7:15 - 8:00	FLOOD	7:15 - 8:00	7:15 - 8:00	
	Jr. Prep or Jr. Excel to Star 6		Option 51	Option 70	Option 87	
8:15	7:45 - 8:30	Figure Skating Open	Figure Skating Open	Figure Skating Open	Figure Skating Open	
8:30	FLOOD	8:00 - 8:45	8:00 - 8:45	8:00 - 8:45	8:00 - 8:45	
8:45	Option 16	FLOOD	Option 52	FLOOD	FLOOD	
9:00	All Levels	Option 35	Synchro Level 2	Option 71	Option 88	
9:15	8:45 - 9:30	All Levels	8:45 - 9:30	All Levels	Coach Bookable Ice	
9:30	Option 17	9:00 - 9:45	Option 53	9:00 - 9:45	9:00 - 9:45	
9:45	All Levels	2.22	All Levels		1,51 5,13	
10:00	9:30 - 10:15		9:30 - 10:15			





		-	SKATE SASKA	SASKATOON SCHEDULE SPRING 2025 - ON ICE		
	Schedule is su	bject to change		June 23 - June 27 2025		
Times	Monday	Tuesday	Wednesday	Thursday	Friday	
7:00		June 24 S1	June 25 S1	June 26 S1	Option 72	
7:15		All Levels	All Levels	All Levels	All levels	
7:30		7:00 - 7:45	7:00 - 7:45	7:00 - 7:45	7:00 - 7:45	
7:45	Ice not available	Option 19	Option 37	Option 55	Option 73	
8:00	(maintainence)	Figure Skating Open	Figure Skating Open	Figure Skating Open	All Levels	
8:15		7:45 - 8:30	7:45 - 8:30	7:45 - 8:30	7:45 - 8:30	
8:30		Option 20	Option 38	Option 56	Option 74	
8:45		Coach Bookable Ice	All Levels	All Levels	All Levels	
9:00		8:30 - 9:15	8:30 - 9:15	8:30 - 9:15	8:30 - 9:15	
9:15		Option 21	Option 39	Option 57	Option 75	
9:30		Coach Bookable Ice	Coach Bookable Ice	Coach Bookable Ice	Figure Skating Open	
9:45		9:15 - 10:00	9:15 - 10:00	9:15 - 10:00	9:15 - 10:00	
10:00		FLOOD	FLOOD	FLOOD	FLOOD	
10:15		Option 22	Option 40	Option 58	Option 76	
10:30		Coach Bookable Ice	Coach Bookable Ice	Coach Bookable Ice	Coach Bookable Ice	
10:45		10:15 - 11:00	10:15 - 11:00	10:15 - 11:00	10:15 - 11:00	
11:00		Option 23	Option 41	Option 59	Option 77	
11:15		Coach Bookable Ice	Coach Bookable Ice	Coach Bookable Ice	Coach Bookable Ice	
11:30	FLOOD	11:00 - 11:45	11:00 - 11:45	11:00 - 11:45	11:00 - 11:45	
11:45	Option 6	Option 24	Option 42	Option 60	Option 78	
12:00	Coach Bookable Ice	Coach Bookable Ice	All Levels	Coach Bookable Ice	Coach Bookable Ice	
12:15	11:45 - 12:30	11:45 - 12:30	11:45 - 12:30	11:45 - 12:30	11:45 - 12:30	
12:30	Option 7	Option 25	Option 43	Option 61	Option 79	
12:45	Coach Bookable Ice	Coach Bookable Ice	Coach Bookable Ice	Coach Bookable Ice	Coach Bookable Ice	
1:00	12:30 - 1:15	12:30 - 1:15	12:30 - 1:15	12:30 - 1:15	12:30 - 1:15	
1:15	FLOOD	FLOOD	FLOOD	FLOOD	FLOOD	
1:30	Option 8	Option 26	Option 44	Option 62	Option 80	
1:45	Coach Bookable Ice	Coach Bookable Ice	Coach Bookable Ice	Figure Skating Open	Figure Skating Open	
2:00	1:30 - 2:15	1:30 - 2:15	1:30 - 2:15	1:30 - 2:15	1:30 - 2:15	
2:15	Option 9	Option 27	Option 45	Option 63	Option 81	
2:30	STAR 3 - Gold	STAR 3 - Gold	STAR 3 - Gold	STAR 3 - Gold	STAR 3 - Gold	
2:45	2:15 - 3:00	2:15 - 3:00	2:15 - 3:00	2:15 - 3:00	2:15 - 3:00	
3:00	Option 10	Option 28	Option 46	Option 64	Option 82	
3:15	STAR 2 - Gold	STAR 2 - Gold	STAR 2 - Gold	STAR 2 - Gold	STAR 2 - Gold	
3:30	3:00 - 3:45	3:00 - 3:45	3:00 - 3:45	3:00 - 3:45	3:00 - 3:45	
3:45	FLOOD	FLOOD	FLOOD	FLOOD	FLOOD	
4:00	June 23 S1	June 24 S2	Jn 25 S2 Figure Skting Open	June 26 S2	Option 83	
4:15	Figure Skating Open	Figure Skating Open	4:00 - 4:30	Figure Skating Open	Elite/Senior Freeskate	
4:30	4:00 - 4:45	4:00 - 4:45	June 25 S3	4:00 - 4:45	4:00-4:45	
4:45	June 23 S2	June 24 S3	Figure Skating Open	June 26 S3	June 27 S1	
5:00	• • •	Figure Skating Open	4:30 - 5:15	Figure Skating Open	Figure Skating Open	
5:15	4:45 - 5:30	4:45 - 5:30	June 25 S4	4:45 - 5:30	4:45 - 5:30	
E.00	In 22 C2 Firms 01 11	Ontion 24	Figure Sketing Once	Ontion 67	luna 27 00	
	Jn 23 S3 Figure Skting Open	Option 31	Figure Skating Open	Option 67	June 27 S2	
5:45	5:30 - 6:00	Figure Skating Open	5:15 - 6:00	Figure Skating Open	Figure Skating Open	
6:00	FLOOD	5:30 - 6:15	FLOOD	5:30 - 6:15	5:30 - 6:15	
6:15	Canskate #J1	FLOOD	June 25 S5	FLOOD	FLOOD	
6:30	Hockey or Figure Skates	Option 32J	Figure Skating Open	CanSkate #J2	June 27 S3	
6:45	6:15 - 7:00	All Levels	6:15 - 7:00	Hockey or Figure Skates	Figure Skating Open	
7:00	· ·	6:30 - 7:15	Junior Prep	6:30 - 7:15	6:30 - 7:15	
7:15	Group Lessons	Option 33	Group Lessons	Option 69	Option 86J	
7:30	#J1 7:00 - 7:45	Figure Skating Open	#J2 7:00 - 7:45	Figure Skating Open	Figure Skating Open	
7:45	Option 15	7:15 - 8:00	FLOOD	7:15 - 8:00	7:15 - 8:00	
8:00	Jr. Prep or Jr. Excel to Star 6	· · · · · · · · · · · · · · · · · · ·	Option 51	Option 70	Option 87	
	7.45 0.20	Figure Skating Open	Figure Skating Open	Figure Skating Open	Figure Skating Open	
8:15	7:45 - 8:30		0.00 0.45	8:00 - 8:45	8:00 - 8:45	
8:15 8:30	FLOOD	8:00 - 8:45	8:00 - 8:45	0.00 - 0.43	5155 5115	
		8:00 - 8:45 FLOOD	8:00 - 8:45 Option 52	FLOOD	FLOOD	
8:30	FLOOD					
8:30 8:45	FLOOD Option 16	FLOOD	Option 52	FLOOD	FLOOD	
8:30 8:45 9:00	FLOOD Option 16 All Levels	FLOOD Option 35	Option 52 Synchro Level 2	FLOOD Option 71	FLOOD Option 88	
8:30 8:45 9:00 9:15	FLOOD Option 16 All Levels 8:45 - 9:30	FLOOD Option 35 All Levels	Option 52 Synchro Level 2 8:45 - 9:30	FLOOD Option 71 All Levels	FLOOD Option 88 Coach Bookable Ice	



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Spring 2025

	Schedule is sub	ject to change	SKATE SASKATOON OFF ICE SCHEDULE MARCH 31 - JUNE 20 2025			
Times PM	Monday	Tuesday	Wednesday	Thursday	Friday	
5:00						
5:15						
5:30	Jumps Senior Pkg &	Jumps and Fitness				
5:45	STAR 6 and up	Elite Package		Yoga		
6:00	6:15 - 7:00	5:30 - 6:15		STAR 3 and up		
6:15	Off Ice Junior Prep		Dance and Flexibility	5:40 - 6:25		
6:30	6:15 - 6:45	Off Ice Junior Excel	Elite/Senior Packages	Off Ice Junior Excel		
6:45		6:30 - 7:00	6:15 - 7:00	6:30 - 7:00 PM		
7:00	Jumps Interm Pkg & STAR 1 -5					
7:15	7:00 - 7:30		Dance and Flexibility			
7:30			Intermediate Package			
7:45			7:15 - 8:00			
8:00						

Exception: Off Ice Junior Prep will run Monday June 23, 2025. Other Off Ice classes end the week prior.