

Spring Programming

Registration Information Package

All Registration is On-line at www.skatesaskatoon.com

Create Member Profile if new

Login/Add Participant/

Go To Registration Filter on Spring 2018 Season/CanSkate

April 2nd – May 31st, 2018

**All levels available for: Learn to Skate/Competitive
Programs/Power Skating (Hockey focused)/
Team Classes/Recreational**

- * Low student to coach ratio
- * Limited number of participants per session
- * Instruction by NCCP Coaches
- * Get the edge on skating - year round training

For more information email: support@skatesaskatoon.com

<http://skatesaskatoon.weebly.com>

Club Manager: Blaise Kirchesner

Location: A.C.T. SKATING CENTRE

107-105th Street East

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Sanctioned by **Skate Canada**

Spring 2018

CanSkate

Monday, Tuesday, Thursday and Saturday
CanSkate Stages 1 through 3
Nationally recognized learn-to-skate program
Ages 3 and up/School Age/Adult

Advanced PreStar

Group Instruction Wednesday & Saturday
Designated practice times Tuesday & Saturday and other
options available for practice/private lesson times

Power Edges

During CanSkate times Thursday & Saturday
(including Stages 4 – 6)
Hockey or figure skates permitted

Power Skating

Thursday (Power Skating Skills)
Hockey/Ringette Players - Group Instruction
Players in **Novice** and **Atom** Categories
Hockey skates mandatory
Instructed by Certified CanPowerskate Instructors
Private/Semi-Private lessons available

Club Manager: Blaise Kirchgerner
(office@skatesaskatoon.com)
Sanctioned by Skate Canada

Registration Available On-line ONLY at www.skatesaskatoon.com

ADDITIONAL SPRING PROGRAMS FOR CANSKATE

- For some skaters at the CanSkate level, the program times offered are either not enough skating time, the instruction not individually focused enough or the schedule does not work around their other activities.
- The Saskatoon Spring School offers other options as indicated below.
- For further information about these options either contact support via email: support@skatesaskatoon.com or any club professional coach listed under the "Coaches" listed on the website www.skatesaskatoon.com

POWER EDGES SPRING PROGRAM Thursday and Saturday (during CanSkate - Stages 4 through 6)

POWER SKATING Thursday 8:00 – 8:45 pm (Option 40 - Group Lesson); NOVICE or ATOM players; and/or Practice Session (Option 41) available for private/semi-private instruction (Designated time for Private Power Skating Coaching – Brush up on your hockey power skating and agility skills at the end of the season). Sessions will be limited to 15 Registered Skaters. Hockey skates required.

Skate Saskatoon offers Power Skating in August and September

ALL CANSKATE PARTICIPANTS MUST WEAR A CSA APPROVED HELMET and SKATES

PROGRAM INFORMATION

Some skaters who have been in the CanSkate Program and have passed Stage 3 may be recommended to move to Advanced PreStar Group for Spring School or Power Edges for those continuing with non-figure skating programs.

- Advanced PreStar Program prepares skaters for the Skate Canada figure skating program and to complete the CanSkate program (figure skates mandatory).
- PowerEdges Program prepares skaters for other Skating Activities allowing them to fully benefit from the CanSkate skills.

The only requirements for Advanced PreStar Programs are that skaters be able to skate forwards and backwards and be over 5 years old. The program is designed to introduce skaters to skills in edges, stroking, freeskate, dance and performance and to give them the necessary confidence and ability to work independently at the Skate Canada Figure Skating level.

More information on upper levels may be found at www.skatesaskatoon.com.

ADVANCED PreStar and Star SPRING PROGRAM (formerly Advanced and Juniors)

APRIL 2th – MAY 31st, 2018

REQUIREMENTS: skaters must be able to skate and stop forwards and backwards and be over 5 years old. **It is recommended that skaters have or be working on (partly completed) CanSkate Stage 3 before joining the Advanced PreStar program.** Small groups are generally organized by age and ability. Coaches will assist in recommending placement in Star and Advanced PreStar Programs.

Advanced PreStar and STAR introduces skaters to skills in edges, stroking, freeskate, dance and performance and reinforces daily, proper warm up and practice technique.

Confidence and ability to work independently at the **ADVANCED PRESTAR** level is another focus of the program. **Forty-five minute GROUP INSTRUCTED sessions on Wednesdays and Saturdays. Designated PRACTICE sessions on Tuesdays and Saturdays (private lessons can be arranged). Other OPEN times can be arranged with the guidance of a coach.**

STAR Program (Star 1-3) offers enhanced development of skills, freeskate, dance, introduction to StarSkate Testing system and competitive skills. **(Tuesday and Saturday – practice ice just for Juniors (coaching not included). Private lessons can be arranged during these time or other OPEN times. Please contact a coach for details.**

Skills will be monitored and in the event that a skater is ready to take a Skate Canada test.

ADDITIONAL SPRING OPTIONS AVAILABLE FOR ADVANCED PRESTAR/ CANSKATE/POWERSKATING

Some skaters require and prefer more skating time, individual instruction, or flexibility in the schedule. For these skaters, we provide the following options:

1. PRIVATE OR SEMI-PRIVATE LESSONS – Private and Semi Private lessons are available to all levels of skaters. Private lessons have shown to greatly increase the advancement of a skater. These lessons are given either prior to or immediately following CanSkate sessions or on skating times organized by the coach and parent with purchase of a session ticket from Skate Saskatoon. Coaching time is billed independently from the individual coach. Check with Skate Saskatoon coaches listed <http://www.skatesaskatoon.com> "[Coaches](#)" for availability and lesson rates.

Lessons can be booked for the duration of the Spring School. The Professional Coach will provide guidance as to booking open option sessions. Private and semi-private lessons can be given either on **appropriate** sessions organized by the coach and parent. Up to 4 skaters can be included in a semi-private lesson.

2. ADDITIONAL SKATING TIMES – Skate Saskatoon offers skating times for all levels of skaters several times during the week. These times are 45 minutes in duration. All options must be registered on-line or a Valid Spring Ice Session ticket purchased on-line following [Sign On Procedures](#) prior to entering the ice surface.

Failure to be registered or have a valid ice ticket will result in a \$25 administration charge for invoicing in addition to ice charges.

ALL SKATE SASKATOON POLICIES AND PROCEDURES ARE IN EFFECT AT ALL TIMES

Upstairs Rentals are Available to our Members: Inquiry forms are on-line under INFO or emailing: support@skatesaskatoon.com