



# Spring CanSkate Skate Canada Sanctioned Learn to Skate Program

All Registration and Payment is On-line at <u>www.skatesaskatoon.com</u> Create Member Profile if new Login/Add Participant/ Under Registration Filter to Spring 2019 Season April 1st – May 30<sup>th</sup> 2019 Link to Spring Schedule under Registration on Home Page of the website (Rink is closed Good Friday, Easter Sunday, Victoria Day)

\* Low student to coach ratio

\* Limited number of participants per session

\* Instruction by NCCP Coaches

CanSkate - All skaters 3+ years of age are welcome. Skill and age groupings will be applied within the session. Classes accommodate Stages 1-6. Runs Monday, Tuesday, Thursday and Saturday in spring

Advanced PreStar/Star 1,2 – Stages 4 - 6 (figure skates) and skaters on Star 1 & 2. Runs Wednesday and Saturday in spring

The numbers listed behind the class name are only used to distinguish class times

As well as the two Advanced PreStar/Star 1, 2 group coached programs there are two practice sessions which include Star 3. The practice sessions are not coached

Assessments will not be done for Saturday classes due to the shorter number of sessions

Due to coach student ratios missed sessions cannot be made up

Power Skating – one class on Thursday night for up to 10 hockey players. Must be Novice or Atom

HELMETS AND SKATES ARE NOT PROVIDED BY SKATE SASKATOON ALL CANSKATE PARTICIPANTS MUST WEAR A CSA APPROVED HELMET SEE HELMET POLICY UNDER POLICIES ON THE WEBSITE SKATES MUST PROVIDE STRONG ANKLE SUPPORT

#### Advanced PreStar and Star Spring Program

Skaters must be able to skate and stop forwards and backwards and be over 5 years old. It is recommended that skaters have completed CanSkate Stage 3 before joining the program. Small groups are generally organized by age and ability. Coaches will assist in placement.

Advanced PreStar and STAR introduces skaters to skills in edges, stroking, freeskate, dance and performance and reinforces daily, proper warm up and practice technique. Confidence and ability to work independently at the Skate Canada Figure Skating level is another focus of the program.

### ADDITIONAL SPRING OPTIONS AVAILABLE

Some skaters require and prefer more skating time, individual instruction, or flexibility in the schedule. For these skaters, we provide the following options:

- PRIVATE OR SEMI-PRIVATE LESSONS Private and Semi Private lessons are available to all levels of skaters. These lessons are given on skating times organized by the coach and parent. Check with Skate Saskatoon coaches listed <u>http://www.skatesaskatoon.com</u> "<u>Coaches</u>" for availability and lesson rates. Up to 4 skaters can be included in a semi-private lesson.
- 2. ADDITIONAL SKATING TIMES In order to skate at any time outside of group lessons you must be registered for the option, have purchased a spring ice session ticket (or CanSkate tickets if you are registered in CanSkate) or be exchanging an unused session from another spring option of equal or lesser value that you are registered in. Skate Saskatoon offers skating times for all levels of skaters several times during the week. Sign in rules under policies on the website provide the related information and must be adhered to in order to enter the ice surface.

#### ALL SKATE SASKATOON POLICIES AND PROCEDURES ARE IN EFFECT AT ALL TIMES

THE CLUB RESERVES THE RIGHT TO CHARGE AN ADMINISTRATION FEE IF THE POLICIES AND PROCEDURES ARE NOT FOLLOWED

> Club Manager: Blaise Kirchgesner (clubmanager@skatesaskatoon.com)

## Location: A.C.T. SKATING CENTRE 107-105th Street East

For more information email: office @skatesaskatoon.com

