

## CANSKATE/ADVANCED PRESTAR GROUP INSTRUCTION PROCEDURES – SUMMER 2021

Effective July 13 2021

1. Masking:
  1. **Required by all parties (coaches, skaters, staff, spectators) in the lobby, dressing rooms, bathrooms and spectator area.**
    - (a) Exception: **Participants** with full face masks or cages on their helmets who can proceed directly to the ice area (without waiting in the lobby or spectator area and without using a dressing room or bathroom) and will immediately leave the building at the end of their session with their skates and helmet on, are not required to wear a mask while moving through the lobby and exit hallway.
  2. Not required by coaches or skaters while involved in CanSkate-Advanced activities.
  3. Required by coaches if they need to make prolonged contact with a student.
2. Spectators:
  1. Masks are required to be worn at all times by spectators.
  2. One spectator per active participant is permitted to watch from the spectator area (blue seats).
    - (a) When possible, an empty seat should be left between spectators to help maintain some physical distancing.
    - (b) Spectators are to remain seated during the session and are not permitted in the dressing rooms.
  3. No food or drink permitted in the spectator area (masks required at all times in this area.)
3. Arrival and Departure:
  1. Skaters or spectators are expected NOT to enter the building if they are feeling unwell.
    - (a) The previously required health screening questionnaire is no longer required, however individuals should not enter the building if feeling unwell or have recently been in close contact with a known case of Covid-19 and are not fully vaccinated for Covid-19 (minimum of 14 days past the date of the second dose of a Covid-19 vaccine).
  2. **Arriving "rink ready" is a requirement for CanSkate-Advanced participants, dressing room use is not permitted by CanSkate-Advanced participants or parents.**
  3. Hand sanitizer is provided at the entrance and exit and its use is encouraged.
  4. Arrive "skate ready" 5-10 minutes before the start of the session. Parents will pick up the skaters' nametag from the small table outside the rink entrance. Please adhere to social distancing guidelines while you are waiting OUTSIDE the arena doors.
  5. The coordinator will meet all skaters and spectators outside the arena, take attendance, and lead the skaters and spectators into the arena. Participants will be helped onto the ice by the program coordinator.
  6. Spectators are permitted (see above for the current regulations).
  7. Physical distancing is encouraged at all times.
4. **Skaters and spectators will exit through the blue exit door (east hallway).**
5. If a skater needs to be brought off the session early and the parent is not a spectator, the coordinator will escort the child to the blue exit door and meet the parent...please do not leave the facility grounds during the skating time.

**IMPORTANT NOTES:**

- The washrooms in the change rooms are closed. No lockers are to be used.
- Skaters must be able to get up/stand/walk by themselves without physical assistance.
- Skaters must be able to go to the washroom independently.
- Skaters must have a sense of social distancing
- Skaters **MUST** have skate guards (there is cement tile between the entrance door and the ice surface). Rubber or plastic skate guards are preferred rather than cloth.
- Skaters **MUST** wear gloves or mitts.
- Skate Saskatoon does not provide skates, guards, helmet, or mitts.
- For the younger skaters, a metal cage facemask is recommended.