

SYNCHRO NEWSLETTER

2023-24



1. 

WHAT'S NEW?

As we embark on the preparations for the upcoming Synchronized Skating Season, we would like to offer you an opportunity to share feedback based on last year's experience. We've made a few adjustments to the club program structures for all levels, and many of these programs have been combined into bundles. You'll notice that the final invoice no longer includes the Skate Saskatoon fee and Saskatchewan fee, and instead, stroking and coached-off ice programs are now included where applicable.

This change has been implemented to minimize unexpected costs for skaters and enhance participation in each program. Research indicates that involvement in stroking and off-ice activities yields improved competition outcomes and fosters better athlete development.

2023-24 COMPETITIONS

While all competitions will not be attended this year by all teams; please mark your calendars for upcoming Important Dates!

- Calgary Skating Invitational (Wild Rose) - December 16, 2023 - Calgary, AB
- Prairie Regionals - February 2-4, 2024 - Morden, MB
- Region 7, 8 & 9 Invitational Competition (Beginner/Elem only), Feb 10-11, 2024 - Saskatoon, SK
- Living Skies Invitational (All Teams) - March 9, 2024 - Regina, SK
- Ice Fest Invitational (All Teams) - March 9, 2024 - Carstairs, AB

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3.

PROGRAM SUMMARY

NEW: Packages INCLUDE: Off-Ice and Stroking where appropriate
Synchronized skating provides the opportunity to join a team and enjoy skating at the same time.

Registration fee is for the entire winter season T1 and T2, no additional fees in January, and includes 23 weeks of coaching!

STAR 3/4 SYNCHRO

- 4 off-ice classes of 45 minutes, spread throughout the season

STAR 5 SYNCHRO

- 16 off-ice classes of 30 minutes, spread throughout the season
- Includes Synchro Stroking Level 1 - instructed

STAR 8 SYNCHRO

- 16 off-ice classes of 45 minutes, spread throughout the season
- Includes Synchro Stroking Level 2 - instructed

OPEN SYNCHRO

- 16 off-ice classes of 45 minutes, spread throughout the season
- Includes Synchro Stroking Level 2 - instructed

ADULT II SYNCHRO

- Does not include stroking or off-ice

IMPORTANT SYNCHRO REGISTRATION NOTE:

- All Synchro packages other than Adult II include a winter option in both terms at no additional cost, to receive this option you MUST register by Sept. 17th 2023 at 11:59pm.
- Those registering prior to the deadline need to contact the office by Oct. 6th to arrange for the chosen option.
- NO option will be available for those failing to contact the office by the deadline.
- OPTION DISCOUNTS FOR SYNCHRO SKATERS: Additional options may be purchased at a 50% discount – NOTE: This discount WILL NOT apply upon checkout, contact office@skatesaskatoon.com prior to Dec. 2nd 2023 and a refund for the discount will be refunded to your card, requests after Dec. 2, 2023 will not result in a refund.

READ MORE AT

www.SkateSaskatoon.com

3.

OPEN HOUSES

Bring a Friend try Synchro!

Here is the list of Open House Sessions for the fall of 2023!

Synchro Open House Schedule	Team	Time
Tuesday, September 5	STAR 8 (Pre-Novice)	9:00-10:00 pm
Thursday September 7	Adult II	9:15-10:15 pm
Friday, September 8	STAR 3 (Beginner) and STAR 4 (Pre-Juvenile and Elementary)	7:00-7:45 pm
Friday, September 8	STAR 5(Juvenile)	8:00-9:00 pm
Sunday, September 10	STAR 8 (Pre-Novice)	5:30-6:30 pm
Sunday, September 10	Open	7:15-8:15 pm
Tuesday, September 12	Open	9:00-10:00 pm
Thursday September 14	Adult II	9:15-10:15 pm
Friday, September 15	STAR 3 (Beginner) and STAR 4 (Pre-Juvenile and Elementary)	7:00-7:45 pm
Friday, September 15	STAR 5(Juvenile)	8:00-9:00 pm
Sunday, September 17	STAR 5(Juvenile)	5:30-6:15 pm
Sunday, September 17	STAR 8 (Pre-Novice)	6:15-7:00 pm
Sunday, September 17	Open	7:15-8:15 pm
Thursday September 21	Adult II	9:15-10:15 pm
Friday, September 22	STAR 3 (Beginner) and STAR 4 (Pre-Juvenile and Elementary)	7:00-7:45 pm

Pre-Registration is required (sessions are free however a Skate Canada Membership (insurance) is charged at time of checkout.) You will not be charged for the fee again if you choose to register in any Skate Saskatoon program running between September 2023 and August 2024. Additional info [here](#)

4.

SURVEY

Please complete this survey with feedback found [HERE](#)

We hope that you are looking forward to an exciting year!