



## WINTER 2021-2022 TERM 1

### CANSKATE, CANSKATE-PRE-POWER GROUP INSTRUCTION PROCEDURES

1. Masking:
  - a. Required by all parties (coaches, program assistants, skaters, staff, spectators) at all times
2. Spectators:
  - a. One spectator per active participant is permitted to watch from the spectator area (blue seats)
    - i. When possible, an empty seat should be left between spectators to help maintain physical distancing
    - ii. Spectators are to remain seated during the session and are not permitted in the dressing rooms except to assist with skate tying and removal
  - b. No food or drink permitted in the spectator area
3. Arrival and Departure:
  - a. Individuals should not enter the building
    - i. If feeling unwell, have tested positive for COVID-19 and are currently required to self-isolate or are waiting for COVID-19 test result
    - ii. Who have recently been in close contact with:
      - a known case of COVID-19 or
      - a person awaiting COVID-19 test resultsand are not fully vaccinated for COVID-19 (minimum of 14 days past the date of the second dose of a COVID-19 vaccine)
  - b. Arrival is through the main doors and departure is through the blue "exit" door down the east hallway (follow the arrows on the floor)
  - c. Dressing rooms will be assigned in advance
  - d. The skater and spectator should not enter the building until 10-15 minutes ahead of class commencement
  - e. The skater's name tag should be taken from the glass counter prior to proceeding to the dressing room. If the name tag is not on the glass counter one of the coaches should be advised at the time the skater is allowed to enter the ice area. They will provide a name tag to the skater in the ice area
  - f. After the skater is ready, the skater and spectator should wait in the dressing room until the coaches allow the skaters on the ice. At that time the skaters will proceed to the ice and spectators will proceed to the spectator area (see 2. Spectators)
  - g. If the skater arrives "rink ready" they will require skate guards to move through the building with their skates on. The skater and spectator should go to the assigned dressing room until the coaches allow the skaters on the ice. The skater should remove their skate guards while they are in the dressing room and leave the skate guards with the spectator
  - h. At the end of the session the skaters will come off the ice and proceed with the spectator to the assigned dressing room to remove their skates
  - i. If the skater wishes to leave with their skates on, the skater should put on their skate guards to exit the facility
  - j. Skaters and spectators should exit the facility as soon as possible
  - k. Hand sanitizer is provided at the entrance and exit. Its use is encouraged
4. When possible, physical distancing should be maintained by all parties