



WINTER 2021-2022

POWER SKATING GROUP LESSONS U9 & U11 TERM 1

GROUP SKATING SKILLS/EDGES/SPIN

1. Masking Off Ice:
 - a. Required by all parties (coaches, skaters, staff, spectators) at all times while in the facility
2. Masking On Ice:
 - a. Required by coaches
 - b. Not required by skaters under the age of 18 while involved in skating activities during the Power Skating U9 & U 11 or Group Skating Skills/Edges/Spin lessons
3. Spectators:
 - a. One spectator per active participant is permitted to watch from the spectator area (blue seats)
 - i. When possible, an empty seat should be left between spectators to help maintain physical distancing
 - ii. Spectators are to remain seated during the session and are not permitted in the dressing rooms except to assist with skate tying and removal
 - b. No food or drink permitted in the spectator area
4. Arrival and Departure:
 - a. Individuals should not enter the building
 - i. If feeling unwell, have tested positive for COVID-19 and are currently required to self-isolate or are waiting for COVID-19 test result
 - ii. Who have recently been in close contact with:
 - a known case of COVID-19 or
 - a person awaiting COVID-19 test resultsand are not fully vaccinated for COVID-19 (minimum of 14 days past the date of the second dose of a COVID-19 vaccine)
 - b. Arrival is through the main doors and departure is through the blue "exit" door down the east hallway (follow the arrows on the floor)
 - c. The skater and spectator should not enter the building until 10-15 minutes ahead of class commencement
 - d. If the skater requires assistance with skate tying the skater and spectator should proceed to a dressing room
 - e. If the skater does not require assistance with skate tying the skater should proceed to a dressing room and the spectator to the spectator area (see 3. Spectators)
 - f. If the skater arrives "rink ready" they will require skate guards to move through the building with their skates on
 - g. At the end of the session the skater and spectator, if assistance with skate removal is required, should proceed to the dressing room to remove skates
 - h. If the skater wishes to leave with their skates on, the skater should put on their skate guards to exit the facility
 - i. Skaters and spectators should exit the facility as soon as possible
 - j. Hand sanitizer is provided at the entrance and exit. Its use is encouraged
5. When possible, physical distancing should be maintained by all parties