



**WINTER 2021-2022**

**POWER SKATING GROUP LESSONS U9 & U11 TERM 1**

**GROUP SKATING SKILLS/EDGES/SPIN**

1. Masking Off Ice:
  - a. Required by all parties (coaches, skaters, staff, spectators) at all times while in the facility
2. Masking On Ice:
  - a. Required by coaches
  - b. Not required by skaters under the age of 18 while involved in skating activities during the Power Skating U9 & U 11 or Group Skating Skills/Edges/Spin lessons
3. Spectators:
  - a. One spectator per active participant is permitted to watch from the spectator area (blue seats)
    - i. When possible, an empty seat should be left between spectators to help maintain physical distancing
    - ii. Spectators are to remain seated during the session and are not permitted in the dressing rooms except to assist with skate tying and removal
  - b. No food or drink permitted in the spectator area
4. Arrival and Departure:
  - a. Skaters or spectators are expected NOT to enter the building if they are feeling unwell
    - i. The previously required health screening questionnaire is no longer required; however, individuals should not enter the building if feeling unwell or have recently been in close contact with a known case of Covid-19 and are not fully vaccinated for Covid-19 (minimum of 14 days past the date of the second dose of a Covid-19 vaccine)
  - b. Arrival is through the main doors and departure is through the blue "exit" door down the east hallway (follow the arrows on the floor)
  - c. The skater and spectator should not enter the building until 10-15 minutes ahead of class commencement
  - d. If the skater requires assistance with skate tying the skater and spectator should proceed to a dressing room
  - e. If the skater does not require assistance with skate tying the skater should proceed to a dressing room and the spectator to the spectator area (see 3. Spectators)
  - f. If the skater arrives "rink ready" they will require skate guards to move through the building with their skates on
  - g. At the end of the session the skater and spectator, if assistance with skate removal is required, should proceed to the dressing room to remove skates
  - h. If the skater wishes to leave with their skates on, the skater should put on their skate guards to exit the facility
    - i. Skaters and spectators should exit the facility as soon as possible
    - j. Hand sanitizer is provided at the entrance and exit. Its use is encouraged
5. When possible, physical distancing should be maintained by all parties