

WINTER SCHOOL 2019-2020

September 30	WINTER PROGRAMS BEGIN		ACT
October 14	Thanksgiving Day— NO GROUP LESSONS		ACT
November 11	Rink closed until 12:00 pm (regular schedule at ACT for	the rest of the d	ay)
December 24, 31	Rink Closed at 4:00p.m.		ACT
Dec 25, 26, Jan. 1	Rink Closed		ACT
February 1-2 2020	Riverskate – NO GROUP LESSONS		ACT
February 17	Family Day – NO GROUP LESSONS		ACT
March 23-27	Ice Show Practice		ACT
March 28	Ice Show Dress Rehearsal		ACT
March 29	Ice Show	Merlis Belshe	r Place
April 3	WINTER PROGRAMS END		ACT
April 4, 5	Seminar – ELVIS STOJKO		ACT

FOR FULL DETAILS OF WINTER CLASSES AND OPTIONS PLEASE REFER TO THE 2019/2020 WINTER SCHEDULE POSTED ON THE WEBSITE AND AVAILABLE ON THE GLASS AT THE RINK

Club Manager: Blaise Kirchgesner

(clubmanager@skatesaskatoon.com)

Location: A.C.T. SKATING CENTRE
107-105th Street East

For any questions contact:

Email: office@skatesaskatoon.com

Website: www.skatesaskatoon.com

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SKATING CATEGORIES

CANSKATE - working on CanSkate Stages 1 - 6

ADVANCED PRESTAR & STAR 1 & 2 – working on CanSkate Stages 4 - 6 and Star 1 & 2 Freeskate (figure skates)

POWER EDGES (non figure skates/hockey/ringette/speed interests) – working on CanSkate Stages 4 – 6 (Focus H)

STAR 6 - GOLD - formerly called Senior/Competitive Pre Juvenile to Senior at Nov 2019 Sectionals

DESIGNATED OPTIONS

STAR 1 - GOLD - working on Star 1 - Gold

STAR 3 - GOLD - working on Star 3 - Gold

STAR 4 – GOLD – working on Star 4 – Gold

STAR 6 – GOLD – working on Star 6 – Gold

STROKING SESSIONS

Program focuses on dance steps, dance skills, dances, edges, turns, field movements, power, endurance, agility, flexibility, and stroking skills. Group coaching is provided

DANCE AND PAIRS

Dance and Pairs teams <u>ARE NOT ALLOWED ON OPTIONS WITH MORE THAN 10 PRE-REGISTERED SKATERS</u>, for the safety of all skaters. The 10 skaters include the dance/pair teams

On Pairs/Dance/Star 1- Gold sessions registered Skate Saskatoon teams and singles skaters have priority. Teams have right of way.

BYOC – BRING YOUR OWN COACH

PRIVATE LESSONS

<u>MAXIMUM 3 SKATERS PER COACH</u> on Star 1-Gold and Star 1-3 options, <u>MAXIMUM 2 SKATERS PER COACH</u> on other options

Skaters outside of the designated level range are permitted on the ice during a private lesson only on Star 3-Gold and Star 4-Gold if there are less than 10 registered skaters

In order to skate on an option, you must be registered for the option, have purchased a fall/winter ice session ticket or be exchanging an unused session from another option that you are registered in. The skater must select suitable options for exchange.

If you are taking a 15 minute private lesson you can purchase the 15 Minute Lesson Ice Ticket. This ticket can only be used when a skater is being coached and on suitable options space permitting.

Sign in rules posted on the home page of the website provide pertinent information and must be adhered to in order to enter the ice surface.

Parents/Guardians are allowed in ice area only with permission/invitation by a professional coach

SYNCHRONIZED SKATING:

SYNCHRONIZED SKATING OPEN HOUSES

BEGINNER/PRE-JUV: FRIDAY SEPT 6 AND 13, 6:30-7:15 PM

JUVENILE: FRIDAY SEPT 6 AND 13, 7:15-8:00 PM

PRE-NOVICE: SUNDAY SEPT 8 6:30-7:15 PM

FRIDAY SEPT 13 8:15-9:00 PM

OPEN: SUNDAY SEPT 8 7:15-8:00 PM

FRIDAY SEPT 13 9:00-9:45 PM

ADULT: THURSDAY SEPT 12 AND 19, 9:00- 9:45 PM

2019/2020 SKATE CANADA FEE MUST BE PAID PRIOR TO ATTENDING

BEGINNER/PRE-JUVENILE TEAMS

This program is designed for skaters who are new to synchronized skating. For PreStar and Star 1, 2 skaters. Registration fee includes ice time and coaching expenses. Travel expenses, off-ice and costuming are extra. Skaters must not have reached the age of 12 by July 1st 2019.

JUVENILE TEAM

This program is designed for skaters who are ready to move to the next level as their skating skills improve. For Star 3, Junior, Intermediate skaters. Registration fee includes ice time and coaching expenses. Travel expenses, off-ice and costuming are extra. Skaters must not have reached the age of 15 as of July 1, 2019.

PRE-NOVICE TEAM

Skaters must have Synchro skating experience or involvement in singles skating. Must have completed the Junior Program (Preliminary to Sr. Bronze). Registration fee includes ice time and coaching expenses. Travel expenses, off-ice and costuming are extra. The Full Membership fee is paid with registration. Skaters must have reached the age of 12 but must not have reached the age of 18 as of July 1, 2019.

OPEN TEAM

Skaters must have Synchro skating experience or involvement in singles skating. Must have completed the Junior Program (Preliminary to Sr. Bronze). Registration fee includes ice time and coaching expenses. Travel expenses, off-ice and costuming are extra. The Full Membership fee is paid with registration. Skaters must have reached the age of 15 as of July 1, 2019.

ADULT TEAM

The adult team is ideal for skaters who have been away from skating for a while and wish to start skating again. Registration fee includes ice time and coaching expenses. Travel expenses, off-ice and costuming are extra. No age restriction.

* All teams are determined by the coach according to age and skill requirements*